

**Waukesha County Mental Health Center
Mental Health Advisory Committee (MHAC) Meeting
And
Substance Use Advisory Committee (SUAC) Meeting
September 18, 2018**

- Present MHAC Committee:** Linda Cole, Jessica Grzybowski, Mary Lodes, Kelly Simms, Shannon Stydahr
- Absent MHAC Committee:** Terry Findley, Cathy Friend, Kathy Mack, Mary Madden, Maura McMahon, Helen Prozeller, Marybeth VanderMale
- Present AODA Committee:** Susie Austin, Rose Barton, Marla Bell, Peter Brunzelle, Tom Graves, Lindsay Just, Lauri McHugh-Badura, Rob McCreadie, Pat Miller, Kelly Morgan, Mike O'Brien, Patrick Reilly, Kevin Schaefer
- Absent AODA Committee:** Debra Adamus, Michael Bauer, David Lamack, Dennis Williams
- HHS Staff Liaisons:** Brad Haas, John Kettler, Joan Sternweis
- Guests:** Lisa Davis, Mireya Garcia, Mary Goggins, Shannon Hammer, Theresa Imp, Sara Schmalz

1. Call to Order

Substance Use Advisory Committee Chair Reilly called the meeting to order at 3:06 p.m. Introductions were exchanged among the committee members and guests.

Cole will fill in as the MHAC Chair for this meeting.

2. Review and Approval of Minutes

Due to a lack of quorum from the Mental Health Advisory Committee, the review and approval of the July 16, 2018 minutes has been tabled until a future meeting.

Motion: Bell moved, second by Barton, to approve the Substance Use Advisory Committee Minutes of July 17, 2018. Motion passed unanimously.

3. Housing Action Coalition

This topic has been tabled until a future meeting.

4. Robert's Rules of Order and Public Meeting Protocol

Sternweis reported that she, McClain, and Ronda Baxter have been working with Waukesha County's Corporation Counsel to ensure that the HHS Board's advisory sub-committees, such as MHAC and SUAC, are being run correctly in accordance with Robert's Rules of Order and the Wisconsin Open Meetings Law.

Since MHAC and SUAC are advisory committees, educational segments can be heard even if there is not a quorum.

Once the information has been finalized with Corporation Counsel, a training tool will be developed and made available to everyone.

5. Reports

a. **HHS Board Liaison** – Mike O'Brien / Mary Lodes

O'Brien stated that at last week's IPID meeting, Kristy Gusse gave an update on the Alcohol Treatment Court (ATC). To date, there have been 425 graduates and 54,000 jail days saved. The program, with a capacity of 40 participants, is an intense 2-year program with 4 phases and includes aftercare. The success rate is 67%.

McHugh-Badura arrived at 3:19 p.m.

Lodes informed the attendees that one of the presentations at last week's joint HHS Board/HHS Committee meeting last week was Waukesha County Child and Family Supervisor Eric Calvino presenting on the Anti-Human Trafficking Task Force that he is assembling. Typically, victims are fleeing homes of substance abuse, as well as physical or emotional abuse. Calvino is gathering many local stakeholders to help create public awareness of the issue.

Jeff Lewis, Mental Health Center (MHC) Administrator, also obtained approval from the Board for the re-privileging of the active psychologists.

b. **HHS Staff Liaison** – Brad Haas / John Kettler / Joan Sternweis

Kettler reported that the STR grant has been successful with bringing medication assisted therapy (MAT) to the un- and under-insured, offering Suboxone and Vivitrol. Vivitrol is also available for those that have insurance. This has allowed HHS to triple the MAT recipients.

PDO grant has been funded for, and is now starting, a third year. The PDO grant has allowed funding for education in the community about opiates, how overdoses happen, and what an overdose looks like; distribution of over 2000 Naloxone kits and training on the kits; Dr. Dave Mee-Lee speaking on ASAM criteria; and Certified Peer Specialist training.

Haas reported that the Community Service Program (CSP) received 80 referrals last year, an increase from 40 referrals in 2014. He believes that the increase is due to substance use and increased symptoms. Haas stated that his staff increased their meetings with clients from 2-3 times a week to 8+ times a week.

c. **Comprehensive Community Services (CCS) Coordinating Committee** – Kelly Simms

Simms reported that the committee met yesterday. The CCS Coordinating Committee has collected 11 pieces of artwork that have been donated to help decorate the MHC.

Last week, Waukesha County staff and a few certified peer specialists attended the CCS State Conference.

The CCS kids have nearly doubled in size in 2018. The committee is determining if the kids should be included in the CCS Coordinating Committee.

d. Coordinated Services Team (CST) – Kelly Simms

Simms and Kettler have each have 2 CST representatives. The representatives are available to help families coordinate all of the systems of care involved in their health care. Simms is working on the 2019 application to extend the CST grant.

e. Peer Specialist Committee of Waukesha County – Cathy Friend

No report from the Peer Specialist Committee of Waukesha County.

Austin reported that that for the past year, she has been running a peer-run volunteer group that utilizes Drug Treatment Court (DTC) graduates to serve as peer mentors for other struggling with the DTC system. To date, four mentors have completed the certified peer specialist training. The program has 12 active peer mentors and is based on the same core methods that the peer specialists use. The goal is to get the mentors involved as soon as they graduate so that there is not a lapse of time after they graduate. The program offers monthly activities, a newsletter, and monthly meetings.

Sternweis suggested having Austin present at a meeting if/when the Peer Specialist Committee starts back up.

f. Community Health Improvement Planning Process (CHIPP) Report – Mary Madden

Sternweis stated that the CHIPP kickoff will be on October 2 at WCTC from 7:30-9:30 a.m. The action plans will be discussed.

The mental health team will be focusing on a reduction in suicide with three action steps: Parents Support and Parents Support Training, Zero Suicide Initiative, and a community-wide coalition infrastructure.

Imp reported that the opiates team will be focusing on the increasing numbers of opiate use, as well as focusing on the aging adult population and the drug-affected infant population.

g. Suicide Task Force – Mary Madden

Sternweis stated that the Suicide Task Force has come as an objective from the CHIPP process, and is helping to move forward with the suicide reduction focus of the mental health CHIPP team.

h. Heroin Task Force Harm Reduction Pillar – Patrick Reilly

Reilly reported that approximately 50 people attended a vigil held for International Overdose Awareness Day on August 31. There was a speaker, open share, Thunder and Rain, recognition of the 67 lives lost last year, and a recognition of the at least 453 lives saved and reversals in Waukesha County in 2017. No politicians were involved in the event. During the event, the topic of clean needle exchanges was discussed. Reilly reported that the County is gathering data and developing a fact sheet for the public regarding needle exchanges.

6. Ongoing Business / Community Initiatives

McHugh-Badura reported that SOFA is partnering with NAMI Waukesha, Rogers Behavioral Health, and the Oconomowoc Area School District to provide a free screening of the movie "Suicide: The Ripple Effect." The movie will be shown at the Oconomowoc Art Center on September 25. There will be a resource fair from 5:30-6 p.m., the movie will be shown from 6-7:30 p.m., and there will be a panel discussion from 7:30-8 p.m.

Schaefer and Reilly, as part of their Don't Die Wisconsin podcast, fundraised over \$2000 for the needle exchange program.

7. Agency Updates / Announcements

Reilly is no longer at The Healing Corner. He has filled Jim Aker's position at Genesis House and will be opening the Aspen Center.

8. Public Comment

None.

9. Adjourn

Motion: Austin moved, second by McHugh-Badura, to adjourn the meeting at 4:07 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes approved by the Substance Use Advisory Committee on October 16, 2018.