



Wake Up Call

Professional Development

YOUR
choice
PROGRAMMING

Identifying Concealed Vaping, Marijuana and Other Substances in the School Setting

This 60 minute presentation features a backpack search designed for teacher, coaches, counselors, administrators and other professionals working with students to help them identify signs of possible substance use and vaping. Some students will go to great lengths to cover up substance use and to conceal vaping devices and substances they slip into school. The goal of this presentation is to provide education and awareness to educators so they know how seemingly innocent items can be an indication of substance use and what vaping devices are common among students

Learning objectives:

- Have a better understanding of how students may use seemingly innocent items to conceal vaping and substance use
- Have more knowledge about the signs and symptoms of substance use, as well as current trends among youth

ARC



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PROGRAMMING

WAKE UP CALL

LEARN TO SPOT THE SIGNS OF ALCOHOL AND DRUG USE



Wake Up Call is a 1.5 hour presentation that provides practical information on current drug trends, a walk-through of a teen bedroom with more than 20 red flags that could indicate substance abuse, and proactive parenting strategies to keep your child substance free. The presenters, with lived experience, combine their personal stories, experience working with students and families, and things they wish they would've known into an engaging, real and unique presentation. This presentation is a **MUST SEE** for parents, grandparents, teachers, community members and other adults who are influential in the lives of youth.

Participants will:

- Learn the current alcohol, vaping, and drug trends
- Receive a guided tour of the bedroom along with a description of items used to conceal substance use
- Learn parenting strategies to help prevent substance use
- Have an opportunity to ask questions

The goal of this presentation is to educate parents and other adults who are influential in the lives of youth so they know what seemingly innocent items can actually be an indication of substance abuse.



Student Presentations

Substance Use Education Program

These 60-minute presentations are designed to educate middle and high school students about the risks associated with substance use. The presenters, with lived experience, combine their personal stories in the presentation to show the true impact substances can have not only on the person using them, but on those around them.

This presentation can be held in-person or virtually

We offer three different focuses:

- Vape education – covers vaping both nicotine and marijuana
- Marijuana education – covers the risks of teen marijuana use
- Alcohol and drug education – briefly touches on the substances commonly abused by teens – vaping, alcohol, marijuana, prescription medications and opioids

This program can be designed to fit your school's needs. Contact us for more information



RESIST *the influence*

Youth Prevention Program

Lesson Two: Nicotine, Tobacco & Vape



Students will learn to:

- Understand history of tobacco and the evolution to vapes/e-cigarettes
- Understand how and why nicotine products are marketed towards youth
- Delay or prevent initiation to nicotine products
- Increase perception of risk to nicotine products

Lesson Four: Marijuana



Students will learn to:

- Know the difference between medical, CBD, and recreational marijuana
- Understand and question the misconceptions that are associated with marijuana
- Practice the STOP acronym to increase resistance skills and self-efficacy

Lesson One: Understanding Influences



Students will learn to:

- Explain the types of peer influences
- Recognize marketing strategies
- Perform the STOP acronym

Lesson Three: Alcohol



Students will learn to:

- Recognize and resist influences that could pressure them to drink
- Explain how to consume alcohol safely when they are 21
- Explain the consequences of underage drinking

Lesson Five: Over the Counter Drugs, Prescription Drugs & Heroin



Students will learn to:

- Understand the difference between OTC/prescription drugs
- Understand appropriate use, misuse, and addiction
- Understand the effects heroin has on the body
- Increase self-efficacy to substance use

To bring Resist the
Influence into your
classroom, or for more
information, contact
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