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## Waukesha County

### Department of Health and Human Services

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**FOR IMMEDIATE RELEASE**  
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### **WAUKESHA COUNTY UNVEILS CRISIS RESOURCE CENTER TO ADDRESS SOUTHEASTERN WISCONSIN'S GROWING MENTAL HEALTH NEEDS**

**(Waukesha, WI)** – Today, December 11<sup>th</sup>, Waukesha County announced the opening of the Crisis Resource Center, a transformative facility dedicated to meeting the critical mental health needs of Southeastern Wisconsin. This innovative initiative is a partnership between Waukesha County Health & Human Services and Centers for Independence and has been made possible through Wisconsin Department of Health Services (DHS) grant funding.

With 19% of Waukesha County adults reporting mental health conditions in the past three years, the Crisis Resource Center addresses a vital need in Southeastern Wisconsin.

"The launch of the Waukesha County Crisis Resource Center is a monumental step forward in our commitment to mental health care," Waukesha County Executive Paul Farrow said. "We recognize the pervasive influence of mental health on all aspects of an individual's life. This facility not only addresses the immediate needs of those in crisis but also provides new skills to help cope with potential crises in the future," Farrow added.

#### **Key Features of the Crisis Resource Center:**

**Admission Criteria:** Crisis situations vary, and the center's professionals assess each person's unique needs. Eligibility for admission is determined based on individual circumstances. The facility can serve up to 14 individuals at a time, and referrals will be accepted from partners throughout Southeastern Wisconsin.

**24/7 Support:** This facility is staffed 24/7 with trained professionals, providing a cost-effective alternative to hospitalization and ensuring continuous support for those in need.

**Programming:** A multidisciplinary team schedules individuals for daily activities, including psychoeducation, recreation/outdoor time, mindfulness, life skills, goal planning, and wellness groups.

The team at Waukesha County is putting the final touches on the facility and the Crisis Resource Centers plans to be fully operational in January 2024.

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**For more information about Waukesha County Department of Health & Human Services:**

WEB: [www.waukeshacounty.gov/HHS](http://www.waukeshacounty.gov/HHS)

TWITTER: [@WaukeshaCoHHS](https://twitter.com/WaukeshaCoHHS)

FACEBOOK: [www.facebook.com/WaukeshaCountyHHS](http://www.facebook.com/WaukeshaCountyHHS)

**About Centers for Independence:**

For 85 years, Centers for Independence has strengthened communities by helping people advance their total health. CFI is dedicated to assisting people of all abilities achieve their fullest level of independence through a supportive environment that fosters hope. CFI's unmatched breadth of services and resources allows others to find value in themselves and see a path forward.

CFI is a nationally recognized leader in self-directed long-term care services. CFI represents the integration of health care and social services. CFI's commitment to total health with a trauma-informed care approach, results in a framework of wellness that improves lives, families, and communities.