WAUKESHA COUNTY COMBINED
AODA & MENTAL HEALTH ADVISORY COMMITTEE
TUESDAY, OCTOBER 20, 2015
MINUTES

PRESENT: Rose Barton, Lou Hernandez, Mike O'Brien, Dennis Williams, Pat Miller, John Kettler, Mary Goggins, Kevin Schaefer, Joan Sternweis, David LaMack, Dennis Radloff, Marla Bell, Linda Cole, Cynthia Lilley, Arlene White, Joe Muchka, Laurie Kohler, Mary Lodes, Mary Madden, Danielle Birdeau, Brad Pitt, Helen Prozeller, Laurie McHugh-Badura, Pat Russell

Excused Absence: Lee Wipfli, Jim Aker, Diane Bazylewicz, Colleen Gonzalez, Kathy Mack, Karen McCue

Guest: Debra Farrington, Social Services Director for the Salvation Army, Waukesha.

1. **Call to Order**
   The meeting was called to order at 10:36 a.m: by AODA Co-Chair Hernandez. Introductions amongst the group were exchanged.

2. **Educational Segment** – Winter Shelter Options
   Debra Farrington, Social Services Director for the Salvation Army of Waukesha County discussed winter sheltering options. The winter months begin November 1st. The Salvation Army is the only male shelter in Waukesha, and has the capacity to house thirty-eight men. A new case manager and two full-time house managers have been hired to provide assistance this year. The winter months begin November 1st for the Salvation Army. Over the past couple of years, homelessness among the younger (18 yrs.) and older (70 yrs.) male population has increased tremendously. Additionally, men are coming to the shelter from other municipalities, law enforcement, and from out of state.

   The SSI SSDI Outreach Access and Recovery Program (SOAR) is a program that can expedite the social security process for those who have a disabling mental health or physical condition limiting them from working. The Salvation Army has found the success rate of this program to be good and that no one has been denied disability. Madden mentioned the National Alliance on Mental Illness (NAMI) and the Women's Center in Waukesha have trained case managers who use the SOAR process to help individuals apply for benefits.

   Madden mentioned that Waukesha County is experiencing situations where a person who has utilized resources in one county drive to another county to seek out services. Madden referenced that Milwaukee County has gone to a centralized system of intake, whereby, all inquiries are routed through IMPACT 211. By January 16, 2016, all counties will be required to have a centralized intake system. The Housing Action Coalition in Waukesha County has taken the lead to determine our community's intake system process. For individuals who may be under the influence of a substance, the Salvation Army's standard policy and procedure is to conduct a drug screen and breathalyzer test. If the individual does not pass, they will not be

allowed in the shelter. The only exception to this policy and procedure occurs during the winter months.

Madden spoke of the Projects for Assistance in Transition from Homelessness (PATH) team. The PATH team specifically assists individuals who are homeless or in imminent danger of becoming homeless, and affected by mental illness or co-occurring disorder. The PATH team can be reached by calling the NAMI office at 262-524-8886.

In 2014, Hebron House created the Outside In program to address the needs of homeless men in Waukesha County. The program included a total of 15 beds with case management at Jeremy house lower level, Sienna house shelters, and Hebron house. Additionally, the Waukesha churches provided a rotating warming shelter on the coldest nights. Throughout the coldest winter months, only seven individuals stayed at the warming shelters. In September 2015, Hebron House transitioned the Outside In Program to the Sienna house shelter due to the community needs, demographics, and program wait lists. The Sienna house shelter will dedicate fifteen beds to chronically homeless men, and seven beds at the Jeremy house lower level will be used as a warming center. Confirmation of funding for the seven beds at the Jeremy house lower level is not official to date.

The Waukesha Housing Action Coalition received an award of approximately $9,500.00 in motel vouchers. The coalition is establishing policies and procedures for the use of the vouchers to use in the city of Waukesha on the coldest nights. Madden noted that there is no shelter in Jefferson County, and if an individual should get dropped off from Jefferson County, contact should be made with the Community Action Coalition of Southcentral Wisconsin. In 2016, the Housing Action Coalition will begin transitioning to provide for all homeless services in Waukesha County.

3. **Review and Approval of Minutes**
   MOTION: Mike O'Brien moved, second by Joe Muchka to approve the AODA minutes of September 15, 2015.

   MOTION: Mary Lodes moved, second by Mary Madden to approve the MHAC minutes of September 21, 2015.

4. **HHS Board Liaison Report**
   O'Brien reported the next meeting of the Health and Human Services Board is scheduled for Thursday, November 12, 2015.

5. **HHS Staff Liaison Report**
   The following reports were heard from the Clinical Services Division Outpatient Supervisors. John Kettler reported on the Opiate and Heroin Summit that he attended. The summit was a good experience with a lot of stakeholders present and very well represented. Additionally, Kettler attended the Drug and Alcohol Treatment standards training. Good ideas regarding data collection and software were shared as well as implementing evidence based practices

within the courts, and ideas to improve the implementation by providing more incentives. A subgroup will be formed and meet in December.

A new group for adolescents for substance use treatment began in the Clinical Services Outpatient Clinic. This group is an early intervention type of treatment facilitated by Kris Daul, a dually certified counselor, once a week for 8 weeks.

Danielle Birdeau reported on Comprehensive Community Services (CCS). A full report is provided below under item 6.b.

