CHILDREN AND FAMILY SERVICES ADVISORY COMMITTEE
MAY 19, 2016
MINUTES

PRESENT: Sara Barron, Kathryn Foster, Pam Groh, Lindsay Just, Ron Pupp, John Schiraj, Sharon Thiede, Sarah Vargas, Karen Villarreal, Chuck Ward, Mary Wittwer

STAFF PRESENT: Esther Jensen, Laurie Kohler, Kathy Mullooly, Lisa Roberts, Pete Slesar

APPROVAL OF MINUTES OF THE MARCH 17, 2016 MEETING

A motion was made by Sharon Thiede, seconded by Pam Groh to approve the minutes of the March 17, 2016 meeting.

NEW CAFSAC HHS BOARD LIAISON

Introductions of CAFSAC members were made to the new HHS Board Liaison to CAFSAC, Chuck Wood.

SPECIAL SERVICES ADVISORY COMMITTEE

Lisa Roberts explained that the SSAC is the statutorily mandated advisory committee to the Family Support Program, now Children's Community Options Program (CCOP), a state grant to support children with long term chronic disabilities. CCOP is an approximately $3,000 per child annual allocation used to support children waiting for the long term waiver program. There are about 290 children on the waitlist for the waiver and it can take a couple years to get off the list. CCOP is used to support the family in any way we can; respite, camps, adaptive equipment, etc. One change from the FSP Program to the CCOP is that there is no cap on funding of $3,000. There will not be any drastic changes to the way Waukesha County handles the grant from how they have in the past. The SSAC reports to CAFSAC. At today's SSAC meeting they will review a three-year plan that will be submitted to the State, due in September.

CST (COORDINATED SERVICE TEAM)

Laurie Kohler explained that the CST is a state-wide initiative that Waukesha County received grant funding for. It goes toward wrap around, coordinated services for youth who meet the screen for Severe Emotional Disturbance (SED), which means they have a mental health issue that's been there more than a year and they have significant impairments in different areas. These are multi-system involved children; children involved with mental health and could be open to juvenile justice, child welfare, special education, waiver programs, etc. They have high needs and often require many people involved to keep them safe and in the community. The program helps the families develop teams and coordinate the services. Because the old program used to be called an ISP (Integrated Service Project), the Clinic continues to be the home of it. The Department looks at providing services in a wrap-around style, bringing families to the table, building on their strengths. Every year goals are developed within the program. The state is looking more at the data, outcomes, and cost-effectiveness. Part of the plan this year was to

talk about broadening the reach of the program. Being in the Clinic limits access to the rest of the department. Management is looking at it.

Pam Groh stated that the school system connects with Wisconsin Safe and Healthy Schools Center. She referred to a link to a video called Kids in Crisis – a Journey Through Wisconsin http://www.postcrescent.com/videos/news/2016/05/24/84035622/. Twenty-five journalists throughout the state spent months reporting on the topic of how we're doing across several states in regard to youth depression, youth suicide, and shortages of care providers.

ADDICTION RESOURCE COUNCIL

Lindsay Just, Assistant Director, Addiction Resource Council, thanked the committee for the opportunity to present the attached PowerPoint and tell their organization's story. They are known mostly as an assessment and referral agency with the intoxicated driver program. They are much more than that and she presented the ARC programs, including the Stop and Think Program, Parent Power Night, Resisting the Influence, and Thunder & Rain.

A fairly new Parent Power Night is held quarterly in their office. Parents are invited to ask questions and learn from a panel of experts. Lindsay stated that they are always looking for new panel members and invited anyone interested to participate.

The We're Not Buying It middle school media literacy program was Bata tested. 600 incoming Freshman at Arrowhead tested the program and it went well, but they noticed it didn't have enough education. They ramped up the program and added education to the media piece. The new program is called Resisting the Influence.

Thunder and Rain is a free family support group held every Wednesday from 6:30 to 8:00 at their offices.

She explained the community talks offered by the Addiction Resource Council. They talk about different things; trends in community, marijuana, heroin, substance abuse in the elderly, e-cigs, etc. The talks can be tailored for any organization or group.

