

Ricotta Graham Cracker Snack

Ingredients (makes 32 servings, serving size: 1 Tablespoon of ricotta and 1 graham cracker)

- 1 (15 ounce) container Part skim ricotta cheese
- 3 Tablespoons Brown sugar
- 2 cups sliced canned Peaches or other fruit of your choice
- Graham crackers
- Cinnamon (optional)

Directions

1. Mix the sugar with the ricotta cheese.
2. Spread the cheese mixture on a graham cracker.
3. Top with fruit and sprinkle with cinnamon (if desired).



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Nutrition Information- Per serving (using nonfat yogurt)

Calories	88	Total Sugars	6.1g	Sodium	102mg
Protein	2.6g	Total Fat	2.5g	Cholesterol	4mg
Carbohydrate	14.2g	Saturated Fat	0.9g	Fiber	1.2g