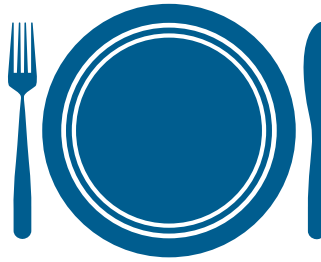


My Meal, My Way



WAUKESHA COUNTY SENIOR NUTRITION DINING SITE

“the” Kitchen restaurant - N64W23316 Main St, Sussex, WI 53089

Every Tuesday 10AM-1PM

No reservation required

- All adults age 60+ are welcome.
- Suggested minimum contribution is \$5.00. Your contribution is appreciated.
 - No eligible person will be turned away for an inability to contribute.
- Meal cost paid by Waukesha County Senior Nutrition Program, inclusive of tip
- If someone under age 60 is joining you, they will order from the standard menu and pay separately.

HOW IT WORKS

- 1** Sign in with **My Meal, My Way** program staff.
- 2** Place your contribution in the **My Meal, My Way** contribution box.
- 3** Staff will give you a **My Meal, My Way** menu.
- 4** Staff will come to your table to take your order.





My Meal, My Way MENU



BREAKFAST

All breakfast meals come with your choice of potato (kitchen potatoes or hashbrowns) and a fruit cup or small juice

#1 Cheese Omelet

Two egg omelet with cheese, one piece of toast (choice of bread)

#2 Scrambler

Two eggs scrambled with cheese, sausage, mushroom & onion, one piece of toast

#3 Small Breakfast

Two eggs (your way), one small pancake, one sausage link or three slices of bacon

#4 Breakfast Sandwich

Choice of toast, bagel or an english muffin with one egg (your way) and cheese, choose one sausage link, one slice of spam or three slices of bacon

#5 Biscuits & Gravy

One biscuit with sausage gravy, one egg (your way)

LUNCH

All lunch meals come with your choice of a fruit cup or small juice, and a small ice cream

#6 The Daily Special

Choice of hamburger, cheeseburger (choice of cheese), or chicken breast on a bun, includes lettuce, tomato, and onion. Served with french fries

#7 Soup & Half Sandwich

Choice of tuna salad with lettuce, tomato, and onion on the side, egg salad with lettuce, tomato, and onion on the side, or grilled ham and cheese on your choice of bread. Served with a cup of the soup of the day, and choice of potato

#8 Quesadilla (half)

Flour tortilla with your choice of cheese, chicken or brisket, served with lettuce, tomato, and sour cream

#9 Soup and Salad with Chicken

Cup of the soup of the day with crackers, a side salad with greens, tomato, onion, cheese, grilled chicken and your choice of dressing

#10 Half Sandwich Meal

Choice of club sandwich with ham, grilled chicken and bacon topped with lettuce, tomato and mayo, on your choice of bread, reuben with corned beef, swiss cheese, sauerkraut and thousand island on rye bread, or spam sandwich topped with cheese, lettuce and onion, on your choice of bread. Served with your choice of potato

Choice of Toast/Bread (Sourdough/White/Wheat/Rye)
Choice of Cheese (Cheddar/American/Swiss/Pepper Jack)
Lunch potato choices (Chips, Fries, Kitchen Potatoes, Mashed Potatoes & Gravy)
Coffee or 2% milk offered with every meal

NO SUBSTITUTIONS