Lindsay reported one of the current major concerns is that the workforce in substance abuse professionals is aging out and retiring. They predict that there will be 20% fewer people to refer to between 2014 and 2015. It will continue to decline significantly in 2017. WCTC indicates that students aren't able to get into any clinics to complete their education, SAC-IT's, or LPC's. More field placements are needed. Statistics pertaining to the workforce concerns are included on the PowerPoint.

Another current concern is substance abuse/misuse amongst the elderly. Refer to attached PowerPoint for information and data.

Joe Muchka, ARC, sits on the State of Wisconsin Marijuana Ad Hoc Committee (SCAODA). SCAODA has written a marijuana report. It's in draft form at this time. When the final is approved, it will be a benefit to our legislators.

The ARC works with the Drug Affected Infants Workgroup.

Lindsay reported the ARC is in discussion with the Delafield and New Berlin Police Departments. They want to follow the Greenfield Police Department's and Gloucester Massachusetts Police Department's model of treatment instead of arrest for those caught with marijuana, paraphernalia, or a minimal amount of drugs. If the amount of marijuana or drugs is large and it appears they are dealing, they go through the criminal justice system.

Pete Slesar remarked about the alarming gap between the number of counselors and the number of people needing service. Is there any movement to look at credentials to make them more accessible? Lindsay stated that SAC-ITs are not billable, so most agencies don't want them in their practice. Joe Muchka is fighting that on a state level. It's going to take some time because what must happen is DHS-62 has to be re-opened. Ron Pupp added that recently there was a change that mental health therapists in training can be reimbursed at a lower rate than a fully licensed therapist. There is much publicity about the need for treatment, but there is nothing in the media about the shortage of treatment professionals. It was suggested that there be a subsidy to encourage agencies to take on students; SAMSA grants? There was discussion on the quality improvements that could benefit the treatment services in Waukesha County.

Question and discussion on disposal of unused prescriptions and drop boxes in the community. They are at the police departments and will soon be at Walgreens and/or CVS.

Question regarding a case in Walworth County where a mother received a second OWI and the judge, instead of ordering jail time, required her to call in daily and test periodically for alcohol use. Judge Foster will talk to Dave Reddy who runs the Alcohol Treatment Court there.

ANNOUNCEMENTS

Judge Kathryn Foster commented on the March truancy topic. She participated in a nationwide judge training. She reported on a successful program in Kentucky dealing with truants starting in kindergarten. The family supported truancy is the most chronic and difficult to deal with. In Kentucky the judge when they ruled down, found that the parents don't have high school diplomas. They get referrals to help the parents get their diplomas and then the children find the value in education. Judge Foster will get more information and talk to the juvenile court judge, Judge Domina, as well. Pam Groh talked about a letter being drafted by their school district and Molly Jasmer to go to the medical community doctors about the overuse of medical excuses. Laurie Kohler suggested that someone from the Clinical Services Division participate in the Truancy Task Force, because mental health is a big reason why children are not going to school. Laurie Kohler will email Barb Girman, HHS, who is on the Task Force.

John Schiraj announced that United Way has a 2-1-1 Awareness Day scheduled tomorrow. He encouraged every agency to ensure that their listed information is correct and up to date with 2-1-1 at all times.

Sharon Thiede announced that this is Prevention Week. Drug Free Communities Coalition is doing activities each day. The HOPE legislation is Tuesday. Marcus Movie Theaters are starting to play the new public service announcements from Drug Free Communities partnered with Waukesha West High School in June.

