

## WHAT IS PNCC?

PNCC or Prenatal Care Coordination, helps women gain access to medical, social, educational, and other services during their pregnancy.

Through a series of visits, Public Health Nurses will bring you information about you and your soon-to-be baby.

Public Health is here to answer any questions you may have on a wide variety of topics. Some include:

- Planning for a healthy pregnancy, birth and beyond;
- Getting ready for a new baby;
- Lifestyle changes.

## NURSE VISITS

For your convenience, Public Health Nurses will meet with you, at a time that is best for you. Public Health Nurses can visit you in your home, or at the Health Center. Public Health provides prenatal and post-partum services which are available at no cost to Waukesha County residents. Public Health values healthy mothers and healthy babies.



## SERVICES

Our staff of professional Public Health Nurses will coordinate with you on a regular basis. The nurses can:

- Provide education about childbirth, breastfeeding, parenting, and more;
- Offer nutritional information and guidelines for mom and baby;
- Inspire you to quit smoking for a healthier you and baby;
- Coordinate services along with your physician's care;
- Monitor mom's blood pressure and weight as well as fetal growth;
- Answer questions and provide education on newborn care;
- Perform newborn weight checks and monitor growth and development of your baby.

A Public Health Nurse will work with you one-on-one to provide a personalized, confidential plan of care.

## COMMUNITY RESOURCES

Today, more than ever, we understand that everyday life can be a struggle. Public Health collaborates with various community agencies to help you find the services you need.

Public Health Nurses can make referrals and assist you with the following:

- Health Care;
- Dental Care;
- Counseling;
- Transportation;
- WIC Nutrition Program;
- And more...

**We are here to help.**





Visit our website now!

This is what one of our clients had to say about Public Health services...

*"The nurse was so nice, friendly and understanding. She really made me feel comfortable."*

*"The nurse made me feel good about the care I provide my newborn."*

If you suspect you may be pregnant, stop by the Public Health Department (located in the same building as the WIC office) for a free pregnancy test. While you are there, ask to speak to one of our nurses about the Prenatal Care Coordination (PNCC) program.

Waukesha County Public Health  
514 Riverview Avenue  
Waukesha, WI 53188

**(262) 896-8430**

[www.waukeshacounty.gov/pregnancy](http://www.waukeshacounty.gov/pregnancy)



**Are you pregnant?**

Public Health has services for you.



*Our goal is to help pregnant women have healthy babies.*

**Prenatal Care Coordination (PNCC)**