

Waukesha County Mental Health Center
Mental Health Advisory Committee Meeting (MHAC)

October 17, 2016

Present MHAC Committee: Danielle Birdeau, Jennifer Cera, Linda Cole, Will Emslie, Cathy Friend, Brad Haas, John Kettler, Karen McCue, Helen Prozeller

Excused: Terry Findley, Colleen Gonzalez, Jessica Grzybowski, Laurie Kohler, Mary Lodes, Kathy Mack, Mary Madden, Maura McMahon, Mike O'Brien, Joan Sternweis, Shannon Stydahar, Marybeth VanderMale

Guests: Bridget Ellingboe, Shannon Hammer, Holly Norkofski, Lisa Riggle

1. Call to Order

Vice-Chair Cole called the meeting to order at 1:33 p.m. Introductions were exchanged among the committee members and guest present.

2. Review and Approval of Minutes

Birdeau clarified that the statistics given for the CCS report in September, were from the state.

Motion: McCue moved, second by Prozeller to approve the minutes of September 19, 2016.
Motion carried unanimously.

3. Rec and Recovery Program at Friendships – Shannon Hammer

Hammer reported that Friendships took over the Rec and Recovery Young Adult Program at the end of July. Currently, they have 16 members, 11 having been active in the last two months, and the average meeting attendance being 4 people. Rec and Recovery has over 30 people following on Facebook, a mix of members and parents. Members include people that are not already involved with Friendships; or felt that Friendships did not meet their needs, but Rec and Recovery does.

The group is geared towards 18-25 year olds, but if a 26- or 27-year-old was interested, they would not be turned away.

There have been numerous free activities so far including: a trip to Frame Park, water games, water balloon fights, meeting at Steaming Cup and attending Friday Night Live, pizza and movie night, and a game night. The group is going to SkateLand on November 4th. Activities are posted on Facebook, as well as Friendships' Activity Calendar.

The next meeting is October 28th, and they will do something around the Halloween-theme.

A new flyer is also available for distribution. It has been changed to show real pictures with real members.

Potential members can contact Shannon directly, or look up the Facebook page.

4. Sub-Committee Reports

a. Board Liaison Report – Mary Lodes

No report.

b. CCS Coordinating Committee – Danielle Birdeau

No report.

c. Peer Specialist Committee of Waukesha County – Cathy Friend

Friend reported that the committee met in September. Attendance continues to be an issue, so they have talked about becoming an ad hoc committee.

The new curriculum will be decided upon and be ready within the next year. Lexi at NAMI or Alice at the state are taking names for waitlists.

The \$1500 per person fee has previously been provided through grant funding.

d. CHIPP Report – Mary Madden

No report.

e. Partnerships for Children’s Mental Health – Laurie Kohler

Birdeau reported that this committee meets every other month on the third Wednesday from 4-5:30 PM. Everyone is invited to come, as there are also a lot of community stakeholders.

This committee also serves as the CST Coordinating Committee.

Last month, there was an extensive presentation from the LGBT Center in Milwaukee.

The next meeting is November 16 in room 114 at the Human Services Center. The educational segment will be a presentation about CCS.

5. Old Business

No report.

6. New Business

No report.

7. Other

Ellingboe reported that Angela Cook has been working on collaborations to see if there is a need/want for services for the LGBTQI population. Based on three community conversations, there is an interest. Providing services will come down to funding and a location. The meeting would start out as a drop-in informational type setting. Kettler stated that HSC is putting some curriculum together for the 14-17 age group, and has reached out to other organizations for help as well. Friend added that when they send people to become a support group facilitator, they expect the support group to be in place for at least 1-2 years.

Prozeller had an article from the September 13 Waukesha Freeman stating that there was a state study about those that are at poverty level or ALICE, which is when the person is working but cannot meet basic needs and does not have a safety net. The article broke the population

down by county, and also by municipalities. For Waukesha County, Butler was #1; Waukesha was #2; and Lannon & Pewaukee were #3. The article also mentioned about citizens that are 65 years and older. Prozeller suggested the committee have someone from United Way to come in and speak on the services they provide.

Birdeau reminded the committee that next month's meeting will begin the discussion of Unmet Needs.

Note that the November meeting will be a week earlier than normal (November 14th), and CCS will be joining in that meeting. There is no meeting for December.

8. Adjourn

Motion: Prozeller moved, second by McCue to adjourn the meeting at 2:07 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes were approved  Date 11/14/16