COFFEE
TEA &
TALK

WHEN:
First Tuesday of each month
10 am - 11 am

WHERE:
Waukesha County Health &
Human Services - Room 114
514 Riverview Road, Waukesha

FEATURING:
COMPLIMENTARY COFFEE, TEA and TREATS
MONTHLY HEALTH TOPICS PRESENTED BY EXPERTS
TIME FOR QUESTIONS AND ANSWERS
OPPORTUNITY TO BUILD RELATIONSHIPS
HOW CAN THE ADRC HELP YOU?

SEATING IS LIMITED: RESERVATIONS REQUIRED
CALL LEE: (262) 548 - 7848

FOR
OLDER ADULT LEARNERS

NOVEMBER 7
Experts in Arthritis
Developed by the US Bone & Joint Initiative for people with arthritis and those who care for them.

DECEMBER 5
Health Care
Power of Attorney
It is never too late to talk about end-of-life care and your personal wishes. Holiday gatherings are opportunities to talk about your wishes.

JANUARY 2
Fit to a T
Developed by the US Bone & Joint Initiative for people with Osteoporosis and those who care for them. “What is your risk of developing Osteoporosis?”