Lisa Roberts announced that the Trauma Partnership meets every month. The next meeting is June 8, from 1:00 to 3:00 p.m. The location is switching to the Good Will facility. The presenter is from Children's Hospital and will speak about infusing trauma informed care into their agency and programming. The Parternship hosted Paper Tigers at the last meeting. It is a documentary following a couple youth in a high school for one year. This high school changed its approach to be more trauma sensitive and the video shows what impact that has had. It's very moving. HHS owns the video. It cannot be distributed or taken out to another agency, but anyone who wants to watch the hour and 45-minute video can arrange a viewing on the Waukesha County campus. Contact Lisa Roberts, 262-548-7241 or email lroberts@waukeshacounty.gov. One of the things recognized at this high school in Paper Tigers was the unmet medical needs and mental health needs of the students. They created a clinic next to the school. That's the type of collective community approach Waukesha needs to look at. Roberts stated that the goal of the Partnership to create a trauma information Waukesha County is becoming successful. However, we still continue to work in silos and should come together in a more collective impact approach. More information on the new approach is forthcoming.

Roberts announced that the Drug Affected Infants Workgroup meets next Monday, May 23, 1:00 to 3:00 at Waukesha Memorial Hospital. There will be a presenter from the United Community Center in Milwaukee, a residential program for pregnant and post-partum women suffering with addiction.

Karen Villarreal announced a June 29 Walk with Easter Seals at the Zoo. She will forward the flyer via email.

Laurie Kohler gave an update from yesterday's Partnership for Children's Mental Health meeting. They had someone come in from Madison. Madison has a SAMSA grant to do a first episode psychosis program. The presenter talked about how schools can identify a youth that may be at risk or exhibiting symptoms of first episode psychosis. The onset of major mental health disorders is late adolescence. Early treatment is essential. Waukesha County Mental Health Center is considering some possibilities for increasing transition services. They're seeing many more young adults presenting to our door for services and need to build better programing to meet their specific needs. The next meeting is in July.

Kohler reported that on Monday there was a community conversation about suicide hosted at the Mental Health Center with Dr. Dubois from WCTC. There hasn't been a concerted effort to address suicide in Waukesha County. There is a new group formed to look at the research, intervention, who else do we need at the table, etc. She is excited about doing something proactive in this area. Roberts added that she sits on a quarterly review of children's deaths in the county. Of the last four reviewed, three were suicides. Esther Jensen reported on her involvement in the Prevent Suicide Group in Milwaukee (PSGM) for the last year and she has become a QPR trainer. QPR is Question, Persuade, Refer. It's training that is targeted toward

gatekeepers; people working with youth. More of this is needed. NAMI has QPR trainers. Laurie Kohler talked about great efforts the Elmbrook School District is doing in the area, to educate and change the way the community thinks about suicide.

Laurie Kohler reported on developing mobile crisis services for Waukesha County. There is a mandate effective July 1 that says that a mobile crisis assessment is required before an emergency detention is authorized. Waukesha County has officially started the mobile crisis capacity from 8:00 a.m. to midnight, seven days a week, in part with a grant from the State of Wisconsin. The goal is to reduce unnecessary emergency detentions and avoid the trauma of people taken in handcuffs to an inpatient facility. This is for youth and adults. Kohler indicated they are working on how the protocol changes will be communicated. Judge Foster talked about the EBDM Committee working on this before July 1. The committee has looked into Safe Harbor respite in Washington County. It's a big financial investment, but looks like there are substantial savings versus the Mental Health Center, officer injuries, etc. Roberts said there's a statewide workgroup on crisis respite opportunities. Chuck Wood talked about the opportunities for savings when there's no criminal act. Discussion on keeping people supported in the community and diversion.

Pete Slesar announced that he will retire on June 16 and Ron Pupp will be his replacement as Waukesha County Health and Human Services Adolescent and Family Division Manager.