Laurie Kohler reported on Partnerships for Children's Mental Health. The Wisconsin Act 55 will go into effect on July 1, 2016. This new act mandates that every person that comes to the attention of law enforcement be detained under Chapter 51 or an emergency mental health commitment. It further reads that each individual will need to have a crisis assessment by a mental health professional. This will significantly change the way Waukesha County does business and be challenging based on the size of Waukesha County. Kohler explained this best practice is currently being done with juvenile detentions taken into custody. Over the course of a year; and by having law enforcement access to a clinician, the number of juveniles detained has decreased from 220 to 120. In order to respond to this mandate, Waukesha County needs to have the capacity to be 24/7 with mental health professionals. The Mental Health Outpatient Clinic will be acquiring a new position to expand our clinical staff. Additionally, all clinical therapists within the division are being trained and certified under 34 b which is the certification standard for the state on crisis services.

6. **Sub-Committee Reports**
   a. **Legislative** – *Mary Lodes*
      No report.

   b. **CCS (Comprehensive Community Services) Coordinating Committee** – *Danielle Birdeau*
      Birdeau reported on the changes over the past year with CCS and pursuing the state initiative of CCS regionalization by expanding capacity by two caseloads over the next two years. On September 30, 2015, the benchmark was met with 119 participants in the CCS program. The goal is to help people on the path to recovery as soon as possible. Birdeau noted an increase in referrals with substance use and mental health issues. In July 2015, Homes for Independent Living (HIL) opened a new residential facility to address individuals with mental health and substance use issues. The facility can serve up to five individuals, has an integrated peer specialist onsite, and is located within the city of Waukesha. Waukesha County has partnered with Canin House to address dual diagnosis concerns for young individuals.

      For the Community Support Program (CSP), Birdeau reported that Brad Haas is working on an initiative to help transition individuals who are in a high intensity residential placement outside of Waukesha County. Caseloads in CSP are low so more attention can be provided to individuals with high end needs.

c. **COP** (Community Options Program) Report – *Danielle Birdeau*
No report.

d. **Peer Specialist Committee of Waukesha County** – *Terry Findley*
Cole reported Findley and other Peer Specialists have been busy putting together a presentation that will be presented at the Mental Health and Substance Use Conference on October 21, 2015 in Wisconsin Dells. The Peer Specialists have practiced and presented a couple of times to the Health and Human Services staff that was well received.

Sternweis noted this would be an excellent educational presentation for an upcoming Health and Human Services Board Committee meeting.

e. **CHIPP** (Community Health Improvement Progress Programs) Report – *Mary Madden*
Madden reported all final reports from the Mental Health Advisory Committee have been submitted. The final CHIPP meeting is scheduled for Wednesday, November 11, 2015.

f. **Partnerships for Children's Mental Health** – *Laurie Kohler*
The Partnerships for Children's Mental Health Committee serves as the coordinating committee for the state CST initiative, and as a standing committee providing feedback and education to consumers and community partners. The state CST initiative is a service process that incorporates best practice by providing wrap around service and collaborates with parents to bring a voice, choice, and direction for mental health issues. Waukesha County is in year two of a five year grant for collaborative crisis services for youth. Due to the Children's Come First Conference being held on November 11, 2015 in Wisconsin Dells, the next partnership meeting will move to the following week and be held on November 18, 2015.

7. **Old Business**
This item will be presented at the next Mental Health Advisory Committee meeting. Representation of an elected official is still needed.

8. **New Business**
Lauri McHugh-Badura and Kelly Morgan have outreached to two church parishes in Waukesha County on prescription drug abuse that was aired on March 17, 2015. Over 350 cd's and bracelets of hope were distributed. Additionally, a support group called the Comfort Zone, meets the second Monday at Summit Aurora Hospital. This support group is for those who have lost loved ones due to prescription drug abuse.

9. **Other – Agency Updates**
Radloff noted that tonight, October 20, 2015 at 7:00 p.m., there is an education session on overdose prevention and naloxone training at Waukesha Memorial Hospital education center. Training is open to anyone in the community who wants to be trained and equipped with naloxone.

Schaefer noted that SALS is partnering with Kripa Foundation Iyengar Yoga. This form of yoga is specifically designed to treat addicts. In India, this form of yoga is coordinated with counseling and the twelve step program. A free presentation will be held on Thursday, November 5, 2015 at 7:30 p.m.

Hernandez noted that Rose Barton, WCS, and Joe Muchka, ARC, presented an education and training session to the AODA volunteers. It was well received.

Madden noted the third Crisis Intervention Training (CIT) session will be held on November 9-13, 2015. After completion of the third CIT training, a total of 100 officers will have been trained this year in Waukesha County.

Cole shared a flyer about the Rec and Recovery program. The program is for individuals who have a diagnosis of a mental illness between the ages of 18-25. The group meets on Tuesdays from 5:00 – 7:00 p.m. at various locations.

10. **Adjourn**
Dennis Radloff made a motion, second by Dennis Williams to adjourn the meeting at 11:56 a.m. The next meeting of the AODA Advisory Committee will be Tuesday, November 17, 2015, and the next Mental Health Advisory Committee will be Monday, November 16, 2015.

Respectfully Submitted,
Linda Johnson, Recorder

Minutes were approved Mary Madden Date 11/16/15