Waukesha County Children with Special Needs COVID-19
Resource Newsletter – Issue #9


Hello! To our fantastic Waukesha County Children’s Long Term Support Waiver families!

During this trying time of uncertainty for many children and families, the Children with Special Needs Unit is pleased to provide you with additional resources on a variety of topics over the next few weeks.  We know that for many families, our worlds have been turned upside down and our daily routines have been impacted greatly.  We hope that you find a few of these resources helpful, as we all walk through uncharted territories.

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**Notes from the Children with Special Needs Programs:**

* During this COVID-19 pandemic, the Wisconsin Department of Health Service – Bureau of Children’s Services has received an allowance to the CLTS Waiver program to allow additional flexibilities to support families.  If a provider is not available to provide the needed service in your home or if you are not comfortable with a provider being in your home, and therefore the service is not occurring, it can be authorized that a parent can be paid to provide any service they are qualified for and that meets your child’s Outcomes and current needs.  This allowance has been authorized during the pandemic for a 60-day period with the possibility of an extension for up to 120 days.  If this is something that you feel would benefit your child and family, please reach out to your Service Coordinator.
* **We are looking for your feedback in regards to this newsletter!  Please complete this 1-minute survey:** [**https://www.surveymonkey.com/r/NTWFRWS**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveymonkey.com%2Fr%2FNTWFRWS&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212806228&sdata=NDw0%2B7bLIyOBaqnFJbwa86gcG84JLlVUFcxM2x29eig%3D&reserved=0)
* Please reach out to your Waukesha County Service Coordinator with any resource requests or increased support that you need at this time.
* Service Coordinators are continuing to work remotely.   Please remember, they are calling you via cell phones that have blocked or restricted numbers.   Therefore, it could show up as “Unknown caller” or “Restricted”.   Please check your voicemails, as it is likely that you have been left a voicemail message.

**School at Home Resources:**

* [Hippo Campus](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.hippocampus.org%2F&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212816181&sdata=VoLBx%2FSoEMW%2FDpsQfHY9rO%2BnAqUDakVevn2lIE0bdJg%3D&reserved=0) - Explore over 7000 free videos in 13 academic subject areas. You can create a free account and create customized playlists too.
* [History for Kids](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.historyforkids.net%2F&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212816181&sdata=6oLaWsGZtHsCyIiNHipZ1zjOIIRL%2F%2FjD002lOsUBmDY%3D&reserved=0) - Free online history network. Games, worksheets, articles, and quizzes.
* [NASA](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nasa.gov%2F&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212816181&sdata=FM18DPhL77lYyq4XMqiYYE5u%2Fr%2FpomihGHfueTYlE7w%3D&reserved=0) - Explore NASA’s online activities, e-books, podcasts, and other content. NASA has made their entire collection of images, sounds, and video available and publicly searchable online. It’s 140,000 photos and other resources available for you to see, or even download and use it any way you like.
* [Best Typing and Keyboarding Websites](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.commonsense.org%2Feducation%2Farticles%2Fthe-best-typing-and-keyboarding-websites-for-classrooms%3Fj%3D7762114%26sfmc_sub%3D200789615%26l%3D2048712_HTML%26u%3D145427654%26mid%3D6409703%26jb%3D494%26utm_source%3Dedu_nl_20200428%26utm_medium%3Demail&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212826134&sdata=fTMyNTgxbfV02F25wBYMNiGLRGouJSH9aswrsKZqROE%3D&reserved=0) - After dozens of hours testing typing programs, here are some recommended websites for students.
* [National Geographic Kids](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fkids.nationalgeographic.com%2F&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212826134&sdata=8y6YouaCE%2FHJp6y0FFmkGzux7EOgUvT%2BSa2p9%2B9vlTI%3D&reserved=0) - Free brain boosters, quizzes, online games, puzzles, videos, and more!
* [Learning Plans for Children K-2](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.commonsense.org%2Feducation%2Farticles%2Ffree-distance-learning-plans-for-k-2-students-and-their-families%3Fj%3D7762114%26sfmc_sub%3D200789615%26l%3D2048712_HTML%26u%3D145427656%26mid%3D6409703%26jb%3D494%26utm_source%3Dedu_nl_20200428%26utm_medium%3Demail&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212836104&sdata=%2FF3iLo7%2FeO58EfKnBjU6LSwTmlFM1EcMPIC33F6j%2F2U%3D&reserved=0) - Help kick-start learning at home with these easy-to-use, customizable packets. Now in English and Spanish!
* [Support Students Who Think and Learn Differently](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.commonsense.org%2Feducation%2Farticles%2F4-best-practices-for-distance-learning-to-support-students-who-learn-and-think-differently%3Fj%3D7784167%26sfmc_sub%3D200789615%26l%3D2048712_HTML%26u%3D146199150%26mid%3D6409703%26jb%3D493%26utm_source%3Dedu_nl_20200512%26utm_medium%3Demail&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212836104&sdata=%2F71Wky74Ng6Hxble4ZHakO6PzS4L5cPdBMdK%2FhAPyYM%3D&reserved=0) - Four distance learning practices that meet your students' diverse needs with these tips, tools, and strategies.