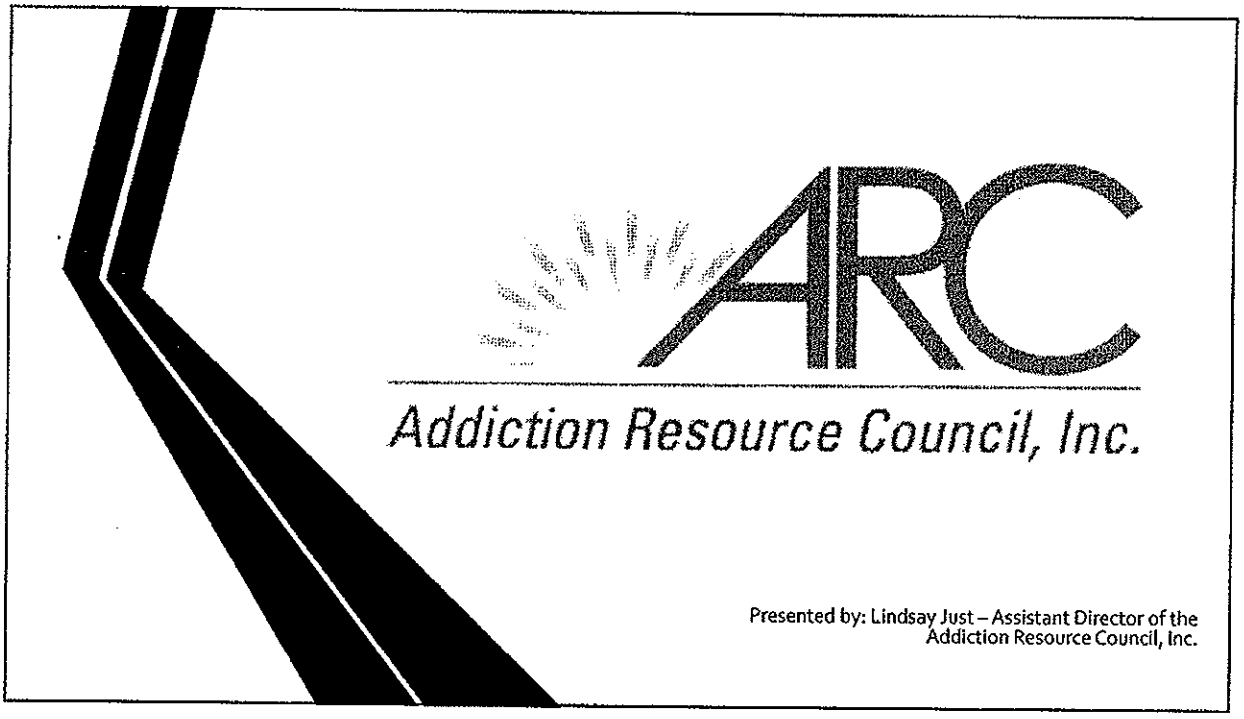
ADJOURNMENT

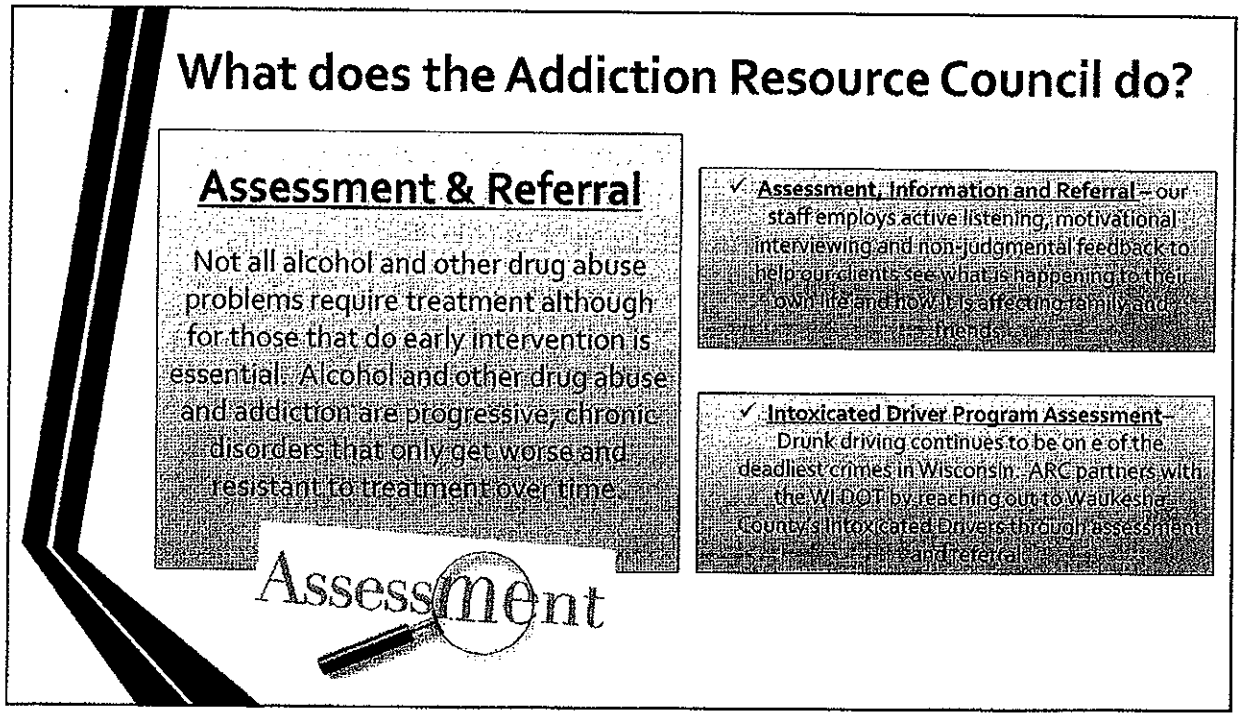
Pam Groh moved to adjourn, seconded by Judge Kathryn Foster at 9:53 a.m.

