

**Waukesha County Mental Health Center
Mental Health Advisory Committee Meeting (MHAC)
September 21, 2015**

Present MHAC Committee: Joan Sternweis, Helen Prozeller, Brad Haas, John Kettler, Mary Lodes, Karen McCue, Kathy Mack, Danielle Birdeau, Linda Cole, Terry Findley, Shannon Hammer, Marybeth VanderMale, Laurie Kohler, Cynthia Lilley

Excused: Mary Madden, Diane Bazylewicz

Guests: Brittany Morris

1. Call to Order

The meeting was called to order at 1:40 p.m. by Vice Chair Cole. Introductions were exchanged amongst the committee members present.

- 2. Educational Segment – Wisconsin Strengthening Treatment Access and Retention-Quality Improvement (STAR-QI) Program.** John Kettler highlighted and shared some of the substance use and mental health issues as reported in the 2014 Substance Abuse and Mental Health Services Administration (SAMSHA) survey. Kettler noted that alcohol and tobacco use has decreased in the adolescent population, the amount of people using e cigarettes, marijuana, and heroin use continues to increase. Kettler read a summary on mental health and co-occurring disorders from the SAMSHA survey.

Kettler spoke about the States Treatment and Retention Quality Initiative (STAR-QI) information that he presented at the annual State conference in September. The STAR-QI is a model and process for improving outcomes in treatment. The survey captured six of the HFS 75.03(20) suggested areas for outcome data including the required areas of living situation, substance use, employee, school, or work activity, and criminal justice system improvement. Kettler discussed the project that Waukesha County Department of Health and Human Services completed over the last year using this model. Information about the services offered at the Clinical Services Division Outpatient Clinic include: Co-occurring Disorders, Individual and Group Psychotherapy, Substance Use Disorder Counseling, Crisis Services, and Onsite Pharmacy to name a few. The STAR-QI team model is to have people from different areas of work solve a problem focused on substance use services that targets all substance abuse patients in our outpatient clinic. Kettler further shared how surveys were administered, the objectives, the different Plan Due Study Act (PDSA) cycles used, lessons learned, and future improvements for staff and the change team. A question and answer period followed.

Educational Segment – Review final reports for the Community Health Improvement Plan Process (CHIPP) – Cole shared information as reported by Madden. An extension of the final report was granted. Madden will write up the information on centralized intake, and additional information on emergency detentions should be forwarded directly to Madden by 12 p.m. on September 22, 2015.

Cole shared information from a few consumers who were interviewed regarding the cost of being the subject of an emergency detention. The final reports will be reviewed in November 2015.

3. Review and Approval of Minutes

MOTION: Lodes moved, second by Mack to approve the minutes of June 15, 2015.

MOTION: Birdeau moved, second by Lodes to approve the minutes of August 17, 2015.

4. Sub-Committee Reports

a. Board Report – Mary Lodes

No report.

b. CCS (Comprehensive Community Services) Coordinating Committee – Danielle Birdeau

Birdeau reported the Comprehensive Community Services committee met prior to today's meeting. The combined CCS committee meeting will be held on November 16, 2015.

Birdeau touched on several items and reviewed accomplishments to date.

- Beginning discussion of unmet needs for 2017.
- Statement of intent to expand CCS regionalization by two caseloads (one caseload is equivalent to 10 individuals). The CCS program gained 20 new individuals, bringing the total to 120 for the 2015 admissions. The goal was completed ahead of schedule. The CCS program does not cover autism. These behavioral challenges may require specialized behavioral interventions. Young adult population range is from 15-25 years of age. Goal will be to create a transitional age program to meet the needs of this population.
- Awaiting response on a request from the state of Wisconsin to engage in motivational interviewing training and implementation project. This would require one time funding.
- Awaiting response on a Request for information (RFI) to vendors seeking services within CCS for the child and adolescent age population. RFI is due September 30, 2015.
- Collection of customer satisfaction surveys. Forty-seven surveys have been returned. ROSI data reported to the state over the next two months.

c. COP (Community Options Program) Report – Danielle Birdeau

No Report.

d. Peer Specialist Committee of Waukesha County – Terry Findley

Findley reported the Peer Specialist Committee of Waukesha County will be providing an informational presentation in October at the Mental Health and Substance Abuse Conference in Wisconsin Dells. The program title is *Certified Peer Specialists: Peer Support – An Evidence-Based Practice*. The presentation will touch on the definition and role of a peer specialist in supporting individuals in mental health recovery, and increase knowledge of peer supports in Wisconsin.

Sternweis recommended that an educational presentation on the integrated peer competencies and how they have been updated for substance use be presented at a future meeting.

e. CHIPP (Community Health Improvement Progress Programs) Report – Mary Madden

Report provided above in Educational Segment.

f. Partnerships for Children's Mental Health – Laurie Kohler

Kohler reported the Partnerships for Children's Mental Health continue to meet the 2nd Wednesday of the month from 4-5:30 p.m. The Center for Suicidal Awareness presented last month on their text support line that went live October 2014. The text support line does not count against an individual's data plan. It is a means for transition age youth who are most comfortable with texting versus a phone call.

Kohler will schedule a speaker panel for the October meeting to discuss mental health services in the school system. Through the collaborative youth crisis services grant, a flyer about the Recreational and Recovery (R&R) group was shared. The R&R group is one of the piloted projects coordinated with National Alliance on Mental Illness (NAMI) and Lutheran Social Services (LSS). Additionally, two young peer specialists, one from Friendships, and one from NAMI, are certified in Wellness Recovery Action Plan (WRAP). The new wellness and recovery action program directed specifically for youth, 18-25 years of age, will be held in fall 2015 and spring 2016.

5. Old Business

Birdeau proposed that John Kettler be added as a voting member of the Mental Health Advisory committee. The committee will discuss further in October.

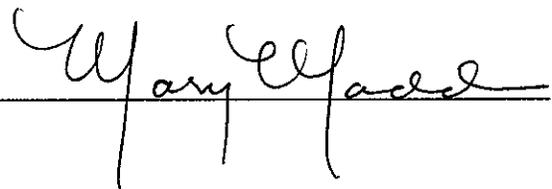
6. New Business

7. Adjourn

Kathy Mack made a motion, second by Helen Prozeller to adjourn the meeting at 3:10 p.m. The next meeting will be a combined meeting with the AODA Advisory Committee on Tuesday, October 20, 2015, 10:30 a.m. – 12:00 p.m.

Respectfully submitted by:

Linda Johnson

Minutes were approved  Date 10/20/15