**Keeping Youth Busy:**

* [Milwaukee Public Museum](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.mpm.edu%2Fdiscover&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212846059&sdata=e%2FSYyOEqpSz5kjeqOPinz6sj1hSzWaLASu1iOZibJbk%3D&reserved=0) - Stay connected with MPM via their weekly newsletter - fun activities, engaging stories, and unique content delivered right to you. Issues are emailed every Wednesday.
* [Memphis Zoo](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.memphiszoo.org%2Fanimal-cams%3Futm_source%3DAdwords%26utm_medium%3Dcpc%26utm_campaign%3DNationwide%26utm_term%3D%252Bzoo%2520%252Bwebcams%26utm_content%3D345420843092%26device%3Dc%26matchtype%3Db%26placement%3D%26copy%3D%255bname%255d%26random%3D2358761938252933237%26gclid%3DCj0KCQjw-_j1BRDkARIsAJcfmTGL1GhpI3wMM4pwHYSU0Fx4UbSG8-pbyjdIRI6AL9L830uYLP1a7OQaAkArEALw_wcB&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212846059&sdata=LOi3yidlGc%2FvCR%2BVMf%2B23PwughAoOMffen23DJ%2FYqlE%3D&reserved=0) - Bring the zoo to you! Memphis zoo is offering free live videos of some of their animals.

**Spending Time Together:**

* [Science Experiments Using Household Stuff](•%09https:/mommypoppins.com/kids/50-easy-%20science-experiments-for-kids-fun-educational%20-activities-using-household-stuff) - These 63 science experiments for kids are super-easy and a lot of fun to boot, as kids are exposed to a wide variety of scientific concepts. A great way to spend quality time together as a family.

**Parent Help:**

* [Screen Time During the Coronavirus Crisis](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchildmind.org%2Farticle%2Fscreen-time-during-the-coronavirus-crisis%2F&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212856014&sdata=6FNuSQCX70FREp1WaprrzC2vdl94hXK5CIOu3K5jsFY%3D&reserved=0) - What limits are appropriate when kids are stuck at home?  Tips on children’s access to electronics while being in quarantine.
* [How single parents are dealing with isolation](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.abc.net.au%2Flife%2Fsingle-parents-during-coronavirus-isolation%2F12137690&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212856014&sdata=nL7WDaJXc8stq7VRugn7WlgqZN1Cj1x3KL7UwO0Hbg4%3D&reserved=0) - Julia Hasche mentors single parents and says what they don't need is your judgment while social distancing.  She is a single mom who has no choice but to take her seven-year-old daughter grocery shopping in the midst of the coronavirus pandemic.

