

OPEN MEETING MINUTES
Waukesha County Mental Health Center
Mental Health Advisory Committee (MHAC)

and
Comprehensive Community Services (CCS) Coordinating Committee
November 11, 2019

Present MHAC Committee: Lauren Clark, Linda Cole, TJ Findley, Cathy Friend, Shannon Hammer, Amy Machgan, Maura McMahon, Shannon Stydahar

Absent MHAC Committee: Susie Austin, Danielle Birdeau, Jessica Grzybowski, Mary Madden, Helen Prozeller

Present CCS Committee: Tracy Allman, Shane Serafin

Absent HHS Board Liaison: Tim Whitmore

Present HHS Staff Liaison: Joan Sternweis

Guests: Courtney McElmeel, Becky Stribling

1. Call to Order

Co-Chair Cole called the meeting to order at 1:35 p.m. Introductions were exchanged among the committee members and guests.

Stydahar arrived at 1:37 p.m.

2. Review and Approval of Minutes

Motion: Findley moved, second by Friend, to approve the Mental Health Advisory Committee minutes of October 21, 2019. Clark abstained. Motion passed without a negative vote.

3. Educational Presentation: Waukesha County Technical College (WCTC) Counseling Services – Amy Machgan

Machgan distributed and reviewed a PowerPoint presentation titled “Waukesha County Technical College; Counseling Services.”

Machgan gave a brief history on the Counseling Services offered at WCTC. In 2015, the career counseling separated from Counseling Services to allow Counseling Services to focus primarily on mental health.

The average age of a WCTC student is 26 years old, while the average age of a counseling student is 29 years old.

“Confidence” continues to rank the lowest on clients’ perceived personal strengths. At WCTC, the top three concerns for counseling students are: anxiety, depression, and relationship concerns.

Machgan hopes to offer more groups in the future; however, students' schedules do not always seem to accommodate that. She also hopes to offer resources to the students for substance use beyond alcohol use.

4. 2020 MHAC Meeting Topic Ideas

Attendees created the following tentative schedule for 2020 meeting topics.

March: Peer Run Respite – Cory Flynn (Sternweis will contact)

April: Counseling and Wellness – Dr. William Seymour and Eve Altizer

May: Peer Specialist Panel – Susie Austin and Friendships

June: Inpatient Experience – Jeff Lewis/Dr. Salva

September: Aspen Center – Patrick Reilly

November: Clubhouse – Sharon Dixon/Linda Cole

5. Unmet Needs Discussion for Annual HHS Board Presentation (2020)

Larry Nelson, HHS Board Chairperson, and possibly other HHS Board members will be meeting with the advisory group chairs and HHS staff liaisons to discuss the letter that the Mental Health and Substance Use Advisory Committees jointly submitted regarding the 2020 presentation format.

Some topics that the MHAC has kept "on their radar" include:

- Young adults
- Crisis services
- Peer specialists
- CIT and CIP training
- LGBTQ services

6. Reports

a. HHS Board Liaison Report

There was no report.

b. HHS Staff Liaison Report

Sternweis stated that the HHS Board bylaws have been rewritten and are being reviewed by the HHS Board members. The new bylaws will give greater guidelines to the advisory groups. Committees will be given a standard template and allowed to create their own bylaws using the template, or formally adopt the HHS Board bylaws.

Sternweis is retiring on December 27.

c. Comprehensive Community Services (CCS) Coordinating Committee

The CCS Coordinating Committee meetings every other month. The next meeting will be on January 27 due to Martin Luther King, Jr. Day.

Beginning in January, the CCS Coordinating Committee will be adapting an open meeting format with the agenda posted on the County Clerk's website. At this time, we will not be posting the minutes, although the meeting minutes are public records. The law does not require minutes or the membership list to be posted.

Sternweis stated that the members of the CCS Coordinating Committee, even when in a CCS Consumer seat, are attending as a member of the committee. Members should be aware that if they speak about their experiences as a CCS client at an open meeting, this information is public. Sternweis advised that if a records request was received for CCS Coordinating Committee minutes, before minutes are released, staff would request that Waukesha County Corporation Counsel review the minutes and determine if the names of Consumer members can be redacted.

d. Coordinated Services Team (CST)

McMahon stated that the group talked about the Positive Youth Initiative last month.

e. Peer Specialists of Waukesha County

Findley stated that the peer specialists will write a statement for employers to understand the services offered by the peer specialists.

f. Community Health Improvement Planning Process (CHIPP) Report

The CHIPP Steering Committee will be meeting on November 20, and will receive Question, Persuade, Refer (QPR) training prior to the meeting.

g. Suicide Prevention Initiative

Sternweis announced that presentation of the \$15,000 grant from the Waukesha County Women and Girls Foundation would be on Friday.

The State Legislature is reviewing Assembly Bill 526, which will require continuing education on suicide prevention for all certified counseling professionals.

7. Ongoing Business / Community Initiatives

There was no ongoing business or community initiatives.

8. Agency Updates / Announcements

There were no agency updates or announcements.

9. Discuss Agenda Items for Next Meeting

There were no agenda items for the next meeting.

10. Public Comment

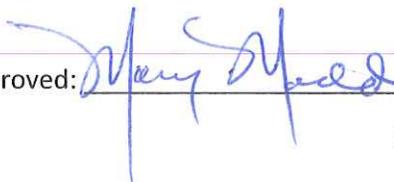
There was no public comment.

11. Adjourn

Motion: McMahon moved, second by Stydahr, to adjourn the meeting at 3:06 p.m. Motion passed unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Were Approved: _____



Date: _____

1/13/2020