

OPEN MEETING MINUTES
Waukesha County Human Services Center
Substance Use Advisory Committee (SUAC) Meeting
October 15, 2019

Present SUAC Committee: Susie Austin, Rose Barton, Marla Bell, Tom Graves, Rob McCreadie, Pat Miller, Kelly Morgan, Kevin Schaefer, Dennis Williams

Absent SUAC Committee: Michael Bauer, Lindsay Just, Lauri McHugh-Badura, Patrick Reilly

HHS Board Liaison: Mike O'Brien

Present HHS Staff Liaisons: Joan Sternweis

Guests: Carly Bausch, Danielle Bernier, Lance Dwyer, Laura Fleming (proxy for Just), Mary Goggins, Theresa Imp, Shari Kleppe, Michael Nicholson, Jamie Soteropoulos, Kurt Roskopf

1. Call to Order

Vice Chair Schaefer called the meeting to order at 3:00 p.m. Attendees introduced themselves.

2. Approval of Minutes

Motion: McCreadie moved, second by Bell, to approve the Joint Mental Health and Substance Use Advisory Committees Minutes of September 17, 2019. Motion passed unanimously.

3. Election of Chair/Vice Chair

Motion: Austin moved, second by Morgan, to approve Schaefer as Chairperson of the Substance Use Advisory Committee. Schaefer and McCreadie abstained. Motion passed.

Motion: Austin moved, second by Morgan, to approve McCreadie as Vice Chairperson of the Substance Use Advisory Committee. Schaefer and McCreadie abstained. Motion passed.

4. Review Membership List

McClain passed the current membership list around to attendees to review their contact information for accuracy.

5. Educational Topic: Red Oak Counseling

Schaefer and Nicholson distributed and reviewed flyers titled "Military and Family Program" and "Group Programs."

Schaefer provided a brief background of Red Oak Counseling, which was started by Roxanne Gunther in 2004 as a mental health outpatient clinic. As the community needs changed, more therapists and services were offered, particularly focusing on eating disorders and substance use disorders.

In approximately 2010, the organization recognized the need for help for veterans and emergency responders, so they started an additional focus on that, including on-site services at the local military bases.

Red Oak Counseling has recently expanded to Oak Creek, as well as expanding their existing offices in Elm Grove.

The organization has a focus on offering a variety of groups to their clients. In the near future, they will be adding art and sensory therapies. They are always open to the idea of restarting a group if has been temporarily suspended, or to add a group if the staff expertise is available in that particular field.

Red Oak Counseling encourages in-house collaboration, as well as working with other organizations, such as Veterans Affairs, to ensure that the best support is made available for the client.

Most major insurances are accepted, including Tri-Care.

If a client would like to attend a group, Red Oak Counseling does require a Release of Information with the client's primary therapist so that both parties can communicate opening of anything they notice occurring in the group therapy sessions.

6. Reports

a. HHS Board Liaison

O'Brien reported that the HHS Board has not met due to the County Supervisors deliberating regarding the budget.

b. HHS Staff Liaison

Sternweis stated that John Kettler is looking at three different grant opportunities that he hopes will allow for offering additional services to county residents: A grant for women related to Women's Health and Recovery Project (WHARP), a grant focusing on the black urban and Hispanic population, and a prevention grant that may result in more NARCAN distribution.

The Overdose Fatality Review held its first meeting last month.

The Waukesha County Women and Girls Foundation is providing a \$15,000 grant for suicide prevention within the county.

The Criminal Justice Collaborating Council (CJCC) received the Justice and Mental Health Collaboration grant from the DOJ for crisis stabilization. The first two years will focus on increasing the mobile crisis services. Phase Two will focus on a physical location.

ProHealth Care is funding crisis intervention training for officers in 2020.

c. Community Health Improvement Planning Process (CHIPP)

Imp announced that on November 20, CHIPP will be hosting a Question, Persuade, Refer (QPR) training from 12:30-1:30pm, immediately followed by the CHIPP meeting.

d. Heroin Task Force (HTF) Harm Reduction Pillar

The next meeting, on November 7, has been extended from 1:00-3:00pm to 12:00-3:00pm.

Austin will now be the liaison between the SUAC and the HTF.

7. Agency Updates / Announcements

There were no agency updates or announcements.

8. Public Comment

There was no public comment.

9. Adjourn

Motion: Barton moved, second by Morgan, to adjourn the meeting at 3:48 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Were Approved:

A handwritten signature in black ink, appearing to be 'Janelle McClain', written over a horizontal line.

Date:

11/12/2019