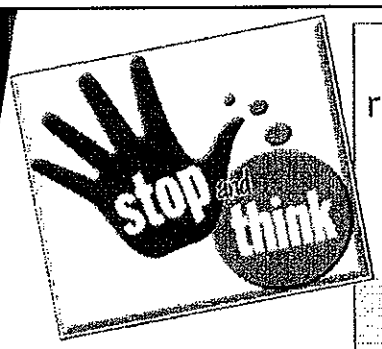
NEXT MEETING

The next meeting is scheduled for June 16, 2016 at 8:30 a.m. in Room 271 of the Human Services Center Building, 514 Riverview Avenue.

6-16-16
APPROVED

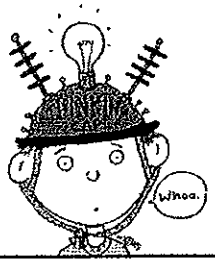

ARC
Addiction Resource Council, Inc.
Presented by: Lindsay Just – Assistant Director of the Addiction Resource Council, Inc.


What does the Addiction Resource Council do?
Assessment & Referral
Not all alcohol and other drug abuse problems require treatment although for those that do early intervention is essential. Alcohol and other drug abuse and addiction are progressive, chronic disorders that only get worse and resistant to treatment over time.
✓ Assessment, Information and Referral – our staff employs active listening, motivational interviewing and non-judgmental feedback to help our clients see what is happening to their own life and how it is affecting family and friends.
✓ Intoxicated Driver Program Assessment – Drunk driving continues to be one of the deadliest crimes in Wisconsin. ARC partners with the WI DOT by reaching out to Waukesha County's Intoxicated Drivers through assessment and referral.
Assessment



Our goal is to prevent alcohol/drug related health and impairment problems by increasing abstinence and reducing high-risk choices related to substance use among youth under 21.

We use the Prime for Life® curriculum which is based on biological, psychological and social-logical research designed as a Lifestyle Risk Reduction model that systematically works towards increasing the incident of abstinence.



Parent Power Night: Talking Teen

At our Parent Power Night we give our parents the opportunity to ask questions and learn from a panel of experts in the field of AODA (Alcohol and Other Drug Abuse).

Our panel of experts includes a Stop and Think Instructor, Law Enforcement, Public Health Nurse, Counselor, ARC's Executive Director, a person in recovery, an ARC board member and a school district representative.

Parent Power Night is held at our office, FREE and OPEN TO THE PUBLIC.

