

## **Waukesha County Nutrition Coalition Minutes**

**April 26, 2016**

**Attendees:** Mike Glasgow- ADRC of Waukesha County; Cindy Eggleston- Mukwonago Food Pantry and Resource Center; Regina Estrada- Blessings in a Backpack; Kostyn Tyksinski- Food Pantry of Waukesha County; Kurt Schmidt and Krystina Kohler-United Way of Greater Milwaukee & Waukesha County; Rachel Zuniga- Hispanic Health Resource Center & Community Outreach-ProHealth Care; Peggy Brown-St. Joseph's Medical Clinic; Joan Reichelt & Barbara Jacob-New Berlin Food Pantry; Janet Schuler & Irene Kay-James Place

### **Introductions, Advisory Committee Update- Regina Estrada, Rachel Zuniga**

The 2016 calendar is now full, Regina just needs to confirm speaker for September meeting. A UW-Extension intern will be reaching out to agencies that we have not seen at Coalition meetings in a while. Looking for ideas for October meeting for hunger awareness event. Regina proposed watching "A Place at the Table" movie possibly at Marcus Theatre if available and if there is interest. Kostyn proposed similar poverty event that Coalition held a couple years ago-living on \$4.00/day. Discussion around having new event vs. repeating same type of event recently held. Kurt mentioned reaching out to agency board members.

**Presenter: Kostyn Tyksinski—Food Pantry of Waukesha County.** Food Pantry of Waukesha County is non-profit, 501C, is not associated with the government and has been in existence since 1978. Kostyn's role is bilingual client services. Brochure was distributed and they are working on Spanish version. In 2015 the pantry served 23,000 households which equals about 60,000 individuals. The pantry consists of donation intake in the warehouse, sorting room where volunteers check donations, storage, walk-in freezer, staging room, food re-packaging room (where volunteers check items received from stores and break it down to single servings), and walk-in cooler. The pantry always has fresh milk and eggs. Hours of service: 1-3pm M-F, Sat. 9:30-11:30am, TH also 6-8pm. Clients check in, there are 5 volunteers on 2 lines and there are stations with different food groups. Each station offers a couple choices for clients. Special diet program is available for those who provide doctor note indicating conditions such as diabetes, low sodium, gluten intolerance. During summer there is a farmer's market (June-October) in the parking lot-Beanhead Farms gives 12,000 lbs of produce and the food pantry also has a garden which is cared for by volunteers and clients. Average served per day is 75 households=175 individuals. Every 14 days clients can return. The pantry also has a rain collection system which they use for the garden. Clients can still go through stations and also use farmer's market. Most days clients get bread and bananas before even checking in. The pantry collaborates with St. Vincent De Paul to offer home delivery program for those who are home bound. The pantry has 200 active volunteers which fill various roles such as drivers, sorters, stockers, or working the lines, food re-packaging, and check-in areas. Special events are held such as dental clinic cleanings for \$20, cooking, nutrition education, samples, and recipes from UW-Extension and Mount Mary, veteran support, energy services, ADRC farmer's market vouchers, and boy scout projects. The pantry provides paper calendars for clients so they know when these events will take place. The pantry has a birthday program for those 12 and under and provides a bag of supplies. Baby items are available and clients can come every 7 days to get those.

### **Agency Updates:**

**Waukesha County ADRC, Mike Glasgow—** working on Farmer's Market vouchers and will schedule visits to community agencies

**Mukwonago Food Pantry and Resource Center, Cindy Eggleston—**looking forward to food drive, June 15<sup>th</sup> Senior BBQ at Resource Center (seniors can sign up for stock boxes, SNAP, energy services, exercise, and nutrition). Resource Center has office space for non-profits to rent.

**Food Pantry of Waukesha County, Kostyn Tyksinski-** working on project for using SNAP benefit at Farmer's Market (nothing set for sure at this point)

**Rachel Zuniga- Hispanic Health Resource Center—**Health promotion programs being held soon: Gardening program for seniors and children, Happiest Baby program for pregnant mothers or with baby ages 0-2 months, chronic disease health management (all in Spanish). Call the HRC for more information (262) 928-4181.

**Blessings in a Backpack-Regina Estrada-** feeding 900 kids at 4 schools. Oconomowoc school has reached out to them, not sure yet how it will work out due to stricter privacy rules. If it works they will start in September. Fundraiser on October 22<sup>nd</sup> at Western Lakes Golf Club. Goal is 250 people and at least \$90,000. WCTC dental student has reached out to them and is looking for clients for \$20 cleanings.

**St. Joseph's Medical Clinic- Peggy Brown-** Received CVS grant. Moving to electronic medical record system. Providing medical care at Waukesha Family Practice Center on Monday evenings. Handed out brochure and also spring newsletter. Hiring for a part time nurse and full time office manager.

**James Place-Janet Schuler, Irene Kay**-keeping busy, seeing lots of job seekers and those looking for resources. Provides counseling services via student interns for those without health insurance coverage for mental health services. Plan to hire health care navigator/nurse by July 5<sup>th</sup>.

**New Berlin Food Pantry-Joan Reichelt, Barbara Jacob**- postal drive May 14<sup>th</sup>. Shared neat story about 10 year boy who saves some of his money to buy needed items for the pantry ☺.

**United Way of Greater Milwaukee and Waukesha County-Kurt Schmidt, Krystina Kohler**- Krystina in charge of food security and Kurt works with labor council. Hygiene drive is going on now. (Waukesha and Milwaukee merged together about 1 year ago.)

**Next Meeting: May 24, 2016 Topic: Women's Center Speaker: Krystal Deschler**