

**Waukesha County Human Services Center
Mental Health Advisory Committee (MHAC) Meeting
July 16, 2018**

Present MHAC Committee: Linda Cole, Terry Findley, Cathy Friend, Colleen Gonzales, Jessica Grzybowski (via phone), Helen Prozeller, Shannon Stydahar

Absent MHAC Committee: Mary Lodes, Kathy Mack, Mary Madden, Maura McMahon, Kelly Simms, Marybeth VanderMale

HHS Liaisons: Joan Sternweis

Guests: Ronda Baxter, Danielle Birdeau, Shannon Hammer, John Kettler, Katie Miller

1. Call to Order

Chair Gonzalez called the meeting to order at 1:36 p.m. Introductions were exchanged among the committee members and guests.

2. Review and Approval of Minutes

Motion: Cole moved, second by Prozeller, to approve the Mental Health Advisory Committee minutes of June 18, 2018. Motion passed unanimously.

3. Zero Suicide Presentation Report Out

Birdeau presented a PowerPoint presentation on Zero Suicide, as well as distributed and reviewed a document titled "Zero Suicide in Health and Behavioral Health Care."

Waukesha County receives close to 4000 crisis calls a month. Birdeau reiterated that this is not just a Waukesha County issue, so the county is working closely with other counties within the state, as well as the state.

Over the next several years, the planning team will focus on the seven elements of Zero Suicide:

1. *Lead* system-wide culture change committed to reducing suicides
2. *Treat* a competent, confident, and caring workforce
3. *Identify* patients with suicide risk via comprehensive screenings
4. *Engage* all individuals at-risk of suicide using a suicide care management plan
5. *Treat* suicidal thoughts and behaviors using evidence-based treatments
6. *Transition* individuals through care with warm hand-offs and supportive contacts
7. *Improve* policies and procedures through continuous quality improvement

Phase One will focus on the HHS clinical division. The planning team will then work on phasing in the program to the rest of HHS, the county, and then the community.

In the event that CHIPP Committee does not pick up the Zero Suicide, HHS will still be promoting the program, including utilizing lunch-and-learn opportunities.

4. HHS Staff Liaison Report – Brad Haas, Joan Sternweis

Sternweis reported that Waukesha County has received several new funding sources for training, predominately thanks to the Prescription Drug Overdose (PDO) grant. One of the trainings includes the Peer Specialist Training that will be held for Waukesha County in late August. While only 18 will be accepted for the class, applications will not be turned off until 50 have been received. At that point, Waukesha County may be able to schedule an additional training. The Peer Specialist training is oriented toward anyone living or working in Waukesha County.

On August 1, during a community-wide event at Waukesha Memorial Hospital, Dr. David Mee-Lee will be presenting on "How to Work Together to Promote Recovery and Well-Being: Communication, Conflict, and Collaboration."

The third training that is being funded by this grant is the Zero Suicide presentation.

The first round of budget presentations were given to the HHS Board last week. HHS received \$150,000 of the \$1.5 million in additional tax levy that was received for all of the Waukesha County departments. HHS had to prioritize costs to continue, and were not able to hire as many positions as they had hoped. They are still hoping to eliminate limited term employees (LTEs) at the Mental Health Center (MHC). The HHS Board was initially concerned about the need to hire a full time compliance position; however, the position will bring more consistency to the agency, and will be able to devote the time necessary to address the various regulations and requirements. The board was positive about what HHS is striving to do. Revenues are increasing due to the electronic health record creating more efficiency to the employees' workday.

Public Health is sponsoring three SBIRT trainings via grant funding. The dates are July 26, July 27, and August 23. If interested, contact McClain to receive registration information.

5. Reports

a. HHS Board Liaison Report – Mary Lodes

No report.

b. Comprehensive Community Services (CCS) Coordinating Committee – Kelly Simms

Birdeau reported that the CCS program received a 2-year recertification without any recommendations for improvement.

Trainings coming up:

- Statewide CCS/CST in Wisconsin Dells on September 12; register by August 17
- State Crisis Conference in Wisconsin Dells on September 20 and 21
- Mental Health and Substance Use Conference in Wisconsin Dells on October 17 and 18
- Children Come First Conference in Wisconsin Dells on November 12 and 13

c. Coordinated Services Team – Kelly Simms

No report.

c. Peer Specialist Committee of Waukesha County – Cathy Friend

No report.

d. **Community Health Improvement Planning Process (CHIPP) Report** – Mary Madden
Sternweis reported that the tri-chairs will be presenting tomorrow to the CHIPP Steering Committee. The mental health group will be recommending the Zero Suicide program.

e. **Suicide Task Force** – Mary Madden
See above.

6. **Ongoing Business / Community Initiatives**
No report.

7. **Agency Updates / Announcements**
Friend reported that there is a support group that meets on Tuesdays at St. Williams Church on Moreland Blvd. at 6:30 p.m. Stories of Hope will be presented on at tomorrow's meeting.

The NAMI Walk will be on September 15 in Frame Park.

Cole stated that Clubhouse received funding and will be hiring another full time employee to move forward for their certification.

8. **New Business**
Sternweis reported that she, Baxter, and McClain are doing a review of Robert's Rules and public meeting requirements. They will be meeting with Waukesha County's Corporation Counsel with a list of questions, and will present at the joint committee meeting in September.

9. **Other**
No report.

10. **Public Comment**
No report.

11. **Adjourn**
Motion: Stydahar moved, second by Cole, to adjourn the meeting at 2:47 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Were Approved: Terry Findley Date: 11-12-18