

OPEN MEETING MINUTES
Waukesha County Human Services Center
Mental Health Advisory Committee (MHAC)
April 15, 2019

Present MHAC Committee: Lauren Clark, Linda Cole, Terry Findley, Cathy Friend, Jessica Grzybowski, Amy Machgan, Maura McMahon, Kelly Simms, Shannon Stydahar

Absent MHAC Committee: Shannon Hammer, Mary Madden, Helen Prozeller

HHS Board Liaisons: Tim Whitmore

HHS Staff Liaisons: Brad Haas, Joan Sternweis

Guests: No guests

1. Call to Order

Co-Chair Cole called the meeting to order at 1:33 p.m. Introductions were exchanged among the committee members and guests.

2. Review and Approval of Minutes

Motion: Whitmore moved, second by Findley, to approve the Mental Health Advisory Committee minutes of March 18, 2019. Machgan and Findley abstained from voting. Motion passed.

3. Educational Presentation: Intensive Outpatient Services – Brad Haas

Haas reviewed a Powerpoint presentation titled "CSP Annual Report."

The Community Support Program (CSP) is a Medicaid-entitlement program working with clients that functionally meet the criteria. At least 75% of the work with the clients is done in the community.

The functional screen is a state screen.

26 of the 41 discharges moved to a lower level of care, such as CCS, the outpatient clinic, targeted case management, or an outside provider. If the client is moved to the outpatient clinic, CSP staff will stay connected with them until they are established with the clinic.

There have been many more referrals coming in for those in the 65-74 age group, possible due to baby boomers. An additional issue is that signs of dementia can mimic those of psychosis.

Haas stressed that there are times that the clients need a higher level of care, such as the inpatient unit, and the client should never feel like their recovery is blown.

A challenge that has been noticed by staff is that the acuity of mental illness is worse than it was even 30 years ago.

A success measure for CSP is comparing the number of commitments that there are. The goal for the CSP is to have clients move towards an independent living style, such as paying their own bills. Haas added that meaningful activities during the day, such as employment or volunteering, lead to a remarkable recovery.

Haas commended Waukesha County for having a wonderful peer support program.

11 of the 41 discharges last year were due to death; some were anticipated with terminal illness. Due to that statistic, staff have been looking for the gaps in care. Each quarter, the nurses are now conducting health checks. For example, this month the focus is on diabetes, so when a client arrives, they will be asked if they want to have a blood test done. Nurses will then work with the client to find a doctor that could help them if diabetes is a factor. Staff are hoping that the nurse can connect with the clients on a level that the caseworkers may not be able to.

4. **Unmet Needs Discussion for Annual HHS Board Presentation (2020) – Open Discussion**
Cole reported that the presentation went well. She would like to draft a letter to the HHS Board suggesting a meeting with them and all of the advisory committee chairs to discuss what the HHS Board is looking for with each year's presentation. Once she drafts the letter, she will discuss it with Madden and Sternweis, and then present it at a future MHAC meeting. Committee members agreed with her doing this.

5. **Reports**

- a. **HHS Board Liaison Report – Tim Whitmore**

The Unmet/Prioritized Needs presentation went well. The next meeting will be April 26 when the HHS Board will discuss the presentation and assemble a presentation for the County Executive.

- b. **HHS Staff Liaison Report – Brad Haas/Joan Sternweis**

Haas reported that the state conducted their bi-annual review, and the auditors were very impressed. The certification was renewed, and there were no citations.

- c. **Comprehensive Community Services (CCS) Coordinating Committee – Shannon Hammer**
Simms reported that it is time for the annual recertification for CCS.

Findley is the official recipient of the Len Ganser Scholarship.

- d. **Coordinated Services Team (CST) – Kelly Simms**

The first meeting will be held on May 15 at the Human Services Center in room 114.

- e. **Peer Specialist Committee of Waukesha County – Cathy Friend**

The committee has been inactive, but will be becoming active on May 21, inviting those that have went through the recent peer specialist classes. Friend also plans to nominate Susie Austin, the statewide trainer for peer specialist trainings, to replace her as the committee chair.

Sternweis commented that this committee is an independent organization from the governmental body. As such, they are an independent group that will continue to have representation as a member of the MHAC.

f. Community Health Improvement Planning Process (CHIPP) Report – Mary Madden
No report.

g. Suicide Prevention Initiative – Mary Madden
Sternweis announced that the group is planning the June 10 event – an all day training at WCTC with a youth focus on suicide prevention. There are free seats for any students who are interested in attending. Information will be distributed once available.

5. Ongoing Business / Community Initiatives

Friend announced that the NAMI Blue Jean Bingo fundraiser is May 17 from 5-9 p.m.

6. Agency Updates / Announcements

Friend stated that, on May 9, NAMI will be taking students for the daylong event, Action on the Square, in Madison. The event's focus is to spread awareness about mental health, learn about current legislative issues, and tell the elected officials what the needs are of those affected by mental illness.

7. New Business

No report.

8. Other

Findley reported that he attended the Public Meeting a few weeks ago and found it nice and well organized. Sternweis added that 14 of the 16 presentations were directed at asking for mental health and substance use services to be expanded.

The committee will review the membership list and providers holding memberships at a future meeting.

Whitmore left at 2:54 p.m.

9. Public Comment

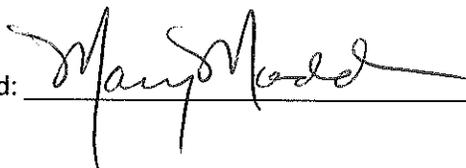
No report.

10. Adjourn

Motion: McMahan moved, second by Machgan, to adjourn the meeting at 3:04 p.m. Motion passed unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Were Approved: _____



Date: _____

5/20/19