Resisting the Influence

Middle School Education Program

The program recognizes that the media is a significant source of misinformation for young people about these topics. Unlike traditional media literacy programs, which focus on print advertisements, we explore the indirect marketing messages directed at youth through music, television, film, and social media. With a proper understanding of the marketing directed toward them, students are able to resist those messages and make decisions based on facts.

Thunder & Rain

Family Support Group

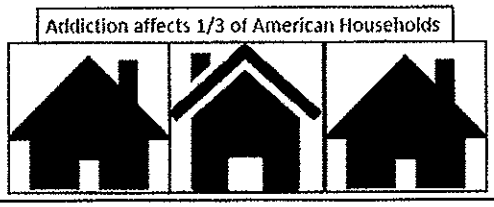
The Addiction Resource Council has created and hosted a support group for those whose lives are impacted by a loved one's journey of addiction and recovery. In 2015, ShaoLin Center began facilitating this incredibly important activity under the aegis of Thunder & Rain, a mindfulness-based community outreach effort, and this group continues to offer a safe haven for families in crisis.

There is hope, there is understanding, and there is a wealth of knowledge and experience in the conversations held each week at ARC. We invite you to join us.

Wednesdays, 6:30 to 8:00pm, held at the ARC Offices

The Addiction Resource Council, Inc. (ARC) is available to provide community presentations which provide information with a message of help and hope, in order to combat alcohol dependence and drug addiction. We're available to present in Schools, Universities, Technical Colleges, Businesses, Parent Groups, Religious Organizations, Hospitals, Health Care Facilities, Service Clubs and other Community-Based Organizations.

There is no fee for our outreach services and we're happy to offer our services to our community.



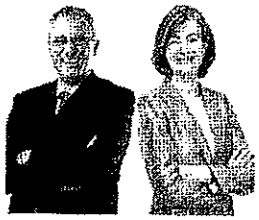
The Addiction Resource Council can tailor a presentation to meet your group's needs

Agency Priorities

Workforce Concerns for Waukesha County:

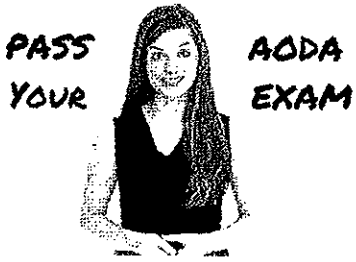
Our own aging workforce of substance abuse professionals and reduction in treatment providers (Individuals as well as agencies)

- Approximately, 20% fewer between 2014 - 2015
- Currently, we have less than (25) state licensed providers / agencies to refer clients for our entire county of 390,000 people and 19,000 families – many with substance disorders.



Workforce Concerns for Waukesha County Cont.:

- Few LCSW's, LPC's or LNFT's actually enrolling in AODA education classes offered to obtain the certificate, allowing them to treat substance abuse clients
- Minimal field placements and appropriate supervision (ICS') available for SAC-IT (only 4 organizations have committed as field placement sites for Fall 2016 WCTC student enrollees, for example)



Workforce Concerns for Waukesha County Cont.:

Based on SCAODA ITC's own 'Workforce Capacity Report'

- Half (51% reported) of our substance use disorder workforce may 'age out' by 2022 – Waukesha is no exception
- Fewer than 50% (46% reported) currently have Master degrees (Not known for Waukesha)
- Lack of diversity in substance use disorder workforce (All minorities in Waukesha are less than 7% of the population)
- Based on WI needing (32) substance use disorder counselors / 1,000 people with this disorder at any time (2,247 needed just to meet current demand), Waukesha itself would need approximately 224 new counselors each year (estimate based on Waukesha accounting for 10% of the state's total population).

Substance Misuse / Abuse Amongst the Elderly

Addiction Resource Council is collaborating with several organizations to help combat the substance misuse/abuse amongst our Waukesha County Elderly population.

