

## **Minutes of the Health & Human Services Board & Committee**

**Thursday, January 11, 2018**

Chairs Howard and Wood called the meeting to order at 1:00 p.m.

**Committee Members Present:** Supervisors Christine Howard, Darlene Johnson, Robert Kolb, Duane Paulson, Jeremy Walz, Chuck Wood, and Bill Zaborowski.

**Board Members Present:** Supervisors Chuck Wood, Christine Howard, Bill Zaborowski, and Robert Kolb, and Citizen Members Michael O'Brien, Jeffrey Genner, Tim Whitmore, and Mary Lodes. **Absent:** Citizen Members Dr. Steven Kulick, and Vicki Dallmann-Papke.

**Also Present:** Chief of Staff Mark Mader, Health & Human Services Director Antwayne Robertson, Health & Human Services Deputy Director Laura Kleber, Drug Free Communities Executive Director Mary Simon, Drug Free Communities Grant Manager Adele Revoy, County Board Supervisor Dave Zimmermann, Human Services Supervisor John Kettler, Your Choice to Live Executive Director Ashleigh Nowakowski, and Your Choice to Live Founder Sandy Lybert. Recorded by Mary Pedersen, County Board Office.

### **Committee Agenda Items**

#### **Approve Minutes of 12-7-17**

MOTION: Paulson moved, second by Johnson to approve the minutes of December 7. Motion carried 7-0.

#### **Next Meeting Date**

- 2-15-18

#### **Executive Committee Report of 12-11-17**

Howard advised the Executive Committee approved the ordinance to create the Lake Denoon Lake District and four related appointments, and heard standing committee reports.

### **Board Agenda Items**

#### **Approve Minutes of 12-7-17**

MOTION: Genner moved, second by Lodes to approve the minutes of December 7. Motion carried 8-0.

#### **Advisory Committee Reports**

Lodes said the AODA and Mental Health Advisory committees held a combined meeting where they prepared for upcoming unmet needs presentations. Lodes noted there is continued excitement and gratitude for the advanced nurse practitioner position. There are concerns by AODA groups and the Housing Coalition for additional housing as many rental agents are not accepting housing vouchers. The Housing Coalition is looking for shared space for multiple agencies and some of the space could potentially be used as a homeless shelter or crisis center in the future. There has been

overwhelming need for the homeless and the overflow shelter has been open for more than four months from 7:00 a.m. to 7:00 p.m.

Howard said the Aging and Disability Resource Center (ADRC) Advisory Committee heard a presentation on emergency preparedness and the lack of for people with disabilities whereby she referred to <https://cpd.wisconsin.gov> for more information. She noted the ADRC Memory Care Café was on Fox 6 News. Howard said she attended a Waukesha Common Council meeting yesterday where Lutheran Social Services' Aspen House, a 22-bed extensive treatment center, was approved and it will go before the full council soon.

### **Next Meeting Date**

- 2-15-18 (Absent: Whitmore)

### **Items for Discussion and Consideration**

#### **Drug Free Communities**

Smith said Elevate is the backbone agency for alcohol and other drug abuse and mental health services in Washington County. Waukesha's Elevate Program began in 2017 by the Drug Free Coalition. Elevate is the fiscal agent for the five-year federal grant that was awarded to the Drug Free Coalition. The vision for Waukesha County is to create a stronger prevention infrastructure aimed at decreasing alcohol, tobacco and other drug use among youth. Smith said over the last 15 years in Washington County, they have seen a 12% reduction in the number of youths who reported having used alcohol in the past 30 days and a 15% reduction in the number of youths who reported having used tobacco. Their efforts focus on collaboration, data collection/sharing, and targeted programming. Revoy reviewed the "Too Good For Drugs" program for middle school students and the "Peers 4 Peers" program for high school students currently being implemented. Smith said in addition to the federal grant, Elevate has received state funding to expand prevention programming in Waukesha and Washington counties for another five years and efforts will be made to tap additional funding resources. Elevate is an active participant with the Heroin Task Force and the Interagency Program for Intoxicated Drivers (CHIPP). Success will be measured by a reduced number of youth at risk for addiction, increased community support, and reducing the burden on Health & Human Services.

#### **Your Choice to Live**

Lybert and Nowakowski (mother and daughter whose son/brother was a heroin addict) reviewed the Your Choice to Live mission statement, available resources for distribution, the board of directors and staff, prevention education and support programs for communities and parent, and collaborations with other organizations. The Stairway to Heroin program involved eight events from 2016-2017 where 2,277 adults and 304 youths attended. The Playgrounds to Pills program targets a younger population, specifically parents of 4<sup>th</sup> through 9<sup>th</sup> graders. There were four events from 2016-2017 where 635 adults and 90 kids attended. The Wake Up Call program identifies where teens may hide drugs, household items that can be used as drug paraphernalia, and ways teens cover up drug and alcohol use. Your Choice youth presentations focuses on the power of choices. Topics covered during these presentations include how futures can be impacted by choices, the importance of choosing the rights friends, how choices affect others, the hardships and devastation caused by drugs and alcohol, and how to reach out for help. The Deadly Decisions program is aimed at those between the ages of 18-24. Detour is a support program for people of all

ages which uses the evidence-based Prime for Life curriculum. One Family to Another allows the Lybert family to share their personal experiences one-on-one with a family in need for no charge. Through grant funding, they trained 710 people in opiate overdose prevention and Narcan administration. Nowakowski indicated 48% of their funding comes from service fees for presentations, 34% from grants, 10% from donations, and 6% from fundraising. Lybert and Nowakowski discussed upcoming community events.

Answering Lodes' question, Nowakowski said some kids are very anti drinking but pro marijuana and vice versa. She has seen an increase in marijuana use with legalization in other states but alcohol is still very prominent because it is more socially acceptable.

MOTION: Johnson moved, second by Kolb to adjourn the committee meeting at 2:13 p.m. Motion carried 7-0.

MOTION: Genner moved, second by Zaborowski to adjourn the board meeting at 2:13 p.m. Motion carried 8-0.

Respectfully submitted,

Robert L. Kolb  
Secretary