



# 2012 ADRC of Waukesha County Annual Family Caregiver Seminar

Caregiving – To the Future and Beyond  
Wednesday May 2, 2012  
9:45 AM – 3:15 PM  
Retzer Nature Center  
S14 W28167 Madison St.  
Waukesha, WI 53188

9:45 – 10:45 AM

**Registration**  
Meet & Greet Exhibitors

10:45 – 11:00 AM

**Welcome**  
**Cathy Bellovary**, Manager - Aging & Disability Resource Center

11 AM – 12 Noon

**Caregiving Support Through Future Technology**  
**Andrew Ishner**, Engineer – University of Wisconsin, Madison  
Center for Health Enhancement System Studies (CHESS)  
Researchers are developing information technology services to help the elderly stay in their homes and improve the lives of caregivers

12 Noon – 12:45 PM

**Box Lunch**  
**TimeSlips Demonstration** (Creative Storytelling)  
**Jennifer McAlister**, Director – Curative Senior Care Center

12:45 – 1:45 PM

**A Whole World to Discover**  
**Prevention of Caregiver Isolation**  
**Jody Krainer**, Director of Senior Services - Milwaukee Center for Independence (MCFI)

**Galileo: Star Show Celebrating 400 Years of Sky Viewing**  
**Dave DeRemer**, Director – Charles Z. Horwitz Planetarium

1:45 – 2:15 PM

**Pie and Coffee**  
Completion of Evaluations, Door Prizes/CG Giveaways

### OPTIONAL

2:15 – 3:15 PM

**Discover Retzer Nature Center's Accessible Adventure Trail**  
**Naturalist Larry Kascht** guides us on an 800 foot paved trail and shares other county park activities.  
OR  
**Stepping On Demonstration- Heidi Reichard**, ADRC  
Discussion about a 7-week program on fall prevention

### PLEASE COMPLETE & RETURN THE FORM BELOW:

A donation of:           \$15 for Caregivers/Family members  
                                  \$35 for Professionals/Students - *Certificate of Attendance for Professionals*

**Registration must be received by April 25, 2012** to cover the luncheon and seminar materials.

Please make checks payable to the Aging and Disability Resource Center of Waukesha County  
Questions (262) 548-7848

**\*Advance Registration Is Required\***

This seminar was made possible through funding by the Older Americans Act Title IIIIE National Family Caregiver Support Program.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone \_\_\_\_\_ Date of Birth \_\_\_\_\_

Caring for: Spouse \_\_\_ Relative \_\_\_ Friend \_\_\_ Other \_\_\_ Their Date of Birth \_\_\_\_\_

Their medical condition(s) \_\_\_\_\_

Hours per week spent caregiving: Less than 10 \_\_\_ 10-24 \_\_\_ More than 24 \_\_\_

**Respite care may be available to Waukesha County residents and must be arranged PRIOR to the seminar by ADRC staff.**

**Deadline: April 22, 2012**

**Is Respite Care needed while you attend the seminar? YES \_\_\_\_\_ NO \_\_\_\_\_**

**Return Registration and Donation by April 25, 2012 to:**

ADRC of Waukesha County  
500 Riverview Ave  
Waukesha, WI 53188