OPEN MEETING MINUTES

Waukesha County Health and Human Services Substance Use Advisory Committee (SUAC) Meeting October 19, 2021

Present SUAC Committee:

Deb Adamus, Susie Austin, Marla Bell, Peter Brunzelle, Tom Graves (Vice

Chair), Jim Hishmeh, Lindsay Just (Chair), Connie Schrank

Absent SUAC Committee:

Lauri Badura, Shari Kleppe, Pat Miller

Present HHS Board Liaison:

Dr. Mike Goldstone

Present HHS Staff Liaisons:

John Kettler

Guests:

Angie Blount, Tristin Bruno, Ryan Clevenger, Jonathan Gildart, Mary

Goggins, Janelle McClain

1. Call to Order

Chair Just called the meeting to order at 3:01 p.m. Introductions were exchanged among the committee members and guests.

2. Approval of Minutes

Motion: Bell moved, second by Graves, to approve the Substance Use Advisory Committees minutes of July 20, 2021. Just abstained. Motion passed.

3. Committee Business

There was no committee business.

4. Educational Presentation: Oxford House – Ryan Clevenger, Outreach Worker

Gildart provided a brief history on Oxford House, a worldwide evidence-based model that has been around since 1975.

There are approximately 24 Oxford Houses around the state. On average, 3-5 homes are opened each year; however, four have been opened in the last 45 days. Oxfordvacancies.com shows house vacancies around the country.

There are houses for men, women, men with children, and women with children. Members select houses based on the gender they identify with. Anyone aged 18+ can be a member of an Oxford House; however, the average age is 24-55 years old.

Oxford Houses are self-run and self-supporting with an average of 8-10 members. Members pay between \$115 and \$140 per week to pay for the rent, utilities, etc. The houses are 100% democratic. This allows for no one to physically be "in charge" of the house. Members meet and vote on everything.

All members must work and contribute to the house. If a member is on Social Security or Disability and unable to work, they must volunteer for at least 20 hours in the community, so they get out of the house and give back to the community.

When a house is opened, it costs approximately \$110,000. Part of this funding allows for purchasing initial furniture (which the house can use saved funds to update later), computers, Wi-Fi, cable, and a home phone.

Adamus arrived at 3:09 p.m.

When an interview is set up with the point-of-contact, the interviewee will also meet with all the members of the house, tour the house, and answer a variety of questions. The current house members will ask the interviewee to step out while they discuss, and they will give the interviewee a decision right away. If the interviewee is accepted, they can move in immediately.

There is no length of time to stay in an Oxford House – from a couple of months to forever. The only requirement is a need or want to stop using drugs and alcohol.

5. Community Needs Presentation for Annual 2022 HHS Board Presentation Discussion This topic has been tabled until a future meeting.

6. Committee and Organizational Updates

a. HHS Board Liaison

There is no HHS Board report.

b. HHS Staff Liaison

The County Executive has presented the proposed 2022 budget to the County Board.

The Wisconsin Mental Health and Substance Use Recovery Conference is coming up next week. If anyone from a partnering organization is interested in a related training, contact Kettler, as there are funds available to assist with the cost.

Waukesha County has released Request for Bids for additional prevention tactics in the community, and three agencies were awarded \$50,000 each. Addiction Resource Council (ARC) will be adding a sixth-grade track to their in-school classes, as well as adding additional modules to high school classes so the students can mix-and-match the modules instead of attending all of them. ARC also hopes to add some "one and done" classes at local colleges. Your Choice to Live will be providing prevention webinars. Elevate, Inc. will be providing additional outreach in the schools.

Kettler shared that at the Cocaine, Meth, and Stimulant Summit last week, they stated the following statistics regarding users:

- 745,000 people using heroin in the country
- 7.9 million people using prescription opioids
- Approximately 5 million people using prescribed stimulants
- 6 million people using hallucinogens
- 5.5 million people using cocaine

There are many researchers utilizing Medication-Assisted Treatment (MAT) for stimulant use disorders.

As cocaine use increases, users are sharing glass pipes that break or crack. As a result, some groups are offering smoking kits in hopes of increase harm reduction. The kits do not contain paraphernalia, but rather, items like the rubber ends for the pipes.

c. Community Health Improvement Planning Process (CHIPP)

There is one meeting left of this current CHIPP cycle.

The Heroin Task Force (HTF) is setting new goals in four action teams: harm reduction, prevention, data, and treatment and support. The newly designated tri-chairs of the action teams will be receiving training on facilitating the teams. The teams will then set goals to accomplish in the next 12-18 months.

7. Agency Updates / Announcements

There were no additional agency updates or announcements.

8. Discuss Items for Next Meeting's Agenda

- Community Needs presentation
- 2022 meeting topic ideas
- Housing Action Coalition update
- WHARP update

9. Public Comment

There was no public comment.

10. Adjourn

Motion: Austin moved, second by Bell, to adjourn the meeting at 4:09 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Were Approved:

Date: