

OPEN MEETING MINUTES
Waukesha County Mental Health Center
Mental Health Advisory Committee (MHAC)
June 17, 2019

Present MHAC Committee: Susie Austin, Lauren Clark, Linda Cole, Terry Findley, Cathy Friend, Jessica Grzybowski, Shannon Hammer, Amy Machgan, Mary Madden, Maura McMahon, Helen Prozeller, Kelly Simms, Shannon Stydahr

Absent MHAC Committee:

HHS Board Liaisons: Tim Whitmore

HHS Staff Liaisons:

Absent HHS Staff Liaisons: Brad Haas, Joan Sternweis

Guests: Dan Baker, Danielle Birdeau, John Chianelli

1. Call to Order

Co-Chair Madden called the meeting to order at 1:37 p.m. Introductions were exchanged among the committee members and guests.

2. Review and Approval of Minutes

Motion: Whitmore moved, second by McMahon, to approve the Mental Health Advisory Committee minutes of May 20, 2019. Hammer, Friend, Grzybowski, Machgan, Prozeller, and Stydahr abstained. Motion passed.

3. Educational Presentation: Crisis Stabilization Services – Dan Baker and John Chianelli, Whole Health Clinical Group

Chianelli distributed and reviewed a document titled "Crisis Resource Center."

Whole Health Clinical Group operates two centers in Milwaukee. The south side location, opened in 2007, houses 15 beds. The north side location, opened in 2014, houses 12 beds. They are currently looking at increasing the number of locations they offer. They offer services beyond crisis respite by beginning treatment right away and focusing on treating the whole person. They are licensed under HFS 33, HFS 34, and HFS 35. While they are not licensed in detox, many clients have dual-diagnosis. They are able to accept admissions at anytime, as they are open 3 shifts a day, 365 days a year. On average, the length of stays are between 5-7 days.

The organization offers a "homey" environment to those that come, allowing clients to leave for work. This provides structure in the client's care routine.

The primary focus of the organization is to help those in mental health crisis and try to provide alternatives to emergency detentions.

Whole Health Clinic Group provides tele-psychiatry, connecting the Crisis Resource Center (CRCO) with the main Whole Health Clinic location. This provides the client with a full session on a closed, private, and protected session and connection.

The organization works closely with area emergency rooms (ERs) to provide clients with quick access to crisis services. The ERs are also utilized for medical clearance.

Clients that start services at the CRC can transition their treatment services to the Whole Health Clinic.

An important focus of the CRC is to provide links to ongoing support because if a client does not have the ongoing support like CCS or outpatient services, they may cycle back. "No one leaves without a connection."

There is a close relationship between Whole Health and law enforcement, which helps with diversion. The officers receive on-site training at the CRC. Birdeau added that, due to Chapter 51 requirements, Waukesha County Emergency Detentions (EDs) are handled differently than in Milwaukee County.

The Steady Path After Care is a new program, led by a Peer Support Specialist. It focuses on helping clients not to be afraid of the crisis experience they are in.

Whole Health Clinic utilizes the Wellness Health Action Management (WHAM) Plan that comes from SAMHSA. The plan is similar to the Wellness Recovery Action Plan (WRAP), but also addresses physical health and wellness.

They do not have a waitlist, as they try to have 1-2 beds available at all times. If they are unable to help someone with their own services, they try to help them out as much as they can.

4. Unmet Needs Discussion for Annual HHS Board Presentation (2020) – Open Discussion

There was no discussion on this topic this month.

5. Reports

a. HHS Board Liaison Report – Tim Whitmore

Whitmore was not at the last meeting.

Simms reported that 12 direct care staff (therapists, social workers, case managers, etc.) from various HHS divisions, covering the span of youth through the Aging and Disability Resource Center (ADRC), presented on what their respective units do with clients and for the community. Simms stated that the staff were very straight-forward about the strengths and weaknesses that they face on a daily basis, and received a great response from the HHS Board and HHS Committee members.

b. HHS Staff Liaison Report – Brad Haas/Joan Sternweis

Birdeau reported that the department is in budget season right now.

c. Comprehensive Community Services (CCS) Coordinating Committee – Shannon Hammer

The next meeting will be in July, so there are no updates.

d. Coordinated Services Team (CST) – Kelly Simms

The “revamped” CST will now be meeting on the fourth Wednesday of each month from 12-1 p.m. Hugh Davis from Family Ties will be presenting at the June 26 meeting.

e. Peer Specialist Committee of Waukesha County – Susie Austin

Austin reported that the committee will now be considered a workgroup, and will be called the “Peer Specialists of Waukesha County.” Future MHAC agendas will be updated to reflect this change.

The first meeting had 13 attendees. The Peer Specialists of Waukesha County meetings are open to those that are and want to become peer specialists. The meetings will have educational segments.

There will be a new training in August. Austin is accepting applications through July 12.

f. Community Health Improvement Planning Process (CHIPP) Report and Suicide Prevention Initiative – Mary Madden

Madden stated that the conference that was held last week had approximately 140 in attendance. They are still reviewing evaluations; however, everyone seemed very pleased with the successful event.

Birdeau has secured a grant that will allow a training of QPR trainers on July 18. Those interested would need to apply for the training and state where they plan to do the training. They would need to be certified trainer for 3 years, conducting a minimum of two QPR trainings each year that they are certified. The training would be offered through scholarships at no cost. There will be a link on the upcoming flyer to apply for the training. There will be a quick turnaround time for the applications, as those accepted will be notified by July 5. When the flyer is ready, Madden will send to McClain to send out. Recipients are free to forward the flyer to anyone that may be interested.

That same grant will be paying for a presentation with author Stacey Freedenthal at the end of August. The anticipated topic is working with people who are suicidal. The date and location have not been finalized, but they know it will be the last week of August. They are hoping to offer continuing education credits.

The Zero Suicide implementation is continuing. The first round of workforce survey results have been collected and reviewed. The team is now determining the next steps for trainings and policies/procedures. Waukesha County is not alone in realizing a need for more suicide prevention training and policies/procedures – as many other organizations are in the same situation.

6. Ongoing Business / Community Initiatives

There was no report.

7. Agency Updates / Announcements

Machgan reported that the Waukesha County Technical College Counseling Services will be starting a 4-year partnership with the JED Foundation. The JED Foundation works with teens and young adults.

8. New Business

Austin will be replacing Friend as the voting representative for the Peer Specialists of Waukesha County. Friend would like to stay on the MHAC as a citizen member.

Motion: Prozeller moved, second by Stydahar, for Cathy Friend to remain on the Mental Health Advisory Committee as a (voting) citizen member. Motion passed unanimously.

McClain announced the September joint meeting with the Substance Use Advisory Committee will take place at the Waukesha Communications Center and will include an optional tour of the facilities following the meeting. She will send an updated Outlook meeting notice.

Grzbowski, Machgan, Simms, Stydahar left at 3:02p.m.

9. Other

There was no report.

10. Public Comment

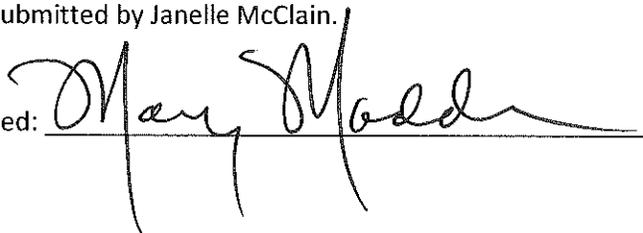
There was no public comment.

11. Adjourn

Motion: Madden moved, second by McMahon, to adjourn the meeting at 3:03 p.m. Motion passed unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Were Approved:



Date:

7/15/19