

Fruit Faces on Whole Wheat Bread

Ingredients (makes 1 serving)

- 1 slice Whole Wheat Bread
- 1 Tablespoon Sun Butter (or peanut butter)
- 1/2 Banana (and/or other fruit, cut in pieces)

Directions

1. Spread Sun Butter (or peanut butter)
on whole wheat bread.
2. Top with banana slices and/or other pieces of fruit.
Create a happy face (or a design) with the pieces of fruit.
3. Smile back at the happy face or design you created 😊 Enjoy!

Nutrition Information- Per serving

Calories	322	Total Sugars	11.8g	Sodium	253g
Protein	11.3g	Total Fat	17.1g	Cholesterol	0mg
Carbohydrate	32g	Saturated Fat	2.3g	Fiber	7.4g



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