

CHILDREN AND FAMILY SERVICES ADVISORY COMMITTEE
JULY 16, 2015
MINUTES

PRESENT: Sara Barron, Laura Cherone, Eden Christman, Pam Groh, Barbara Holtz, Missy Kueht-Becker, Sarah Matson, Tiffany Meredith, Joe Muchka, Ron Pupp, John Schiraj, Karen Villarreal, Carl Vitense, Mary Wittwer

STAFF PRESENT: Bobbi Borchardt, Esther Jensen, Laurie Kohler, Kathy Mullooly, Lisa Roberts, Peter Slesar

APPROVAL OF MINUTES OF THE JUNE 18, 2015 MEETING

Ron Pupp called the meeting to order at 8:33 a.m.

A motion was made by Joe Muchka, seconded by Karen Villarreal, to approve the minutes of the June 18, 2015 meeting.

SPECIAL SERVICES ADVISORY COMMITTEE

Lisa Roberts stated the SSAC is updating the parent survey. There are some significant changes happening at the State level in regard to the autism waiver and it remains to be seen what the overall impact will be. Some intensive services will become Medicaid card services vs. coming through the county waiver allocation. The same with the Family Support Program. The State is looking at broadening the scope of that and making it more of a children's COP program. It's a change in the funding source and how the State is overseeing the funding. Now there is a cap in Family Support of \$3,000 in funding per family, and that might not continue in the future. Roberts doesn't believe that the amount of funding allocated from the State will change. So, Waukesha County will not likely change the way that it distributes the funds. As the changes come through, they will be processed through the advisory committee.

MISCELLANIOUS

The nominating committee was discussed.

Pupp asked members to consider issues segments topics for the 2016 meetings. Roberts suggested a report regarding the Breakthrough Series Collaborative (BSC), a year long program involving nine teams from across the country. Waukesha is on one of the teams, and the only one in Wisconsin, looking into how to do CANS (Child and Adolescent Needs Assessment) tool, trauma and child welfare, and how to meaningfully engage families. This would be a topic for January, 2016, after their last learning session, which is in December, 2015.

Pam Groh suggested a segment on truancy and medical excuses. How to deal with families believed to be misusing the medical system and keeping their children out of school. Slesar added that HHS is seeing more young truants. About 18% of truancy referrals this year are under age ten. There is also a child protection element in terms of the chaotic and, in the broad definition of the word, neglectful households where families don't have organization or a routine. Kathy Duffek said at Parent's Place they have a lot of parents calling about children

with anxiety starting at an early age. Parent's Place has offered several programs for children with anxiety and there are a number of them beginning in fall. Many times this anxiety is related to trauma. Slesar explained the truancy workgroup which involves the court, HHS, and the schools. Last fall there was a truancy workshop. The Adolescent and Family Division of HHS has been tracking truants' interventions over the years and that data could be shared as to the effectiveness.

Pam Groh also suggested the topic of the Drug Free Coalition and their goals. Joe Muchka talked about a pilot program called "We're not buying it" which is a middle school AODA prevention program. They are piloting it with the Salvation Army at a couple of summer camps and then in September at Parent's Place. They also have a major outreach presentation to the Arrowhead School System in August to introduce this to the incoming freshmen. Research indicates that the age of first use is around ten or eleven years old and so they are introducing a program to help with that prevention. The other matter that may be of interest is in about February or March, 2016 they hope to have the SCAODA (State Council on Alcohol and other Drug Abuse) marijuana report out and it would be appropriate to share some of the recommendations that come from that. The two topics could be presented in May.

Missy Kueht-Becker suggested inviting the new County Executive Paul Farrow to the November CAFSAC agency sharing meeting.

Kathy Mullooly reports on the Safe and Stable Families funding in October.

Esther Jensen offered to report on Public Health Services and give an update on the CHIPP.

Barb Holtz suggested giving an overview of the Birth to 3 pilot program called FAST for Infants and Toddlers. FAST is Families and Schools Together. It aims to get young parents with a support person from a generation above them and their child to support one another. The first pilot ran from April 14 to June 2 and it was successful. Hopefully there will be funding to do another session in the fall and another in 2016. She talked about the five families who participated in the pilot, their interesting dynamics and their successes. This would be for a June presentation (if Department of Children and Families funding is available for the next two sessions.)

The summer opportunities topic will be on the agenda earlier next year; in February which would be timely for March signup deadlines

Pam Groh suggested an update in May on the 40 developmental assets committee with the Drug Free Coalition which she is on with Kathy Duffek.

Laura Cherone asked if there is interest in an update on infusing mental health and trauma sensitive practices into the school district. This was agreed to be presented in January along with the Breakthrough Series Collaborative (BSC).

