AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY SENIOR DINING AND MEALS ON WHEELS MENU **JANUARY 2024**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| 1 | 2 | 3 | 4 | 5 |
| NEW YEAR'S DAY PROGRAM CLOSED | PROGRAM CLOSED | Sweet & Sour Chicken w/green & red peppers Brown Rice Oriental Vegetables Mandarin Oranges Dinner Roll w/Butter Fortune Cookie | Salisbury Steak Mashed Potatoes & Gravy Sweet Peas Beet & Onion Salad Fruit Cocktail Wheat Bread w/ butter Chocolate Brownie | Chicken Marsala over Wholegrain Pasta Sunshine Carrots Romaine Salad w/dressing Dinner Roll w/Butter Fresh Fruit Rice Krispies Treat |
| | | 40 | Alt: Fruit | Alt: Fruited Yogurt |
| Cheeseburger on Wheat Bun Ketchup & Mustard Baby Carrots Sweet Peas Fresh Fruit Chocolate Chip Cookie Alt: Sugar Free Cookie | Stuffed Cabbage Roll Dilled Carrots Sweet Buttered Corn French Bread w/Butter Fruit Salad Frosted Cake Alt: Fresh Fruit | Pork Cutlet Baked Sweet Potato Green Beans Mixed Green Salad w/Italian Dressing Dinner Roll w/Butter Peach Half | Jumbo Hot Dog w/Bun ketchup and mustard Baked Beans Tomato/ Onion Salad Broccoli Salad Potato Wedges ketchup Diced Pears | Pizza Casserole Italian Veg. Blend Garlic Bread Romaine Salad w/Ranch Dressing Diced Peaches Chocolate Mousse Alt: Sugar Free Pudding |
| 15 | 16 | 17 | 18 | 19 |
| CLOSED Reverend Dr. Martin Luther King Junior Day | Cranberry Meatballs Fried Potatoes w/green Peppers & Onions 5 Way Mixed Veg Dinner Roll w/Butter Fresh Fruit Chocolate Chip Cookie Alt: Sugar Free Cookie | Roast Pork w/ Thyme Mushroom Gravy Whipped Sweet Pot's Green Bean Casserole Fresh Fruit 7 Grain Bread w/butter Chocolate Pudding Alt: SF Pudding | Spaghetti w/Meat sauce Whole Grain Pasta Italian Blend Vegetable Romaine Salad w/ Italian Dressing Garlic Breadstick/Butter Peach Slices | Beef w/Broccoli Vegetable Fried Rice Veg. Egg Roll Sweet & Sour Sauce Mandarin Oranges Baker's Choice Cookie Alt: SF Cookie |
| 22 | 23 | 24 | 25 | 26 |
| BBQ Pork Riblet Hash Brown Casserole Green & wax beans Fruit compote Wheat bread w/butter Ice cream cup Alt: Fruited Yogurt | Turkey Chili w/beans Shredded chz/sour crm Breadstick w/butter Carrot Coins Spinach Salad Dressing Diced Peaches Kitchen Choice Pie Alt: Fresh Fruit | Sloppy Joe On Wheat Bun Buttered Sweet Corn Marinated Veg Salad Fruit Cocktail Rice Krispies Treat Alt: Vanilla Wafters | Garlic Herb Chicken w/ Wholegrain Pasta Winter Vegetable Blend Beets & Onions 7 Grain Bread/ Butter Pineapple Tidbits Tomato Juice | Meatloaf w/Gravy Mashed Potatoes Peas with Carrots 3 Bean Salad Dinner Roll w/butter Fresh Apple Baker's Choice Cookie Alt: Sugar Free Cookie |
| 29 | 30 | 31 | | |
| Egg & Sausage Breakfast Bake w/cheese, peppers, tomatoes, onions Tomato Juice Tri-tater w/ketchup Banana Breakfast Muffin Alt: Fruited Yogurt | BBQ Pulled Pork On Wheat Bun Baked Beans Creamy Coleslaw Diced Pears Frosted Brownie Alt: Sugar Free Pudding | Chicken Stew Mashed Potatoes Stewed Tomatoes Wheat Bread w/Butter Apple Crisp Alt: Fresh Apple | | |