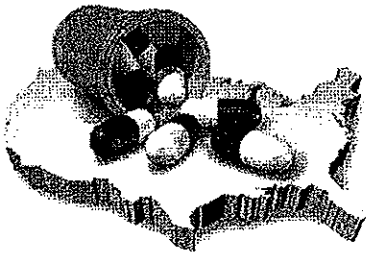
- ✓ADRC (Aging Disability Resource Center)
- ✓Interfaith
- ✓Bell Ambulance
- ✓ProHealth Care, Inc.
- ✓Many More Agencies to join us

Prescription drug misuse and abuse is prevalent among older adults not only because more drugs are prescribed to them but also because, as with alcohol, aging makes the body more vulnerable to drugs' effects.

Cite: SAMSHA; Substance Abuse Among Older Adults; TIP 26

A Growing Problem
Substance Misuse/Abuse Amongst the Elderly

- Between 2000 and 2010, Waukesha County had significant increases in the 65 and older group –our aging baby boomer population.
- Almost one out of every five people in Waukesha County in 2010 was 62 years of age or older.
- Between 2010 and 2030, the Waukesha County population of age 65 and older is projected to double in the county.
- By 2030, older people needing substance abuse treatment is expected to triple in Waukesha County.

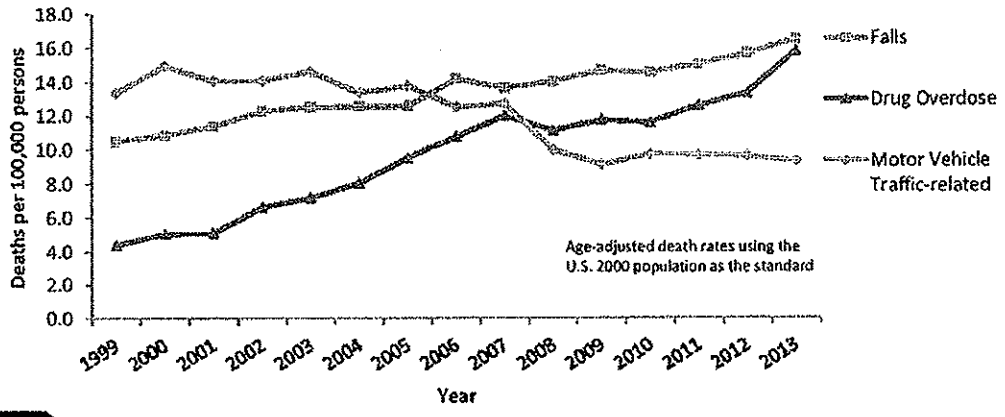


Cite: UW Extension; April 2014; Department of University of Wisconsin-Extension Strategic Plan 2014-2017

After falls, drug overdose is now the leading cause of injury deaths in Wisconsin.

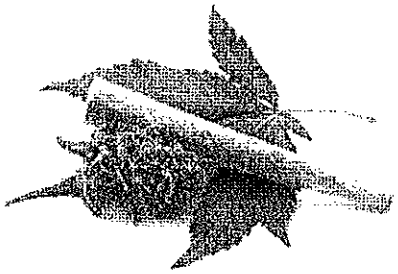
Cite: Wisconsin Department of Health Services; www.dhs.Wisconsin.gov/injury-prevention/index.htm

Figure 1. Age-adjusted drug overdose death rates compared to other leading injury death rates, Wisconsin residents, 1999-2013



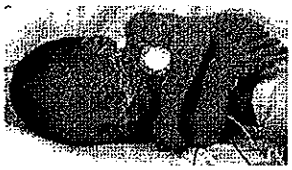
Marijuana Report

- SCAODA – State of WI Marijuana Ad Hoc Committee (Joe Muchka)
- Marijuana Report has not been approved as of today – still in draft form
- Next Meeting – June 3rd, 2016
- The Marijuana Ad Hoc Committee will try for a 2nd time to have the Marijuana Report approved.



Drug Affected Infant Workgroup

Addiction Resource Council is assisting the Drug Affected Infant Workgroup with its work plan.



Referral to Treatment vs. Arrest

Addiction Resource Council is in discussion with Delafield PD and New Berlin PD to follow the Greenfield PD model of treatment instead of arrest for those caught with marijuana or paraphernalia.

ROAD TO RECOVERY

Questions?

many
Thanks!