

Waukesha County Nutrition Coalition Minutes

June 28, 2016

Attendees: Regina Estrada- Blessings in a Backpack; Mary Reich- Lake Area Free Clinic; Mary Jo Hamman- Waukesha County WIC; Jeanne Weed & Diane Turner- UW-Extension; Laurie Ellenson-The Caring Place/Meals on Wheels; Mike Glasgow-ADRC; Nancy Muñoz- Catholic Charities; Anna Roesel-Interfaith Senior Programs; Krystina Kohler-United Way of Greater Milwaukee & Waukesha Co.; Pam Cesarec- Food Pantry of Waukesha Co.

Introductions - Regina Estrada

Presenter: Mary Reich from Lake Area Free Clinic www.lakeareafreeclinic.org Walk-in clinic located in Oconomowoc. Founded in 2001. Provides medical care to eligible adults & adolescents (uninsured, unable to pay; low income at/below 250% federal poverty guideline). Service area is: live in Waukesha County or Ocon School district. Limited open hours. Employ less than 3 FTE. Specialty care is available or will refer. Help with prescriptions. Independent but supported: including support from ProHealth and Aurora. Grants and donations. 25% of budget comes from fundraiser event (Gala at Olympia) the weekend after Labor Day. Facilitate Badger Care enrollment and client follow-up with this process. Help clients with how insurance works as some never had insurance before. LAFC offers advice regarding insurance; client makes choices. Clinic sees over 3100 visits/yr; 750 individual clients; 315 were new in past year (about 20-25 new patients per month). Average patient is 50+, diabetic, Caucasian. 40-45% are Hispanic. In service area there are 5,000-10,000 uninsured who may be eligible for clinic services. New dental initiative (oral health); plan to offer basic dental care services next July (2017) for eligible uninsured adults (200% poverty level or on Medicaid). Did an extensive study of other counties' non-profit dental facilities; Ft Atkinson clinic provided a helpful model. Transportation discussion – as with most agencies, transportation is an issue. Bookmarks and Factsheets available from the clinic. Jeanne will send out (either electronically or by mail) the handouts that Mary disbursed at the meeting.

Agency Updates:

WCNC, Regina Estrada **A REMINDER THAT THERE WILL NOT BE A JULY MEETING** Meeting attendance has been dwindling. If you know of anyone that may be interested in Waukesha Co Nutrition Coalition, please invite them to attend/join. Need plans for September and October.

Blessings in a Backpack, Regina Estrada Served 900 kids during school year (from 4 Waukesha schools). Now also in Oconomowoc; have added 62 (out of 179 eligible) kids. Use "Opt-in" letters in schools which are available in English & Spanish. All schools in the county have need. Fundraiser is October 22nd; this is biggest way to get food needed. Also get grant \$. Received grant money recently from Diversified Insurance – SPARK grant; contact Regina if you would like info about this grant opportunity.

UW-Extension Nutrition Education Program, Jeanne Weed Hired a new Bilingual Nutrition Educator (English/Spanish) full-time, to start July 1st. She will be working with youth in our dual language classrooms, Hispanic youth and senior garden programs during the summer, and with parents in our Eating Smart Being Active program. Excited to be able offer nutrition education in Spanish!

WIC, Mary Jo Hamman Serve clients at/below 185% federal poverty guideline. Numbers served are low right now. Analyzing how program services are working (esp. electronically). Disbursed farmer's market \$20 vouchers for summer. A discussion about potential satellite locations (perhaps at Lake Area Free Clinic?). Satellite site could be explored; tho transportation and funding are issues of concern.

The Caring Place/Meals on Wheels, Laurie Ellenson 14 new clients this month (average is 4-6). Serve the city of Waukesha providing general diet and specialty (renal, low-sodium/heart healthy) diet meals. Have a good number of committed volunteer drivers. Refer other volunteers to ADRC. A route is approx. 15 clients. Deliver at noon time.

ADRC, Mike Glasgow Increase in number of home delivered meals. Need drivers. Farmers market vouchers disbursed to low-income seniors (age 60+; 55+ American Indian). Can be used at farmers' market vendor who is signed up/certified voucher vendor. Vouchers are available at the ADRC office.

Catholic Charities, Nancy Muñoz Helps with people calling in for services. Also at St. Joe's (Waukesha), she helps with calls; people in need of services such as housing vouchers, moving, rent, case management etc. Catholic Charities offers in-home support services such as cleaning, light meal prep. Serve the seven area counties. Also parenting support – focus on those with parents with mental health issue. Provide case management; referrals, help with doctor appts, court appts etc. Also offer behavioral health services.

Interfaith Senior Programs, Anna Roesel Kicked off pilot "Bus Buddies" program: a volunteer rides the bus with a senior. Have 7 volunteers so far.

United Way of Greater Milwaukee & Waukesha Co., Krystina Kohler Currently planning their fundraising campaign. Campaign occurs in the fall. Visiting various programs. Helping with year-end reporting.

Food Pantry of Waukesha Co., Pam Cesarec Backpack sign-ups going on right now. Handling farmers market voucher program questions from clients.

NO MEETING IN JULY. Next Meeting: August 23, 2016 Topic: Heroin Speaker: Waukesha Sheriff's Department