



PARENT CAFÉ

Parent Cafés are an educational opportunity for parents to come together and deal with the stressor, worries, and challenges of parenting in a supportive environment.

Parent Cafés are centered on three themes:

1. Taking Care of Yourself
2. Being a Strong Parent
3. Building Strong Relationships with Your Children

Parent Cafés are an opportunity to establish relationships with other parents, exchange thoughts and feelings about being a parent, and learn new parenting techniques and tools.

FREE Childcare and dinner provided!

2015 DATES:

February 3, 2015
April 28, 2015
June 2, 2015
August 4, 2015
October 6, 2015
December 1, 2015

All Cafes are from
5:30 PM – 8:00 PM

Location:

Center for Excellence
N4W22000 Bluemound Rd.
Waukesha, WI 53186

To RSVP and Register
for Childcare, call
262-521-0317

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