



FALLS ARE NOT A NORMAL PART OF AGING



Every year 1 in 3 adults over 65 falls and accidental falls are the leading cause of death among older adults.

At FYZICAL Therapy & Balance Centers, fall prevention is at the heart of our mission. By raising Awareness and offering FREE Fall Risk Screenings, we are educating our community AND saving lives!

Join us for our

FIGHT THE FALL

OPEN HOUSE

Thursday, September 21st 9am – Noon

- 9 am: **Roll, Pole or Stroll** the parking lot with us to kick off the day and receive a free T-shirt. 500-foot loop or half mile course. Urban Poling walking poles available for trial. Limited number. No fee but please RSVP with T-shirt size via phone, email or website.
- 10 am – Noon: **Free Fall Risk Screenings** in the clinic
- In clinic demonstrations throughout the morning. See our Safety Overhead Support System, Infrared Video Goggles, Class 4 Laser and more in action!
- Noon: **Drawing** for variety of valuable prizes. Grand Prize, Hypervolt Plus percussion massage device, \$350 value

RSVP to 262-349-9297 or Waukesha@FYZICAL.COM