**Mental Wellness:**

* [A Guide to Sources of Support During COVID-19 For People Living With Mental Health and Substance Use Concerns](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dhs.wisconsin.gov%2Fpublications%2Fp02670.pdf&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212856014&sdata=sClFyh4rGZeRzbXVB%2FkM3H1F1XqTI1zBK3BgQw5kTvg%3D&reserved=0) – List of specialized support programs and contact information that offer culturally appropriate care and support to people with mental and behavioral health challenges.
* [Apps to Help with Mental Health](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.commonsensemedia.org%2Flists%2Fapps-to-help-with-mental-health&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212865973&sdata=YsUPPszUe1sJXX5E9X7Kyj5TgD7qPdUwsiayj4Hekg4%3D&reserved=0) - Promote positivity and support emotional well-being with these mental health and mindfulness apps for all ages!
* [Books That Feature Characters Dealing with Mental Illness](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.commonsensemedia.org%2Flists%2Fbooks-that-feature-characters-dealing-with-mental-illness%3Fj%3D7790763%26sfmc_sub%3D200789615%26l%3D2048712_HTML%26u%3D146384087%26mid%3D6409703%26jb%3D503%26utm_source%3Dmedia_nl_20200515%26utm_medium%3Demail&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212865973&sdata=wZ%2BX%2BwCnTalT%2FzNLozpxfotdPzk3SqOoioErZZJRwgY%3D&reserved=0) - Check out these multilayered novels and memoirs that explore the struggles of young people and their friends, siblings, or parents who suffer from anxiety, depression, obsessive-compulsive disorder (OCD), agoraphobia, an eating disorder, schizophrenia, bipolar disorder, hypochondria, and other illnesses.  And you might also want to take a look at the list of [Books with Characters Who Have Physical Disabilities](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.commonsensemedia.org%2Flists%2Fbooks-with-characters-who-have-physical-disabilities&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212875927&sdata=JxhEsaCwWgKS3qd32VsCdZgPHF%2Bc8JB3JzECbd9FioY%3D&reserved=0).

**Safer At Home:**

* [Center for Disease Control & Prevention](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Findex.html&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212875927&sdata=%2Fv8Zr9gh0n5J8CyR3hBIz3uiNlYiWQxyojwPQVmyXOo%3D&reserved=0) – How to protect yourself, what to do if you are sick, guidance about COVID-19, how to keep communities safe and the latest updates nationally.
* [COVID-19: The Badger Bounce Back](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dhs.wisconsin.gov%2Fcovid-19%2Fprepare.htm&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212885883&sdata=Y3dppjTY5qRmKLkNffrvPVmgNGbdmyxSWcXd51ElpII%3D&reserved=0) - The Badger Bounce Back is Wisconsin’s plan to decrease COVID-19 cases and deaths to a low level and increase capacity in our health care system.
* [WI Department of Children and Families Safer At Home Resources](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdcf.wisconsin.gov%2Fcovid-19%2Fresources&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212885883&sdata=zoDoBDvl3uK6QTbxBbLHIkZ%2FoBblUPVHiDkAq%2F4p1mI%3D&reserved=0) – Resources include information to support a variety of needs for families staying Safer at Home and gets updated weekly.

**Stay current with the response by Waukesha County to COVID-19 at**: [https://www.waukeshacounty.gov/COVID19](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.waukeshacounty.gov%2FCOVID19&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212885883&sdata=jS%2FVPajf5voafpTvuDoyQHdTSdTmJnXlku%2Fc07SY19E%3D&reserved=0)

**Copies of these Newsletters can be found on Waukesha County’s Webpage at:** [https://www.waukeshacounty.gov/HealthAndHumanServices/child-and-family-services/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.waukeshacounty.gov%2FHealthAndHumanServices%2Fchild-and-family-services%2F&data=02%7C01%7CEZellmer%40waukeshacounty.gov%7C6611175025ce41564f0e08d7fda958ed%7Ce73e7aacbf234753b33df405529c3fb6%7C0%7C0%7C637256776212895839&sdata=OrdJXUWiWSwKzHLyqsMLfyWF2yW0o%2BiEiWnNMuujlPo%3D&reserved=0)

If you have additional needs during this time, please do not hesitate to reach out to your assigned Service Coordinator.  If you do not have an assigned Service Coordinator – you can reach out to Erin Zellmer: [ezellmer@waukeshacounty.gov](mailto:ezellmer@waukeshacounty.gov)

Continue to practice social distancing.  Stay well.