

**AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY
ADVISORY BOARD
Meeting Minutes**

Meeting Date/Time: June 4, 2015 9:30 a.m.

**Location: Human Services Center
514 Riverview Ave, Room 271
Waukesha WI 53188**

Committee Members:

<u>EA</u>	Berthelsen, Judie	<u>X</u>	Ludka, Elaine
<u>X</u>	Cizel, Maria	<u>EA</u>	Patterson, Sandy
<u>X</u>	Franklin, Robert	<u>X</u>	Paulson, Duane
<u>EA</u>	Gamez, Margaret	<u>X</u>	Spitz, Carolyn
<u>X</u>	Goetz, Jennifer	<u>X</u>	Wolff, Sandy
<u>X</u>	Lee, Glenn		

X = Present A = Absent EA = Excused Absence

Additional Attendees:

<u>EA</u>	Page, Luann
<u>X</u>	Smith, Mary
<u>X</u>	Smith, Sue

Call to Order:

The meeting was called to order at 9:30 am by S. Wolff.

Public Comments

G. Lee stated the ADRC Open House was fantastic. He like the classes offered and the fact that there was no conflict between the set-ups. Suggested a Health Booth, possibly offering BP screening next time.

Approval of May 7, 2015 meeting minutes

S. Wolff called for approval of the meeting minutes of May 7, 2015. C. Spitz moved to approve the minutes; D. Paulson seconded the motion. All in attendance approved. Motion carried.

Educational Segment – Active Aging Research Center, Eldertree Report Out

Scott Gatzke, UW Madison Director of Dissemination, the Center for Health Enhancement System Studies (CHESS)

M. Smith introduced Scott Gatzke and provided Board members with the background of the 5-year research study that began in 2011 to develop Elder Tree. Scott provided a great presentation on this very interesting topic. The New Berlin Connects team was instrumental in designing a dissemination model that will be rolled out to 20 additional counties in the near future. Board members had many questions and very positive comments on this initiative.

2016-2018 County Plan on Aging – Follow-Up/Board Members Report – ADRC Coordinator M. Smith

M. Smith documented the input provided by Board Members for the 2016-2018 County Plan on Aging. Topics included:

- Nutrition - Suggestions regarding the food being more appealing, better menu development, current education/exercise not geared toward older adults. Socialization after – people do not want to stay. Nutrition education is required, but talks interfere with socialization at meal time.
- CG Support - Recognition, respite opportunities, emergency care, look for different types of respite, i.e., evenings and weekends, how to connect with CG groups.
- Dementia - DCS doing great things and will be rolling out training for the dementia friendly businesses. Promote the Alzheimer's Association, support groups, hotlines. Incorporate information into talks and outreach.
- Healthy Aging - Falls prevention, assessment of homes, education of safe rising from chairs, reach people before crisis; plan ahead.
- Local priorities included transportation issues, financial - POA, Advanced Directives and the need for workshops/education, Disabled Parking - typically first spots, but usually far from entrance. Would be nice to have business provide benches along the way.

Discussion of July meeting

The ADRC Advisory Board typically does not meet in July. As there are no issues or Action Items that need to be addressed, M. Smith indicated that L. Page is suggesting the Board, once again, cancel the July meeting. D. Paulson moved that the ADRC Advisory Board not meet on July 2nd; C. Spitz seconded the motion. All in attendance approved, motion carried.

ADRC Coordinator's Report – M. Smith

- M. Smith reported that new Board member, Bill Steele has been approved by the County Board and will be joining us at the August meeting.
- We will hold nominations for Officers at the August meeting and will vote in September.
- The ADRC has had several more retirements of support staff and two supervisors.
- Transportation Specialist Char Norberg has left the ADRC. Char has been hired as Director of the ADRC in Juneau County.
- June 15th is Elder Abuse Awareness Day.
- ProHealth Care has done patient transportation for many years at \$7.50 per ride, providing approximately 16,000 rides per year. Starting June 1st, the cost of a one-way trip will be \$40.00.
- M. Smith shared the most current information regarding changes that were made to the Governor's Proposed Budget.

State Aging Advisory Committee Report - S. Wolff:

Meeting was canceled. No Report

Health and Human Services Committee Report

D. Paulson stated the meeting was primarily educational segments.

Other Business/Updates - All:

None

Adjournment:

S. Wolff called for a motion to adjourn the meeting. C. Spitz moved to adjourn. R. Franklin seconded the motion; all in attendance approved. Motion is carried.

Next Meeting: August 6, 2015 @ 9:30 a.m.
Health & Human Services Center, Board Room 271
514 Riverview Avenue
Waukesha WI 53188

Approved _____ **Date** _____

Recorded and Submitted by Sue Smith