SENIOR DINING AND MEALS ON WHEELS MENU FEBRUARY 2024

| Monday | Tuesday | Wednesday | Thursday | Friday | | |
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| MAN W W | ₩ × × × × × × × × × × × × × × × × × × × | What A Water | Bratwurst on Bun | Oven Baked Ham | | |
| 河 | ************************************* | 有杂版 | Tater Tots | Scalloped Potatoes | | |
| * * * | * * * | * * * | Sunshine Carrots | Roasted Root | | |
| A. A | # # # # # # # # # # # # # # # # # # # | 新华族 | Spinach Salad | Vegetables | | |
| * ** | * ** | * ** | w/French Dressing | Kitchen choice fruit | | |
| AT K | 37 TR | 和大阪 | Diced Peaches | Oatmeal Raisin Cookie | | |
| ** | *** * * * * * * * * * * * * * * * * * | | Dessert Bar | Alt: Sugar Free Cookie | | |
| *** * *** | ALL ALL | ANTIK NITTE | Alt: Fresh Fruit | | | |
| Soundials Mandhalla | 6 | 7 | Balsad Chialana Ossantan | Oaliah Otaali | | |
| Swedish Meatballs | Oven Roasted Pork | Meatloaf w/Gravy | Baked Chicken Quarter | Salisbury Steak | | |
| Buttered Noodles | Scalloped Potatoes | Garlic Mashed Potatoes | Herb Stuffing Seasoned Grn Beans | Wild Rice Blend | | |
| Capri Blend Vegetables | 5 way-Mixed | Dilled Carrots | Dinner Roll w/Butter | Steamed Broccoli | | |
| Beet & Onion salad | Vegetables | Romaine Salad Dressing 7 Grain Bread w/Butter | Fruit Cocktail | Corn & Bean Salad | | |
| Wheat Dinner Roll | Cranberry Relish Wheat Bread w/butter | Diced Peaches | Kitchen Choice Cookie | Wheat Roll w/Butter | | |
| w/Butter | Wileat Bread W/butter | Tapioca Pudding | Alt: Sugar Free Cookie | Banana Frosted Cake | | |
| Fresh Orange | | Alt: Sugar Free Pudding | Alt. Sugai Free Cookie | Alt: Fresh Fruit | | |
| | | | | | | |
| PLEASE NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE; 1% MILK INCLUDED; ALT= LOW SUGAR ALTERNATIVE | | | | | | |
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WELCOME BACK, NEW BERLIN!



at Our Lord's United Methodist Church

WEDNESDAY, JANUARY 17TH

Doors open @ 11:30a - Lunch served @ 12:00p



Come enjoy a hot lunch at Waukesha County's newest Senior Dining Center in New Berlin and celebrate!

Lunch is open to individuals age 60 or older and their spouse, regardless of spouse's age.

Confidential donations accepted, no one will be denied a meal due to inability to contribute.

FOOD - FUN - COMMUNITY

RSVP by Jan 12th @ Noon

Shawn - Dining Center Manager Call 414-529-8320, Mon-Fri, 9a-1pm or Call 262-548-7826, if calling outside of those hours

Location

Our Lord's United Methodist Church 5000 S. Sunnyslope Road New Berlin, WI 53151



This Senior Dining Center is a service of the Aging and Disability Resource Center of Waukesha County, a Iging & Disability Resource Center division of Waukesha County Dept. of a Waukesha County Health and Human Services.



OPEN: Mon - Friday <u>VILL**AGE**</u> 1431 Big Bend Rd

OPEN: Mon - Friday

Oconomowoc OPEN: Mon - Friday

220 W. Wisconsin Ave Community Center 5000 Sunny Slope Our Lords Methodist !! NOW OPEN

call our main office at /isit our website at:

For home-delivered meal inquiries, please

dining center between 9:00 and 11:00 am, Mon.-Fri. o reserve a seat **BUSINESS** DAY in required at least ONE person dining