

SDW Mental Health Continuum of Supports*

<ul style="list-style-type: none"> ❖ PATH Program (school-based mental health services) ❖ Care Solace mental health navigation ❖ Problem Solving Team meetings ❖ Home Visits ❖ Regular parent meetings ❖ Referral to County and Dept of Health and Human Services ❖ Special education evaluation ❖ Alternative Education Programming 	<h2 style="margin: 0;"><u>Intensive</u></h2> <p style="margin: 0;">(Tier 3)</p> <p style="margin: 10px 0;">No more than 5% of the student population</p>	<ul style="list-style-type: none"> ❖ Ongoing contacts with outside agencies, wrap around approach ❖ Referral for outside mental health services ❖ Ongoing meetings with student services staff ❖ Functional Behavioral Assessment and Behavior Intervention Plan ❖ Bilingual Family Liaison support ❖ Alternative Service Liaison support ❖ Crisis response
<ul style="list-style-type: none"> • Check In - Check Out • Mentoring • Small group Interventions • Connecting to community resources • Conference with student and/or parent • School program accommodations, modifications and interventions 	<h2 style="margin: 0;"><u>Selected</u></h2> <p style="margin: 0;">(Tier 2)</p> <p style="margin: 10px 0;">*Requires limited intervention support for 10-15% of students</p>	<ul style="list-style-type: none"> • Maintain contact with the family to ensure they are receiving needed support • Communication with behavioral health providers • SST Meetings • Care Solace mental health navigation • Bilingual family liaison support • Student Service Staff check ins and breaks with students as needed
<ul style="list-style-type: none"> • Social-emotional Learning (Second Step, Character Strong, and supplemental SEL activities) • Care Solace mental health navigation • 3-year staff training series on trauma-informed care and supporting mental health (2018-2021) • Classroom guidance lessons (elementary) • SST meetings, data monitoring, and associated universal action • Academic and Career Planning lessons • Parent/Family Nights 	<h2 style="margin: 0;"><u>Universal</u></h2> <p style="margin: 0;">(Tier 1)</p> <p style="margin: 10px 0;">*Universal strategies and pathways to benefit all students</p>	<ul style="list-style-type: none"> • Newsletter and student/parent communications with mental health support strategies • Peers 4 Peers (high schools) • Suicide prevention and intervention training for staff • Access to student services staff • Teaching, re-teaching, and reinforcing behavioral expectations • Substance Use and Prevention Committee & associated ATODA work

*Pathways of support and specific interventions used across our system