

**Waukesha County Mental Health Center
Mental Health Advisory Committee Meeting (MHAC)
And
AODA Advisory Committee Meeting
September 19, 2017**

Present MHAC Committee: Linda Cole, Terry Findley, Cathy Friend, Colleen Gonzales, Mary Lodes, Mary Madden, Karen McCue, Mike O'Brien, Helen Prozeller, Becky Stark, Shannon Stydahar

Excused MHAC Committee: Danielle Birdeau, Jessica Grzybowski, Kathy Mack, Maura McMahon, Katie Miller, Marybeth VanderMale

Present AODA Committee: Debra Adamus, Rose Barton, Marla Bell, Tom Graves, Lauri McHugh-Badura, Pat Miller, Kelly Morgan, Joe Muchka, Mike O'Brien, Dennis Williams

Excused AODA Committee: Jim Aker, Susie Austin, Michael Bauer, Betty Groenewold, William Hinsenkamp, Sarah Justin, David Lamack, Dennis Radloff, Sarah Riggsbee, Kevin Schaefer

HHS Staff Liaisons: Joan Sternweis

Guests: Mary Goggins, Brad Haas, Shannon Hammer, Johnneisha Prescott, Sarah Spaeth, Kelly Simms, Mary Simon

1. Call to Order

MHAC Chair Gonzales called the meeting to order at 10:32 a.m. Introductions were exchanged among the committee members.

2. Review and Approval of Minutes

Motion: McCue moved, second by Prozeller to approve the Mental Health Advisory Committee Minutes of August 21, 2017. Motion passed unanimously.

Motion: Williams moved, second by O'Brien to approve the AODA Advisory Committee Minutes of June 20, 2017. Motion passed unanimously.

Friend arrived at 10:35 a.m.

3. HHS Board Liaison Report – Mike O'Brien, Mary Lodes

Lodes reported that the HHS Board had a combined meeting with the HHS Committee last week Thursday. Dr. James Rutherford, HHS Clinical Director, discussed the difficulties recruiting psychiatrists, as HHS has a .5 position available. There is an increased interest in medical professionals to look at psychiatry for the long term, so that is promising. Dr. Rutherford expressed concerns about discussing mental health issues with your doctor over a video conference, as there is much to gain from being able to observe the patient in person.

The board and committee also discussed CHIPP and alcoholism in Waukesha County. As a self-report, 1 out of 8 households have a member with alcohol impairment.

HHS and the Mental Health Center (MHC) continue to work on the EHR implementation.

Waukesha County is currently going through the annual budget process and will be voting soon on the budget.

The HHS Board and HHS Committee also discussed the Strategic Plan for the county.

Cole & McHugh-Badura arrived at 10:40 a.m.

4. **HHS Staff Liaison Report** – Joan Sternweis, Danielle Birdeau, John Kettler
Sternweis reported that Birdeau has officially transitioned to HHS Crisis Supervisor with the new TSSU Supervisor, Kelly Simms, hired on. The budget objectives that relate to crisis include created a lead coordinator position and adding a second shift supervisor. The 24/7 mobile crisis team continues to excel while making numerous contacts with the public. The Criminal Justice Collaborating Council (CJCC) Evidence-Based Decision Making (EBDM) workgroups are looking into ways to streamline the processes.

A full-time clinical therapist was hired about one month ago, utilizing funds from the PDO grant. She gets referrals for individuals that survived an overdose and is following up in the community.

Simms gave a brief career background on herself.

5. **Sub-Committee Reports**

- a. **CCS Coordinating Committee** – Danielle Birdeau

Madden reported that the meeting was yesterday. They discussed the newly completed peer specialist training. Friendships and NAMI each just had someone complete the training, so they will be presenting about the curriculum at the joint CCS/MHAC meeting in November.

This Thursday, starting at 2 p.m. at Lowell Park, will be the annual softball game of Friendships versus Clubhouse. On October 26, starting at 4 p.m., there is a Harvest Fest Party at the Clubhouse.

The deadline for the Recovery Oriented Services Inventory (ROSI) survey is the end of October. The ROSI survey is the annual 42-question survey that CCS recipients must take. After the responses are received, the committee will review them and determine what they will work on over the upcoming year.

At the joint CCS/MHAC meeting in November, we will be discussing a reunification project to make the MHC a more welcoming place, as well as beginning the unmet needs discussion.

On the third Wednesday of every month, beginning in October, Friendships will begin holding a Wellness Recovery Action Plan (WRAP) session. This will not be a formal group to develop the WRAP, but it is rather an opportunity for anyone who has any questions about the WRAP, such

as utilizing the WRAP or keeping it fresh. The WRAPs include the crisis plan and allow the person to take ownership of their own recovery and deal with any triggers.

