

OPEN MEETING - MINUTES
Waukesha County Health and Human Services
Children and Family Services Advisory Committee (CAFSAC)
January 18, 2024

Present CAFSAC Members: Addiction Resource Council (Jessica Brost), Easterseals Safe Babies Healthy Families (Lindsey Wilson), Family Service (Laura Cherone), Darlene Johnson, Parent's Place, Inc. (Ann-Marie St John), Public Defender's Office (Maura McMahon (Chair)), School District of Waukesha (Marc Lehnerer), The Women's Center (Jessica Trauth (Vice Chair)), Variety – the Children's Charity of Wisconsin (Dua Vang-Ramirez), Wisconsin Community Services, Inc. (Mary Sweeney)

Absent CAFSAC Members: Catholic Charities (Sarah Matson), Elevate, Inc. (Jessica Warden), Michelle Huebschen, Prohealth Care, Inc. (Colleen Allen)

HHS Board Liaison: Bob Menefee

HHS Staff Liaison: Penny Nevicosi

Guests: Eve Altizer, Chloe Bingenheimer, Teresa Cocker, Nancy Doucette Wilkinson, Jessica Hannaman, Amanda Huber, Mary Madden

1. Call to Order

Chair McMahon called the meeting to order at 8:35 a.m.

2. Review and Approval of Minutes

Motion: Johnson moved, second by Wilson, to approve CAFSAC minutes of November 16, 2023. Motion passed without a negative vote.

Trauth arrived at 8:37 a.m.

3. Overview of NAMI Services – Mary Madden, Executive Director, NAMI Southeast Wisconsin

National Alliance on Mental Illness (NAMI) provides support, education, and advocacy for individuals impacted by mental health conditions from a lived experience perspective. Every program that is offered by NAMI includes some form of support. Emotional support is available by connecting the individual with someone with similar experiences via phone calls or support classes. One-on-one support includes receiving information by calling NAMI offices to find next steps or resources in the community.

Some of the support groups and programs that NAMI offers include:

- Lighthouse Project – assists families navigate the system by helping find services as well as providing emotional support during the process.
- Compassion Resilience Toolkit – train facilitators on how to care for themselves while caring for others. It is a 90 minute, 8-week session held virtually.
- NAMI Basics – 6-session virtual class on how to support children with mental, emotional, or behavioral challenges.
- Survivors of Suicide – for those who have lost someone to suicide. Must register to participate and is held monthly.
- Ending the Silence – 50-minute stigma reduction program and awareness presentation for students.
- Crisis Intervention Training (CIT) – 40-hour training for law enforcement to help them understand mental health conditions and de-escalation tactics.
- Alternatives to Suicide Support Group – for those living with suicide ideation. Held virtually and administered through Mental Health America.

- United for Waukesha Resiliency Center – to help individuals heal from the trauma of the Waukesha parade incident. The Center can provide assistance to individuals by connecting them to mental health services and providing support and resources for first responder agencies.

For more information, go to www.namisoutheastwi.org or call 262-524-8886.

4. **Committee Business**

a. **Critical Needs Presentation Discussion**

Attendees discussed topics for the Critical Needs presentation to the HHS Board. Some of the topics and ideas included:

- Using stability as the general theme and then breaking it out into more specific needs, such as:
 - Housing
 - Economic support
 - Food
 - Mental health services
 - Substance abuse support
- Addressing the gaps in services, including costs, waitlists, and access to resources
- Truancies and how to best support those youth

b. **Speakers Update**

Attendees discussed suggestions for future speakers and educational presentations.

Some of the topics included:

- February – Child Advocacy Center/Drug Endangered Children
- March – Student mental health services overview from School District of Waukesha
- April – LSS presentation on Birth to Three updates

5. **Committee and Organization Updates**

a. **HHS Board Liaison**

There were no HHS Board updates.

b. **HHS Staff Liaison**

Jefferson County received a grant from the Department of Health Services (DHS) to open a youth crisis stabilization facility in partnership with Wisconsin Correctional Service (WCS). The facility will serve youth aged 10-17 who do not meet the threshold to be hospitalized. HHS is in the process of building out the contract with Jefferson County to use this facility as an option for Waukesha County youth.

Nevicosi provided updates on the American Recovery Plan Act (ARPA) awardee programs:

- Professional Services Group (PSG) – outpatient clinic is fully functional
- Orion Family Services – parent skill building program is at half capacity
- Wisconsin Family Ties – peer support program building capacity but dealing with staffing difficulties
- Family Service – making great progress with their program in collaboration with the School District of Waukesha

HHS has hired a recruiter to work with general foster homes and contract with an agency to bring in wraparound services for those homes that include children with a higher level of needs living in them.

c. **Aging & Disability Resource Advisory Committee**

There were no Aging & Disability Resource Advisory Committee updates.

d. Mental Health Advisory Committee (MHAC)

The January meeting was combined with SUAC and included a discussion on Delta 8 and the community response to its availability and impact on the community.

e. Public Health Advisory Committee

There were no Public Health Advisory Committee updates.

f. Substance Use Advisory Committee (SUAC)

There were no additional SUAC updates.

g. Children's Community Options Program (CCOP)

There were no CCOP updates.

h. Comprehensive Community Services (CCS)

In 2023, the CCS and CST programs served a total of 139 youth. The satisfaction surveys sent out in 2023 received a 59.76% return rate with favorable results.

CCS and CST staff are participating in a Plan Do Study Act (PDSA) collaborative. The purpose is to improve collaboration with Child Protective Services (CPS), Youth Justice, and mental health programs to better meet the family's needs.

CCS is contracting with Trainers Royale to host an event on February 26 to provide individual placement support services for youth and adults in the CCS program. More details to come.

i. Coordinated Services Team (CST) Update

The January 24 meeting will include a presentation from the Resiliency Center.

The CST team is partnering with Froedtert Health and local health departments to create a presentation on mental health careers and mental health wellness for local school districts.

Lehnerer left at 10:00 a.m.

6. Agency Updates/Announcements

There were no agency updates.

7. Discuss Agenda Items for Next Meeting

- Continue to brainstorm topics for the Critical Needs presentation
- Child Advocacy Center presentation

8. Public Comment

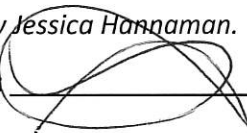
There was no public comment.

9. Adjourn

Motion: Johnson moved, second by Cherone, to adjourn the meeting at 10:01 a.m., Motion carried unanimously.

Respectfully submitted by Jessica Hannaman.

Minutes Were Approved



Date:

2/15/24