AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY ADVISORY BOARD

Meeting Minutes

Meeting Date/Time: April 5, 2018 9:30 a.m. Location: Human Services Center 514 Riverview Ave, Room 271 Waukesha WI 53188

Committee Members:

X	Berthelsen, Judie	X	LaMountain, Paulette
X	Carriveau, Pat	A	Ludka, Elaine
A	Cizel, Maria	A	Sonia Miranda
X	Franklin, Robert E.	X	Schweda, Susan .
X	Friedrich, Carla	X	Zaborowski, Bill
X	Heberling, Sandie	2-	
X	Howard, Christine		

X = Present A = Absent

Additional Attendees:

- X Smith, Mary
- X Bittman, Lisa
- X DuPont, Sally

Call to Order

The meeting was called to order at 9:32 a.m. by Chairman B. Zaborowski.

Public Comments

• Officers M. Cizel, E. Ludka, and S. Miranda were absent.

Approval of March 1, 2018 Meeting Minutes

Chairman Zaborowski called for approval of the meeting minutes of March 1, 2018. S. Schweda moved to approve the minutes; R. E. Franklin seconded the motion. All in attendance approved. Motion carried.

Educational Segments

2017 ADRC in Review (PowerPoint) - Mary Smith and Lisa Bittman

Waukesha County's Population is Aging

- In 2016 1 in 6 people in Waukesha County were over the age of 65
- By 2030 1 in 4 people will be over the age of 65
- In the Waukesha County 2015 census, 20% of our population was over the age of 60
- The projection is by 2025, 25% of our population will be over the age of 60

2017 ADRC in Review (PowerPoint) - Mary Smith and Lisa Bittman (Cont'd)

ADRC Information & Assistance (I&A) Calls

- In 2017 the ADRC had over 36,000 calls, which was an increase of 14% from 2016.
- We have done over 400 Option counseling sessions per month where staff provide options to the consumers about their various situations.
- 32% of the callers called for themselves or were the legal guardians, 22% were caregivers, and 12% of the calls were from agencies.

Funding Sources for the ADRC

- Federal Funding
 - ➤ The Older Americans Act (OAA)
 - Supportive Services
 - o Nutrition Program
 - o Caregiver Support
 - o Preventative Health
- State Funding
 - ➤ ADRC Contract
 - Specialized Transportation
 - ➤ Alzheimer Support
 - ➤ Elder Abuse & Neglect (Immediate Risk)
 - > Dementia Care Specialist
 - ➤ Elder Benefit Specialist
- County Tax Levy
 - > Homemaker/Adult Day Program
 - ➤ Adult Protective Services

The Top 6 Aging Services the ADRC Provides

- Respite Services
- Bathing Services
- Homemaker Services
- Chore Services
- Emergency Alert
- Shopping Assistance

ADRC Utilization of Increased Dementia Care Specialist Funding from the State

- We hired a Dementia Care Specialist, Randy Kohl, in 2017
- 27 community presentations
- Trained 10 new businesses to be dementia friendly
- Trained 11 new trainers
- 21 memory screen events
- Ongoing ADRC dementia activities

Evidence Based Prevention Programs

• We held 53 workshops with over 470 participants

2017 ADRC in Review (PowerPoint) - Mary Smith and Lisa Bittman (Cont'd)

Dining Services (Congregate Meals)

- We have 10 dining sites.
- We have served over 48,000 congregate meals.
- We have piloted breakfast at a few of our sites and that has been successful and will expand that.
- Each dining site highlighted special menus and events.
- We have administered 603 Farmer's Market Vouchers to low income seniors.

Home Delivered Meals

• We delivered 123,000 meals in 2017, which is an increase over previous years.

Specialized Transportation (Ride Line and Shared Fare Taxi Service)

- We help fund the ERAs Volunteer program.
- We provide funding for non-medical trips we assisted 3,000 people with this.
- We are involved with the Find a Ride network project.
- We provided over 41,000 rides with our Shared Fare Taxi Service (this allows us to be cost effective).
- We provided over 15,000 rides with our Ride Line service (this is our most costly service).

