Waukesha County Mental Health Center
Mental Health Advisory Committee Meeting (MHAC)
August 21, 2017

Present Committee: Danielle Birdeau, Linda Cole, Terry Findley, Cathy Friend, Jessica Grzybowski, Mary Madden, Karen McCue, Helen Prozeller, Shannon Stydahar

Excused Absence: Colleen Gonzalez, John Kettler, Mary Lodes, Kathy Mack, Maura McMahon, Katie Miller, Mike O’Brien, Becky Stark, Marybeth VanderMale

HHS Staff Liaisons: Joan Sternweis

Guests: Brad Haas, Shannon Hammer, Barbara Moser

1. **Call to Order**
   Vice-Chair Terry Findley called the meeting to order at 1:32 p.m. Introductions were exchanged among the committee members.

2. **Review and Approval of Minutes**
   In section 3, update “data sharing” to two words. Also, remove the “an” prior to “overwhelming Caucasian male.” In section 4, Birdeau rephrased to read: “The rule is that if a child is receiving a service through the waiver and is eligible to be covered by CCS and they do not enroll in CCS, they could lose waiver services.”

   Motion: Madden moved, second by McCue to approve the meeting minutes, as amended, of June 19, 2017. Motion carried unanimously.

3. **Upcoming Meeting Changes**
   MHAC meetings will be held at the Human Services Center, 514 Riverview Avenue, starting January, 2018. The January, 2018 meeting will be on January 8 - a week earlier to allow for Martin Luther King Jr. Day.

   The MHAC will change their summer “off” month to August, instead of July.

   Motion: Madden moved, second by Prozeller, that the summer “off” month would be August, instead of July.

4. **HHS Staff Liaison Report** – Joan Sternweis/Brad Haas/Danielle Birdeau
   Birdeau reported that we continue to work towards having all of the crisis records being electronic. We have also added a new crisis worker that has previous crisis intervention experience.

   Haas commented that the Genoa dispensary is now open at the Mental Health Center. They are technically not a pharmacy because, while there is a pharmacy tech present, there is not a pharmacist on-site. When someone picks up their meds, they consult with the pharmacist located at HHS via video conference. The dispensary allows outpatient and discharged inpatient clients to receive their medications right away.

   Sternweis stated that we have received three different grants offering treatment enhancements for opiate overdose. Also, a few staff are learning about the My Health Point application. The app would allow patients to update their appointments or contact their providers.
5. **Sub-Committee Reports**
   a. **Board Liaison Report** – Mary Lodes
      No report.

   b. **CCS Coordinating Committee** – Danielle Birdeau
      CCS Coordinating Committee is meeting next on September 18 at 12:30 p.m.

      On September 20, the statewide CCS meeting at the Wisconsin Dells will be held. The main topic at the meeting will be discussing having CCS and CST working together with health care agencies for those under age 18. Tracy Allman and Mai Thao will be attending.

      The CCS census is currently at 118 participants. Over the past year, CCS has had almost a case and a half load added.

      Birdeau has asked the state for an update on if there will be a ForwardHealth update in regards to CCS, but has not heard anything back.

      CCS members are encouraged to join in the Partnership for Children’s Mental Health committee.

   c. **Peer Specialist Committee of Waukesha County** – Cathy Friend
      The first peer specialist training will be completed in approximately 2 weeks from today. Friend is not sure how many from the training are in Waukesha County. She has passed around a flyer about the Peer Specialist Committee to the trainees, along with sign-up sheets to get e-mail addresses. While the committee should not be opened to other counties because it is a Waukesha County committee, perhaps there could be a regional open meeting 1-2 times a year to collaborate with neighboring counties.

   d. **Community Health Improvement Planning Process (CHIPP) Report** – Mary Madden
      If you have not completed the CHIPP survey, please go online and take it. To access the survey, go to [http://www.waukeshacounty.gov/chipp/](http://www.waukeshacounty.gov/chipp/), and click on the green button titled “We Value Your Feedback” at the bottom of the page.

   e. **Partnerships for Children’s Mental Health** – Danielle Birdeau
      They are re-kicking off the group on October 26 at 4 p.m. She is hopeful that the primary education segment will be a Narcan training. There will be “Save the Date” information sent out once everything has been finalized. It is likely that the group will change from meeting monthly to every other month or quarterly.

      CST has been doing a lot of administrative work, looking for opportunities throughout the department. We will be applying for the state’s annual CST grant by the end of this month.

6. **Educational Topic: Prevent Suicide Greater Milwaukee Coalition**
   Dr. Barbara Moser, Chair of Prevent Suicide Greater Milwaukee Coalition, presented on the Coalition.

   Prevent Suicide Greater Milwaukee (PSGM) is a volunteer-run program of Mental Health America (MHA) of Wisconsin. The coalition was started as a collaboration between MHA and Jewish Family Services (JFS) to bring suicide awareness and prevention education to the community. Approximately 3-4 years ago, the coalition started holding quarterly meetings. The attendees formed the steering committee. Dr. Moser became chair about 1.5-2 years ago.
The meetings allow a regularly-attending person or organization to spend approximately 15 minutes sharing what they are doing about suicide prevention. This can include skill building, housing, adequate access to proper care, suicide-informed care, etc. The group includes therapists, those with lived experience, community organizations, service groups, first responders, etc. The meetings also include lived experience discussions, an education segment, and information if there is upcoming legislation. The coalition also encourages organizations to bring brochures/flyers for distribution at the meetings.

Adopting a set of slides from Harvard University, PSGM has developed Question-Persuade-Refer (QPR) training that their 8-10 QPR trainers present on out in the community. They have also partnered with the DOJ for Drug Takeback Day, providing the public with where they can take their unused drugs for disposal. They have also met with the Department of Transportation to have signage posted by the Hoan Bridge in Milwaukee, stating that all pedestrians should be reported, rather than assuming that the person is out o' gas.

Madden stated that NAMI is creating a survey to send out regarding creating a similar coalition here in Waukesha County.

Madden left at 2:53 p.m.

McCue left at 2:55 p.m.

7. **Ongoing Business / Community Initiatives**
Haas commented that during a crisis at the MHC a month ago, law enforcement had been contacted. Haas stated that it was nice to see it play out that the CIT-trained officer was able to see certain signs and then respond accordingly.

The NAMI Walk in Waukesha will be on September 16, 2017, starting at the Frame Park Picnic Shelter.

The next CIT training will begin on September 18, 2017.

8. **Agency Updates / Announcements**
No report.

9. **New Business**
The next meeting will be a joint meeting with the AODA Advisory Committee, and will be held on Tuesday, September 19, 2017, from 10:30 a.m. – 12:00 p.m.

10. **Other**
No report.

11. **Adjourn**
Motion: Birdeau moved, second by Prozeller, to adjourn the meeting at 2:58 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Approved: ___________________________ Date: 9/19/17