

**Waukesha County Mental Health Center
Mental Health Advisory Committee Meeting (MHAC)
And
Comprehensive Community Service (CCS) Coordinating Committee
November 16, 2015**

Present MHAC Committee: Joan Sternweis, Linda Cole, Helen Prozeller, Brad Haas, Karen McCue, Shannon Hammer, Kathy Mack, Marybeth VanderMale, Danielle Birdeau, Terry Findley, Mary Madden, John Kettler, Laurie Kohler, Shannon Stydahar

Present CCS Committee: Linda Cole, Lisa Hoefer, Robert Lovrien, Marie Umlauf, Mary Bliesner, Tracy Allman

Interested Parties:

Excused: Mary Lodes, Cathy Friend, Angela Hook

Guest(s): Mackenzie Farrell, Lexi Sandoval

1. Call to Order

Mary Madden brought the meeting to order at 1:34 p.m. Introductions were exchanged amongst the committee members present, and a warm welcome extended to the Comprehensive Community Services (CCS) committee members.

2. Educational Segment – Young Adult Pilot Program, Mackenzie Farrell and Lexi Sandoval

Mackenzie Farrell is a Peer Specialist with Lutheran Social Services. Lexi Sandoval is a Peer Specialist with NAMI Waukesha. Farrell and Sandoval have been collaborating with Waukesha County on the Youth and Crisis grant. As part of that grant, a Recreation and Recovery group was formed. The group is comprised of members who are 18-25 years of age and who have a mental health diagnosis who are currently receiving treatment. The hope is to create a fun, relaxed group for individuals experiencing mental illness, make new social connections and grow the support system through engaging activities. Through the Youth and Crisis grant funding, three members of the Recreation and Recovery group attended the Children's Come First Conference in Wisconsin Dells.

Farrell and Sandoval spoke about the Wellness Recovery Action Plan (WRAP) training they attended. WRAP is a living document that a person creates in a number of different ways. It becomes a person's individualized document showing feelings and different triggers of when a person is well, hospital, and medication preferences. A question and answer period followed.

3. Discussion of Unmet Needs for 2017

Cole and Madden discussed and reviewed the eight unmet needs presented to the Health and Human Services Board in 2015 for 2016 funding. The group compiled the following draft list for 2017 funding. Further discussion will continue at the January 2016 meeting.

1. Additional clinic hours and phone hours.

2. 24 hour mobile crisis capacity.
3. Continue array of services to meet medications and support people in the current market of insurance, and access to benefits counseling.
4. Ensure that all contract agencies receive an increase to cover cost of living adjustment, increase staff time for those contracts that are managing the newly imposed documentation standards associated with the CCS services, and increase compliance.
5. Adopt a Peer Specialist training program integrated for mental health and co-occurring mental health and substance abuse. Expand Youth Peer Support.
6. Ongoing education and outreach on Narcan use.
7. To ensure that increased revenue continues to help support the CCS services.
8. Identify opportunities to foster community collaboration to provide ongoing education and outreach regarding mental illness and substance use issues.
9. Extend housing outreach to address the lack of affordable housing options.
10. Clarify with the ADRC the need for resources and support services for the elderly and dementia population.

4. Review and Approval of Minutes

MOTION: Danielle Birdeau moved, second by Helen Prozeller to approve the October 20, 2015 minutes.

5. Sub-Committee Reports

a. Board Report – Mary Lodes

No Report.

b. CCS (Comprehensive Community Services) Coordinating Committee – Danielle Birdeau

Birdeau reported completion of the annual satisfaction survey. Of the 100 individuals eligible to complete the annual satisfaction survey, 57 individuals responded. A more comprehensive review of the survey will be presented at the next CCS committee meeting. No word yet from the State in regards to the RFA submitted to the State for Motivational Interviewing Training. The CCS Committee will review the CCS plan, policy, and procedure manual at an upcoming meeting. New individuals in the Mental Health Outpatient Clinic eligible to provide CCS services include Angela Sadler and Maryam Faterioun.

c. COP (Community Options Program) Report – Danielle Birdeau

Birdeau reported of possible changes to COP in CY2016. Birdeau presented a COP variance on an individual who has received funding since 2011. The individual continues to maintain community placement. Normal COP allotment is \$65.76 a day. This request is for an additional \$100.00 per day for a total amount of \$165.76 per day.

MOTION: Kathy Mack made a motion to approve individual variance request, second by Helen Prozeller. All vote. Approved.

d. Peer Specialist Committee of Waukesha County – Terry Findley

Findley reported on the presentation at the Mental Health and Substance Use Recovery conference in Wisconsin Dells. The presentation was very well received and is scheduled to be presented to the Health and Human Services Board and Committee in early 2016.

e. **CHIPP (Community Health Improvement Progress Programs) Report – Mary Madden**
Madden reported the final report was presented. The new CHIPP initiative will begin in March 2016.

f. **Partnerships for Children’s Mental Health – Laurie Kohler**
Kohler reported the next meeting of the Partnerships will be held on November 18, 2015. The group will hear about what a Wellness Recovery Action Plan (WRAPP) is, and how we can use WRAP plans and Peer Specialists for adolescents going into transition.

5. Old Business

Hold over until the next meeting in 2016

6. New Business

7. Other

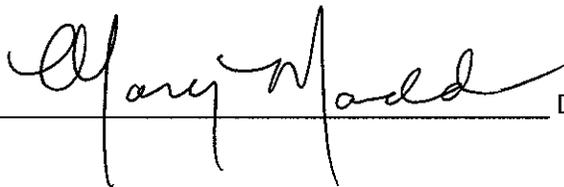
8. Adjourn

Birdeau made a motion, second by Mack to adjourn the meeting at 3:07 p.m.

Respectfully submitted by:

Linda Johnson

Minutes were approved



Date

2/15/16