Adults at Risk

- In 2017 the ADRC received 2083 call of concern (15% increase over 2016)
- We have 8 APS Social Workers
- We get many court referrals as well

Quality Improvement Projects

- Consumer follow-up calls
- Maintaining food temperatures with home delivered meals

Community Events

- Elder Abuse Awareness Day Event
- Coffee and Health talks
- 3 Part Caregiver Speaker Series
- ADRC Volunteer Recognition Event this year's is April 22nd
- ADRC Open House
- Grandparents Raising Grandchildren events
- Caregiver Intermission
- Memory Cafes
- Public Advocacy workshops

2017 ADRC in Review (PowerPoint) - Mary Smith and Lisa Bittman (Cont'd)

Aging Unit Plan – Goals for 2018

- 3 listening sessions
- Focus groups at the dining sites
- Breakfast program
- Complex needs of caregivers
- Emphasis on Dementia Care
- Independence programs
- Outreach to local funeral homes

C. Howard requested the 2017 ADRC in Review PowerPoint be emailed to the ADRC Board members. S. Schweda asked Mary if there is still a shortage of respite beds in Waukesha County and Mary said there is still a shortage.

<u>Unmet Needs (PowerPoint)</u> - J. Berthelsen and P. Carriveau

In 2017 the ADRC made over 36,000 contacts with consumers, which is an increase of 14% over 2016. Through consumer contact, the ADRC has identified various unmet needs.

Unmet Needs for Older Adults

- Social isolation
- In-home medical and non-medical care providers

Unmet Needs for Adults with Disabilities

• Affordable and accessible ongoing mental health case management

Unmet Needs for Both Older Adults and Adults with Disabilities

- Accessible and affordable housing
- Accessible and affordable dental care
- Concerns of family and informal caregivers
- Transportation gaps

Other General Unmet Needs

- Additional community-based services
- Balanced Nutrition
- Increased/improved services and community acceptance for those with Alzheimer's or dementia.
- Addressing gaps related to Adults at Risk/Crisis Response
- Medication management and guidance
- Home and neighborhood safety and security

The ADRC Board thanked Judie and Pat for presenting the Unmet Needs to the County Board. S. Schweda requested the presentation be emailed out to the ADRC Board.

<u>Handout</u>

• Copy of the Unmet Needs PowerPoint Presentation

ADRC Manager Report - Mary Smith

- We hired a Marketing Coordinator, Nicole Kelly; she will start on April 23rd.
- We are looking at addressing the need for more in home service providers.
- We are in the process of interviewing for the new 12 county positions in the ADRC Mary reminded the board of the annual Health and Human Services Public Hearing tonight at 7:00 p.m. at HHS.
- We have purchased cell phones and Chrome Book portable computers through the ADRC State Grant for use by the ADRC Specialists.
- Aging Unit Plan
 - > There is a survey the ADRC put out to get feedback from the public
 - > C. Howard asked for the survey link to be emailed out to the ADRC Advisory Board.
 - Mary stated she wants the board to focus on the Aging Plan and to engage in conversation with their communities and find out how the ADRC can enhance the things we do or do things better.
 - > There are areas to the Aging Plan that talk about how we are going to take care of our community:
 - o Advocacy Related Activities
 - o Elder Nutrition Program
 - o Services in Support of Caregivers
 - o Dementia Services
 - o Healthy Aging
 - o Local Priority
- The draft Aging Plan is due to GWAAR for review on July 20, 2018 but the final Plan is due to the State by November 2, 2018.

Handout

County Plan on Aging 2019-2021/ADRC Advisory Board Involvement

ADRC Coordinator Report -Lisa Bittman

Health and Human Services is doing a Vendor Outreach Symposium to encourage new providers in to our system and it will be held on April 10, 2018. We are hoping to draw providers to the symposium.

Handout

• Vendor Outreach Symposium flyer

ADRC Consumer Concerns - Mary Smith

None

Health and Human Services Committee Report - Christine Howard

C. Howard stated the Health and Human Services Committee did not meet last month. C. Howard did give an update on the Heroin Taskforce that she co-chairs:

- The taskforce is working on incorporating pillars and working with CHIPP to tackle some big issues over the next 5 years:
 - > Opiates
 - ➤ Mental Health
 - Physical Activity and Nutrition
- The goal is for an implementation plan to be ready by June of 2018.

Other Business/Updates - All

Chairman Zaborowski shared that this will be his last Board meeting as a County Board Supervisor and that he will attend the May meeting. He is making his decision as to remaining on the ADRC Advisory Board as a community member.

Adjournment

Chairman Zaborowski called for a motion to adjourn the meeting at 11:08 a.m. C. Howard moved to adjourn; P. LaMountain seconded the motion. All in attendance approved. Motion carried.

Next Meeting: May 3, 2018 Health & Human Services Center, Board Room 271 514 Riverview Avenue Waukesha WI 53188

Approved _	Patrice Carriege	Date 5/3/18

Submitted by Sally DuPont, ADRC Support Staff Supervisor