

Waukesha County Nutrition Coalition Minutes  
February 25, 2014

**Attendees:** Wendy Banicki-Hebron House of Hospitality, Michelle Bertram-ADRC, Karen Cumbald and Intern Liliana Rajas-James Place, Regina Estrada- Blessings in a Backpack, Sarah Hintz- Lake Country Caring, Mary Jo Michaels and Intern Leslie Wroblewski- WIC, Nancy Munoz- Catholic Charities, Jean Pirkey- ProHealth Care community Health Center, Kurt Schmidt- United Way in Waukesha County, Jen Sundberg- The Women's Center, Karen Tredwell- Food Pantry of Waukesha County, Christine Vitrano- Energy Services Inc, Rachel Zuniga- Hispanic Health Resource Center-ProHealth Care, Jill Herz, Melinda Stuart, Jan Skell, Intern Jamie Zach, & Intern Danielle Knutilla- UWEX

**Welcome and Introductions:** Karen Tredwell

**Strategic Plan and Leadership Roles:** Karen Tredwell

January meeting had been cancelled and the advisory committee continued to work. Nominations for leadership roles were e-mailed. Michelle Bertram was nominated and appointed as co-chair for two years. Karen Tredwell will transition out at the end of the year when a new co-chair will be appointed to work with Michelle.

Advisory Committee will continue to meet and better define roles for upcoming meetings.

2014 Calendar was distributed with updated Strategic Plan

**Presentation:** Affordable Care Act- Caroline Gomez, Covering Kids and Families

Covering Kids and Families is based out of UW Madison with a satellite office at UW-Milwaukee. They work with UW-Extension across the state and residents in Milwaukee to assist people in signing up for health care plans under the Affordable Care Act.

Through the ACA there are three tiers of insurance coverage options: Employer provided or private coverage, Public/Medicare or Medicaid, and the Marketplace or exchanges. Individuals and families can find an option that works best for them. More information can be found in the attached power point from presentation or at [ckfwi.org](http://ckfwi.org). Contact [info:cbgomez@wisc.edu](mailto:info:cbgomez@wisc.edu)

### **Agency Updates**

**Food Pantry of Waukesha County**-Karen Tredwell - March 13<sup>th</sup> is Match day - Hebron House, Waukesha County food pantry, Hope Center, and The Women's Center are the participating organizations. Online contributions can be scheduled in advance. March 22<sup>nd</sup>- Boy Scout Drive: Waukesha County Scouts assure all food collected goes to local pantries. You can leave food at your front door for pick up or drop off at local grocery stores. Pantry fundraiser on March 15<sup>th</sup>, Dance at the Elks Club: Restaurant with full menu open at 5:30 pm and band - Piles of Rhythm, at 8pm.

**Catholic Charities**-Nancy Munoz - Held an Open House at the new address on East Ave. Bilingual receptionist was hired. Helping at Lake Area Free Clinic in Oconomowoc by signing people up for BadgerCare and working with a broker to assist in signing up for insurance through the Marketplace.

**Hebron House**- Wendy Banicki - Mens Overflow Shelter was renamed Emergency Response Shelter in order to increase eligibility for funding and is open until May 1<sup>st</sup>. Location for next year is TBD

**Hispanic Health Resource Center**-Rachel Zuniga – the ProHealthy Health Fair will be April 12<sup>th</sup>, 9-12, at the Waukesha Expo center with ProHealth Care.

**Women's Center-** Jen Sundberg - Angela Vancuso is the New Executive Director. February was a little slow but it is expected to be busy in March.

**United Way-** Kurt Schmidt - Hoping to receive funds from FEMMA soon for shelters and food pantries. Working with 211 and preparing for the 2015 campaign. Impact (Milwaukee) is now managing 211 and doing an excellent job.

**WIC-**Mary Jo Michels - Two bilingual Public Health Techs have been hired, one is also a breast feeding counselor. The numbers have been low and could increase usage, please refer families you think may be eligible. Would like to be notified of any concerns that agencies are hearing about WIC. Intern, Leslie Wroblewski is creating educational materials on breast feeding and providing education on increasing the use of fruit and vegetable checks.

**Energy Services-**Christine Vitrano -Working on providing assistance during the propane crisis. Programs are available for individuals at 61-80% of the state median income.

**James Place-** Karen Cumblad - Now open Monday evenings with a focus on being a family night, help with children available. Immigration services will also be available on Mondays. A sewing studio is opening, participants will learn potential income generating skills and mending.

**ADRC-** Michelle Bertram - Distributed flyers and a sign-up for receiving more information on programs available to be presented at sites with clients over the age of 50. Programs available: Stepping On, Reducing falls, Powerful Tools for Caregivers, Healthy living with Diabetes, Put life back in your life(dealing with chronic illness).

**Lake Country Caring-** Sarah Hintz Hours 9 am-noon Tuesday, Thursday, Saturday and 6-8pm first Thursday of the month. Nonprofit organization providing clothes, shoes, household items including furniture, toys and books free of charge to residents of Waukesha, Washington, Dodge, and Jefferson Counties. Located in Hartland Industrial Park and staffed by 125 volunteers. Individuals can come twice a month for 1.5 years with extended services for basics. Flyers were distributed. Working to provide a delivery service. A free meal provided once a month at St. Anskar Episcopal Church, Hartland, at 5:30.

**ProHealth Care-** Jean Pirkey -Provided 428 flu shots, twice as many as the first year. Will send electronic version of Spanish/English flyer on the ProHealthy Fair. Screenings, \$5 Bike Helmets, and other services will be available at fair.

**UW-Extension Family Living-**Melinda Stuart - Requesting volunteers for 2.5 hour Poverty Simulation in-service at 2 pm on Wednesday May 7<sup>th</sup> at Parklawn Elementary in Oconomowoc. Next one will be in Fall. Carroll University Intern Jamie Zach will be developing a *Member Spotlight* featuring highlights from Coalition Agencies. She is requesting a few hours of agency member time for the interview and shadowing. The *Spotlight* will appear on our Nutrition Coalition website.

**Waukesha Community Health Center** – Bertha Lechuga – Currently providing assistant and advocacy for participants enrolling in insurance programs and FoodShare. Pamphlets available describing what is needed. Appointments only. See website for more Information.

**UW-Extension Nutrition Ed-** Jan Skell, Jill Herz, Intern Danielle Knutilla - Preliminary interviews for open position were conducted. Final interviews will take place on Friday 2-28-14.

**Next Coalition Meeting-Administration Center-G55-59, March 25, 2014 9am  
Topic: Workforce Development - Changes and Current Workings of their Program**