

**IPID COMMITTEE MEETING
JUNE 13, 2019
MINUTES**

MEMBERS PRESENT: Dick Dettlaff, John Kettler, Cpt. Michelle Leffler, Bernie Mangers, Hon. JoAnn Eiring, Joan Sternweis, Jennifer Holmes, Mike O'Brien, Lee Wipfli

MEMBERS ABSENT: Sue Opper, Arlene White, Timothy Holloway

OTHERS PRESENT: Carrie Kelly

The meeting was called to order at 8:35 a.m.

INTRODUCTION OF GUESTS AND COMMITTEE MEMBERS

Committee members and guests introduced themselves.

APPROVAL OF MINUTES

Minutes from the March 14, 2019 meeting were reviewed. O'Brien moved, second by Mangers, to approve the minutes as written. Motion carried.

APPLICATION FOR DRIVER'S SAFETY PLAN TREATMENT PROVIDER STATUS

- Iris/WisHope Presentation – Peter Brunzell, Executive Director
This presentation was cancelled and will be rescheduled at a later date.

- Mindful Solutions, Counseling & Consulting – Carrie Kelly, Owner & Clinical Therapist
Carrie Kelly presented on the services she offers and her intent to be a driver's safety plan (DSP) treatment provider.

Located in Elm Grove, Mindful Solutions has been in business since 2015. Kelly has over 10 years' experience as a clinical mental health and substance abuse therapist and focuses on allowing individuals to tap into resources that may have been overlooked. She is also a mindfulness trainer focused on stress reduction by teaching clients to be less reactive and more responsive. She is hoping to expand her substance use services. Mindful Solutions does not take insurance but does offer a sliding scale fee for services. Kelly is the only provider in her office and works with 2 off-site psychiatrists for referrals and an on-call provider. She takes clients who are primarily 16 years and older and many of her clients have co-occurring diagnoses. Currently, Kelly carries a case load of approximately 25 clients, 20% of whom have addiction issues. She is flexible with her availability (later hours) and clients can typically get an appointment within 1 week. At this time, she does not have any state licensing. She meets with a consultation group monthly to conduct clinical supervision. She stated that she pairs the ASAM, simple screening and a depression and anxiety tool to assess the level of care for substance use clients. She uses mindfulness strategies for mental health clients as the main treatment modality.

Dettlaff arrived at 9:20 a.m.

COMMITTEE DISCUSSION OF APPLICATIONS

The committee discussed Mindful Solutions as a DSP provider.

Concerns included:

- No state licensure
- Adequacy of level of treatment for the client with 6 OWI's
- Potential barrier of not accepting insurance
- Adequacy of clinical supervision
- Limited accessibility (only provider in the practice)

Kettler moved to approve the application of Mindful Solutions as a Driver Safety Plan treatment provider. Dettlaff and Mangers abstain from the vote. No second to the motion was made. The application was not approved.

Kettler will inform Kelly of the committee's decision and offer feedback and guidance. It was agreed that Kelly can return and re-apply again as a DSP provider. Wipfli will also reach out to Kelly and explain the DSP provider process.

CHAIR REPORT

The Department of Health Services (DHS) is hosting a listening session on DHS 75 on June 20th from 10:00 a.m. - 12:00 p.m. at the State building in Waukesha. The main focus is to streamline AODA services with mental health services requirements.

A new treatment provider is opening called Ladders Recovery Community. The facility opens June 17th in Oconomowoc. They will offer inpatient and outpatient levels of care for adults only. The facility could be a potential Driver Safety Plan (DSP) provider.

A new prevention program in middle schools is being implemented in Waukesha County. The program called Too Good for Drugs, is grant funded. The program is not drug specific, but teaches kids refusal skills when drugs are offered to them.

A suicide prevention training was held on Monday at Waukesha County Technical College (WCTC). A national speaker was present and talked about topics including providing a better definition for mental health, obtaining and securing balance in life and identifying what to look for in individuals who may be conceiving suicidal thoughts.

Kettler attended the State Prevention Conference and was able to connect with Julia Sherman, Coordinator of the Wisconsin Alcohol Policy Project. She provided good insight on topics including how ordinances are structured and conditions on approving liquor licenses. Sherman talked about a program being conducted in Madison (Dane county) that is also currently being piloted in Waukesha County called Place of Last Drink. The program gathers and tracks data from OWI offenders about where they had their last drink. The City of Waukesha is currently participating in the data tracking program.

AGENCY UPDATES

The Department of Transportation (DOT) is sponsoring a group that is working on a public facing website for 1st time OWI offenders. The website will act as a guide to the offender and will explain the process and options available to them.

Kettler distributed a flyer regarding medication assisted therapy for individuals with opiate disorders provided by Waukesha County through grant funding (attached).

DISCUSSION OF COMMITTEE NEEDS AND FUTURE EDUCATIONAL SEGMENTS

- Julia Sherman – extend invitation for other providers to attend (September meeting)
- Iris/WisHope
- Discuss DHS 75

ADJOURN

The meeting was adjourned at 10:38 a.m.

Minutes recorded by Alison Ries.