



**AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY
SENIOR DINING AND MEALS ON WHEELS MENU APRIL 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Yankee Pot Roast Parslied Quartered Potatoes Peas & Carrots Sourdough Bread/Butter Fresh Banana Raspberry Sherbet Alt. Fruited Yogurt	Meatloaf w/ Onion Gravy Mashed Potatoes w/ Gravy Lemon Carrots and Rutabaga Italian Bread / Butter Fruit Salad	St. Louis Style BBQ Pork Ribs Baby Reds w/ butter Coleslaw Pear Half Crusty Roll / Butter Peach Cobbler Alt. Fresh Fruit	Sweet & Sour Chicken w/ Pineapple, Green Peppers and Onions Brown Rice Oriental Blend Veg Pineapple Tidbits Almond Cookie Alt. Sugar Free Cookie	Pub Burger on Onion Roll w/ Provolone Ketchup / Mustard Double Baked Potato Casserole Honey Glazed Carrots Apricots
8	9	10	11	12
Swedish Meatballs Mashed Potatoes w/ gravy Harvard Beets Banana Dinner Roll w/ butter Rice Krispies Treat Alt. Fruit	Chili Mac Sweet Green Peas Wax Beans Tropical Fruit Cocktail Multigrain Bread w/ butter Snickerdoodle Cookie Alt. Fresh Orange	Celebrating our Volunteers! Roasted Turkey w/gravy Mashed Sweet Potatoes w/ butter 5-Way Mixed Vegetable Crusty Roll w/ Butter Melon Wedge Apple Pie Alt. Fresh Apple	Pork Cutlet Egg Noodles with Pork Gravy Peas and Carrots Mixed Salad w/dressing Wheat Bread w/ butter Cinnamon Applesauce	Vegetarian Lasagna Romaine Salad with tomatoes & cucumbers French Dressing Bread Stick W/Butter Peach Half Butterscotch Pudding Alt. Diet Pudding
15	16	17	18	19
Chicken Cordon Bleu Hash Brown Casserole Buttered Sweet Corn Dinner Roll w/ butter Fruit Cocktail Frosted Brownie Alt. Sugar Free Cookie	Shepherd's Pie Carrot Coins English Muffin w/ butter Mandarin Oranges Vanilla Pudding	Baked Chicken on bone Creamy Mushroom Wild Rice Oriental Blend Veg Romaine Salad w/ Ranch Dressing Rye bread w/ butter Fresh Fruit	Chicago Style Hot Dog on Poppy Seed Bun Ketchup, Mustard, Relish, Diced Onions Calico Beans American Potato Salad Banana	Macaroni and Cheese Green Beans Cottage Cheese Cup Broccoli Salad 5-Grain Bread w/ Butter Pear Half
22	23	24	25	26
Easter Lunch Oven Baked Ham Scalloped Potatoes Peas and Carrots Italian Bread Pineapple Slices Sugar Cookie Alt. Sugar Free Cookie	Apricot Chicken Breast Mashed Potatoes w/ Gravy Cook's Choice Veg Spiced Apple Rings Chocolate Chip Cookie Alt. Fresh Fruit	Earth Day (2 days later) 3-Bean Vegetarian Chili W/ onions and crackers Marinated Vegetable Salad Corn Bread Muffin w/ butter Cranberry Compote	Whole Wheat Spaghetti with Italian Sausage Spaghetti Sauce Italian Blend Vegetables Romaine Salad w/ Italian Dressing Italian Bread / Butter Peaches	Chicken Caesar Salad w/ Croutons, parmesan cheese and Caesar dressing Tomato & Onion Salad Potato Roll / Butter Seasonal Fresh Fruit
29	30			
BBQ Pulled Pork on Wheat Bun Creamy Coleslaw Potato Salad Pear Half Oatmeal Raisin Cookie Alt. Raisins	Chilled Roast Beef Sandwich w/ cheese, lettuce, tomato & mayo packet Sheboygan hard roll Beet & Onion Salad Vegetable Pasta salad Watermelon			

SENIOR DINING AND MEALS ON WHEELS MENU MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Salad on Croissant with Lettuce and Tomato Tomato & Onion Salad Fruit Cocktail Iced Brownie Alt: Banana	Swedish Meatballs over Buttered Egg Noodles Green Beans Peas and Carrots Multigrain roll / Butter Grapes	Open-faced Hot Turkey Sandwich with gravy on Wheat Mashed and Gravy Spinach Salad w/ Dressing Banana
6	7	8	9	10
Breakfast Omelet with Cheese Sauce Sausage Patty Breakfast Potatoes w/Green Peppers & Onions Ketchup pkt Fresh Orange Wheat bread / butter	Stuffed Cabbage Roll Mashed Potatoes and Gravy Dilled Baby Carrots 7-Grain Bread / Butter Sliced Peaches	Cinco de Mayo on Ocho de Mayo Chicken Fajitas w/peppers and onions Spanish Rice Refried Beans Pineapple Slices Churro	Chicken Pasta Salad Marinated Vegetable Salad Melon Wedge Blueberry Muffin / butter	Pork Cutlet Hashbrown Casserole Coleslaw Sliced Peaches Crusty Roll / Butter Frosted Cake Alt. Fresh Fruit

PLEASE NOTE: MENU MAY BE SUBJECT TO CHANGE WITHOUT NOTICE; 1% MILK INCLUDED; ALT= LOW SUGAR ALTERNATIVE

<p align="right">Reservations are required at least ONE BUSINESS DAY in advance. Call the center where you will eat between 10:30 a.m. - 1:00 p.m. on days that site is open for a reservation, or call the office at 262-548-7826, Monday - Friday, before 1:00pm.</p> <p align="right">Visit our website at: www.waukeshacounty.gov</p>	<p>BROOKFIELD Brookfield Community Center 2000 North Calhoun Road PHONE: (262) 782-1636 OPEN: Monday thru Friday</p>	<p>BUTLER Hampton Regency Apartments 12999 Hampton Avenue PHONE: (262) 783-5506 OPEN: Monday thru Friday</p>	<p>HARTLAND Breezewood Village Apartments 400 Sunnyslope Drive PHONE: (262) 367-5689 OPEN: Mon., Wed. & Fri.</p>	<p>MEMONONEE FALLS Menomonee Falls Community Ctr W152 N8645 Margaret Road PHONE: (262) 251-3406 OPEN: Monday thru Friday</p>	<p>MUKWONAGO - VERNON Birchrock Apartments 280 Birchrock Way Mukwonago, WI PHONE: (262) 363-4458 OPEN: Mon, Tues, Wed, Thur.</p>
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