



## Waukesha County

### *Department of Health and Human Services*

#### **Whoop it away!**

If you've ever heard the "whooping" sound of someone afflicted with whooping cough, or pertussis, you may already know how it can be a problematic disease. We often think of babies and children being more prone to these kinds of diseases, but adults can be susceptible as well.



In recent years, there have been many outbreaks and cases of pertussis within our community. Pertussis is a serious contagious disease caused by bacteria, and it is spread through the air by coughing and sneezing. It is commonly referred to as "whooping cough" because of the "whoop" that is heard when a person who has it gasps for breath.

So – how can you protect yourself from this? Adults (and grandparents!) need to get the **Tdap** vaccine to protect themselves and their children, grandchildren, friends or family with whom they may be in contact.

You can usually receive your Tdap vaccine through your primary doctor. The cost of the vaccine is often covered by insurance. The Waukesha County Public Health Center also offers the Tdap vaccine at our Walk-in clinic, which is open Monday, Wednesday, Thursday and Friday from 8:00am to 4:15pm and Tuesday from 10:30am to 6:30pm.

Why not get your Tdap vaccine today? If you have any questions regarding pertussis or the Tdap vaccine, please call the Waukesha County Public Health Center at (262) 896-8430.