On October 2, "Pieces In My Own Voice," presented by NAMI Waukesha and NAMI Greater Milwaukee, will be presented at 7:00 p.m. at the Sharon Lynne Wilson Center For The Arts. The presentation is approximately 30 minutes, but then there is a talkback session for an hour following. McClain will distribute the flyer.

On non-joint meeting dates, the CCS meetings will be pushed back a half hour to accommodate the new MHAC meeting location.

b. Partnerships for Children's Mental Health – Danielle Birdeau

Sternweis reported that we have filed our Coordinated Services Team (CST) application for 2018. We are continuing the initiative for children who are experiencing mental health issues. The CST and CCS will be having a joint meeting tomorrow to learn about the connections between the CCS approach and the CST philosophy.

On October 26, there will be a Partnerships for Children's Mental Health Steering Committee meeting, to further discuss the CST/CCS intersection. In 2018, while taking into consideration Birdeau's role as Crisis Supervisor and her extensive knowledge of CST, the committee will be looking at the identifying children through the crisis process. The hope is to make contact with the child and family earlier than waiting for the family to approach HHS.

c. Peer Specialist Committee of Waukesha County – Cathy Friend

No report.

d. CHIPP Report – Mary Madden

No report.

6. Educational Segment – Legislative Information

Sarah Spaeth, Policy Advisor for the Waukesha County Board as a liaison between the state and county, presented on the state budget and legislative information.

Spaeth began the PowerPoint presentation with a recap on the most recent elections.

The Joint Finance Committee is the most powerful committee in the state, approving anything that is related to the finance. The committee is made up of 16 members, 8 from the assembly and 8 senators. The majority party contributes six of the eight members, while the minority party contributes two of the eight members.

The state budget began on February 8, 2017. This was followed by public hearings, agency briefings, and the Joint Finance Executive sessions. The state fiscal year begins July 1. This year, there was a delay in passing the budget due to transportation talks and FoxConn. The Assembly adopted the budget on September 13, with a vote of 57 to 39; and the Senate adopted the budget on September 15, with a vote of 19 to 14. Spaeth provided an overview of the budget, as well as the Governor's Task Force on Opioid Abuse, as outlined in the PowerPoint presentation.

Morgan left at 11:31 a.m. Williams left at 11:36 a.m.

7. Educational Segment – Housing Action Coalition

Johneisha Prescott, Program Coordinator of the Housing Action Coalition (HAC), presented. Prescott provides service to the HAC Board of Directors.

The HAC has approximately 80 members over 35 agencies within Waukesha County. Last year, the HAC had a restructuring in an attempt to re-engage certain providers. The committees of the HAC include: Executive, Board of Directors, Point-In-Time, Coordinated Entry, Shelter Task Force, Finance Committee/Communications Committee, and the Emergency Overflow Committee. Prescott is the liaison to the state for three of the committees.

State funding for the 2017-2018 year allowed the HAC to have \$180,000 to be divided between three service providers. Providers also have access to additional funds from the state and private donations.

There is an effort starting for a zip code analysis within the county. 88% of homelessness in Waukesha came from Waukesha County. This means that the person was living in Waukesha County before becoming homeless. The analysis will show if there are pockets of areas that need to have more of a focus for services. The first analysis will be in 2018.

On the evening of July 26, 2017, the point-in-time data collectors went to Waukesha proper to count individuals on the street and in shelters. This allows for a better idea of what the homelessness rate looks like, and is done twice a year. On that night, they counted 35 homeless individuals.

The HAC is noticing that there is an increase of arrests in the downtown Waukesha area. Many of those that were ticketed or asked to move where they were, had an AODA issue.

The HAC is trying to find a permanent solution for overflow shelters. They are currently looking at transportation needs to get individuals from the rural areas to housing.

Possible overflow shelters for the winter are still being reviewed. The HAC has motel vouchers available for inclement weather. Waukesha County is one of three counties in the state that offer motel vouchers from the funding source.

Homelessness rates appear to be higher during the summer months, as people tend to stay with others during the inclement weather. Madden added that NAMI finds that there is a lot of couch-surfing occurring during winter. This puts the other people's housing at risk because of violating lease rules, and then they find themselves evicted come spring.

The HAC is noticing a lot of new entries of people entering homelessness. They are getting a lot of calls from people with stable employment and from senior citizens.

The HAC provides housing vouchers; however, there are landlords that are now refusing to take housing vouchers, even if they have accepted them in the past.

McCue left at 11:56 a.m.

8. **Other**
No report.

9. **Adjourn**
Motion: Rose Barton moved, second by Pat Miller to adjourn the meeting at 12:00 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Were Approved: Correen A. Abizaj Date: 10-16-17