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**Waukesha County  
UW Extension  
Farmers Market Fresh**

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## **Broccoli Cauliflower Salad**

*Ingredients:*

*Serves 6-8*

- 1/2 head fresh cauliflower
- 1 bunch fresh broccoli
- 1/2 cup chopped onion
- 1 cup reduced fat mayonnaise
- 1 1/2 Tablespoon vinegar
- 1/4 cup sugar
- 1/4 cup sunflower seeds
- 1/2 cup raisins



*Directions:*

1. Wash broccoli and cauliflower.
2. Cut veggies into bite sized pieces.
3. Combine mayonnaise, vinegar and sugar in a small bowl.
4. Mix mayonnaise mixture, seeds, raisins and onions with broccoli and cauliflower in large bowl.

*\*Variation: Crisp cooked, crumbled bacon, black olives and/or cheese may be added. Sunflower seeds and raisins may be omitted.*