Laurie Kohler just finished the first year of five of the state's collaborative crisis services for youth program. She can give an update in July. Kohler piloted services to reach out and connect with youth in crisis, including funding in the use of younger peer specialists through LSS and NAMI Waukesha. They are funding a train the trainer program to help youth and families create

WRAP plans (wellness recovery plans). Also a R&R group (recovery and recreation) starting with the 18 to 24 age range, and dropping down to accommodate the 15 to 18 year olds. This is a social group for youth identifying with mental health issues, not a treatment group. This is an opportunity for youth to connect and have peer support with people who have lived experience in supervised activities. They will also be working with Oconomowoc School District on an anti-stigma campaign, bringing a peer specialist into the high school to facilitate groups. Connections have been made with WCTC to beef up peer support on their campus and work with how to access college students who may be presenting with first episode psychosis or suicidal behavior.

COORDINATED SERVICES TEAM (CST)

Laurie Kohler, reported the CST has not been getting many referrals. They will do some outreach. Usually the bulk of referrals come from schools and schools are out for the summer. The CST is a process, not a program, which the State has pushed out to every county. They use the CANS just as child welfare does. This is a process for families that are involved in multiple systems, bringing all service providers together and coordinating with the family. It's an opportunity for everyone to connect and talk about how to support one another towards the families' goals. This is a voluntary model and it is difficult to get buy-in from families. They have to work on presenting how this is a benefit, to encourage families to participate. Kohler's division is working on developing services for children and youth, including the expansion of Comprehensive Community Service, crisis program and services for youth in crisis. Kohler explained the criteria so that if there are any families known to the CAFSAC members, they can be referred. The process is for any child involved in multiple systems of care and a family who wants to create a collaborative team approach. It's for a child who's at risk for out of home placement. Kueht-Becker asked if this could coordinate with the truancy piece previously discussed and Kohler said it could. Kohler further explained that when they see this model working well, is when there has been an identified problem area being focused on, like truancy. Esther Jensen asked at what point in the process are families notified of the availability of CST. Kohler stated that case managers or social workers identify families that this could benefit. Sometimes families feel overwhelmed and decide they don't need another person involved in their lives. The model puts the parent in the drivers' seat. Kathy Duffek, Parent's Place, asked for a flyer or something in writing that they could share with families. Kohler stated it is a unique process wherein they do have some requirements, i.e. CANS, and there is data and outcome reporting required by the State because it is a State initiative involving grant funding. Kohler will bring handouts and talk more about this at the September CAFSAC meeting. Kohler explained the model typically used is that there is a staff person who does outreach and a screening, and talks with the family about whether this is a good fit for them. There is a level of commitment families need to make in this process.

ANNOUNCEMENTS

Kathy Duffek announced that Parent's Place is running a seven week program, a collaborative effort with the youth and families, for pre-teen and older, every Monday in September and October. The "We're not buying it" piece will be presented by the Drug Free Coalition on September 28.

Laura Cherone stated that one of the Family Services therapists is starting a therapy/support group, \$25.00 per group, for people who have lost a loved one due to addiction.

Barbara Holtz talked about work she and Kathy Duffek are currently involved in. It's a nine-week program in the area of parenting the very early years, zero to five years old, including child development, brain development, playing, discipline, etc. There are nine different child development topics for each of the nine weeks. Duffek commented that this grew out of consumer demand for this type of program.

On behalf of Zachariah's Acres, Missy Kueht-Becker announced upcoming events. The Run, Walk and Roll is in October which is a 5K surrounded by their harvest event for families with children with special needs. A fundraiser for the beer lovers, Charitable Hops, is a tasting event on October 17 at the Dousman Community Center. Check the event calendar on their website, www.zachariahsacres.org

United Way has put Born Learning Trails into ten Waukesha County parks. Some are being updated at this time. The first Born Learning Trail in Milwaukee County is planned for Hart Park in Wauwatosa.

Laura Cherone announced that Family Services of Waukesha Care Center has a fundraiser called Ride Because You Care on August 22. It starts at Hal's Harley Davidson and ends at Quaker Steak and Lube in New Berlin with food and entertainment.

Esther Jensen shared information from a vendor, Mobile Medical Specialists. They provide medical services in the home. There is a physician on call, nurse practitioners, medical assistants, a doctor 24/7, and transportation services that can be billed to Medicaid/Medicare, as well as private insurance. It's not just for seniors, but for anybody in need of these services. The phone number is 262-691-1000.

ADJOURNMENT

Barb Holtz motioned to adjourn, seconded by Missy Kueht-Becker at 9:38 a.m.

NEXT MEETING

The next meeting is scheduled for September 17, 2015 in Room 271 of the Health and Human Services Center Building, 514 Riverview Ave.

9-17-15

APPROVED