

COFFEE TEA & TALK

WHEN:

First Tuesday of each month
10 am - 11 am

WHERE:

Waukesha County Health &
Human Services -Room 114

514 Riverview Road, Waukesha

FEATURING :

COMPLIMENTARY COFFEE, TEA and TREATS
MONTHLY HEALTH TOPICS PRESENTED BY EXPERTS
TIME FOR QUESTIONS AND ANSWERS
OPPORTUNITY TO BUILD RELATIONSHIPS
HOW CAN THE ADRC HELP YOU ?

SEATING IS LIMITED: RESERVATIONS
REQUIRED

CALL LEE: (262) 548 - 7848

FOR OLDER ADULT LEARNERS

NOVEMBER 7 Experts in Arthritis

Developed by the US Bone & Joint Initiative for people with arthritis and those who care for them.

DECEMBER 5 Health Care Power of Attorney

It is never too late to talk about end-of-life care and your personal wishes. Holiday gatherings are opportunities to talk about your wishes.

JANUARY 2 Fit to a T

Developed by the US Bone & Joint Initiative for people with Osteoporosis and those who care for them. "What is your risk of developing Osteoporosis?"

