

**CHILDREN AND FAMILY SERVICES ADVISORY COMMITTEE
MINUTES
SEPTEMBER 21, 2017**

PRESENT: Sara Barron, Laura Cherone, Kathy Duffek, Pam Groh, Darlene Johnson, Lindsay Just, Adam Kindred, Maura McMahon, Luke Pinion, Diane Ripple, John Schiraj, Dianne Susitti, Karen Villarreal, Mary Wittwer

STAFF PRESENT: Esther Jensen, Linda Wetzel

APPROVAL OF MINUTES OF THE JULY 20, 2017 MEETING

A motion was made by Darlene Johnson, seconded by Pam Groh, to approve the minutes of the July 20, 2017 CAFSAC meeting.

The meeting was called to order at 8:38 a.m.; late due to a fire drill.

BOARD LIAISON REPORT

Darlene Johnson reported that the HHS Committee and HHS Board have been hearing presentations of the 2018 Health and Human Services budget.

DRUG FREE COMMUNITIES COALITION

Adam Kindred, Drug Free Communities Coalition (DFC) presented the attached PowerPoint and shared the attached handouts.

One of the handouts is an outline of the action plan for the ninth year of the ten year grant. The second handout is a form for interested parties to sign up to participate in one or a variety of strategic objective activities to help meet the goals in the DFC Action Plan.

Drug Free Communities is a ten year federal grant through Substance Abuse and Mental Health Services Administration (SAMHSA), now in the ninth year. In Waukesha, over the years there have been some changes in the fiscal management of the DFC.

Kindred reported on the history of the Drug Free Communities. Some of the Waukesha County's DFC plan was drawn from successes of Washington County's DFC. Washington County had developed a prevention network, with small substance abuse prevention coalitions in communities throughout the county, totaling five smaller coalitions under the larger county DFC. Waukesha County DFC is looking at what will work to move forward and sustain the DFC in the future after the grant.

Question regarding membership – there are approximately 60 members.

The primary focus of a DFC is youth prevention of alcohol and drug abuse. Kindred reviewed the goals, objectives and strategies per the attached PowerPoint.

The DFC meets the third Friday monthly, 8:30 to 10:30 a.m. The next meeting is October 20. There is a DFC data committee that meets immediately following. Representation from twelve sectors is desired. Currently a representative from the religious sector is needed. An additional opportunity for a quarterly coalition meeting in the evenings is being planned. Clay suggested reaching out to parish nurses for the religious sector representation, and Supervisor Johnson suggested a law enforcement or fire chaplain.

Discussion about the parent networks in schools. Question about working with Your Choice, a group with a similar objective. Kindred stated they do have open lines of communications with Your Choice, and work together on the Prevention Pillar of the Heroin Task Force where they align what they are doing.

Kindred stated there is an underage drinking hotline for parents or other youth.

Prevention Week community events are planned, and they are looking at ways to have events driven by youth to engage more youth.

There is an annual Public Service Announcement (PSA). Last year there was a PSA competition between three schools' media departments. Kindred explained that it is not really a PSA, as they are paying for placement, so it is more like an alcohol and drug prevention advertisement. The YouTube link to the winning video is

www.youtube.com/watch?time_continue=1&v=6ogGHPiS_QE

The media competition will be opened up in October to the schools. The theme this year is drugged driving.

Discussion regarding changing the culture and environment, and the Peers 4 Peers Program. For more information on the Peers 4 Peers Program, Kindred invited all to the October 20 DFC meeting. Johnson asked if the Peers 4 Peers Program was strictly high schools. The groups are between tenth and twelfth grades. They attempt to recruit a diverse group of students. The peers make a commitment to remain drug and alcohol free throughout high school and attend three trainings throughout the year. They are then identified within the school when other youth need support. Peers are trained in active listening, can navigate the situation, and refer to school or community resources. Cherone asked about consent. That is where the Peer Parent Network comes into play for the student to become a peer, but for another student to talk to a peer, consent is not necessary. Kindred reported there is evidence to back up that a youth peer delivering AODA curriculum in a health class setting can be more effective than the health teacher themselves. Some of those class opportunities are in the seventh and eighth grade level. Two high schools have enrolled in the December training; peers will be recruited in the fall. The goal is to add more high schools in the program.

Discussion on the compliance piece of prevention; police departments conducting compliance checks, education for businesses that fail, success with the social host ordinance (servers required to maintain sobriety), etc. They are looking at other policy level things to advocate. One is an ordinance in the county to restrict sale of single-serving alcoholic beverages.

SUBSTANCE ABUSE – NARCAN – LEGISLATION

Lee Clay, Health and Human Services Community Health Coordinator, presented the attached PowerPoint about the Preventing Drug Overdose (PDO) Grant and opiate overdoses. It is a big problem not only locally, but worldwide. Between 1999 and 2015, 183,000 deaths can be attributed to an opiate overdose. Nearly half involved prescription pain medication. 83% of these deaths were unintentional. 77% of opioid deaths were taking place in the home or non-clinical setting, and most were witnessed by someone. This means most are preventable. Drug overdose deaths are now surpassing fall deaths. Clay explained, per the PowerPoint, how opioid addictions start. It is not only a heroin problem, it is all opiates.

Waukesha County was one of three counties in Wisconsin to receive the PDO grant from Department of Health Services. This will include providing overdose education and bringing naloxone and naloxone training into the community.

Clay continued with the PowerPoint presentation, including startling drug overdose statistics, driving home that this is not just an illicit drug use problem.

Prevention strategies are to learn how to identify, prevent, and manage the overdose; call 9-1-1; training on Naloxone administration; understand treatment options for individuals who are misusing or are addicted to opioids, and support of the Prescription Drug Monitoring Program.

Clay commended Waukesha County for being the only county offering a program for people with chronic pain called Chronic Pain Self-Management. It is a high level, evidence based scripted program out of Stanford University that helps people develop alternative tools in their toolbox to deal with chronic pain.

Discussion about why people may be reluctant to call 9-1-1 in an overdose situation. There is a statute giving aider immunity.

Clay reported on the history of opiates, what an opiate is, how opiate overdose occurs, who is at risk, and risk factors.

Discussion about law enforcement and EMS carrying Narcan (Naloxone). The goal is to train more police departments in the administration of Narcan. Lastly, Clay gave instructions for CPR and administration of Naloxone.

NOMINATING COMMITTEE REPORT/MEMBERSHIP LIST UPDATE

Lindsay Just, CAFSAC Chair, will work with the nominating committee to update the CAFSAC membership list, via email. She asked CAFSAC members to email her names and contact information of any suggested new members for the nominating committee to reach out to. The list will be updated and voted on at the October CAFSAC meeting, and the approved list forwarded to the County Executive's Office.

ANNOUNCEMENTS AND ADJOURNMENT

Pam Groh moved to adjourn the meeting, seconded by Darlene Johnson at 10:08 a.m.

NEXT MEETING

The next meeting is scheduled for October 19, 2017 at 8:30 a.m. in Room 271 of the Human Services Center, 514 Riverview Avenue.

October 19, 2017

APPROVED

*Respectfully submitted,
Julie Bartelt
Departmental Secretary*