



UW-Extension works with residents, businesses, local government and community-based organizations in Waukesha County and beyond to identify and address immediate and long-term educational needs.

UW-Extension Connections

Waukesha County UW-Extension Newsletter

September, 2016 — Issue 1

UW-Extension Highlights Programs and Impacts with Tri-annual Newsletter

Welcome to the first issue of our new tri-annual newsletter, UW-Extension Connections. The purpose is to share our educational programs and impacts with individuals on our ever-growing email list. Each issue will highlight an Extension program area, recent activities, and upcoming programs.

We hope this newsletter broadens your understanding of UW-Extension's role in Waukesha County and assists in connecting you with educational opportunities.

Program Area Highlight: Nutrition Education

Waukesha County UW-Extension Nutrition Educators partner with agencies to educate low-income adults, youth and families on how to make healthy low cost food choices year-round.

This summer, they taught educational programs at eight City of Waukesha Parks, LaCasa de Esperanza, Parkland Commons in Oconomowoc, Southeast Wisconsin Carpenters Training Center and 19 other locations. Two of their locations were gardens, where they co-taught with UW-Extension Horticulture Educators.

Beginning this fall, they will be teaching in six elementary schools and at more than 60 other locations around the County.

For more information about our nutrition program, visit our website at <http://www.waukeshacounty.gov/uwex/wnep/>.



Master Gardener Training Begins

UW-Extension educators and specialists provide a broad overview of horticulture and gardening related topics at this 13 week Level 1 training which begins September 12. For more information, visit <http://fyi.uwex.edu/sewmg/become/>.



Bilingual Nutrition Educator Joins Staff



Tahnee Aguirre joined the Nutrition Education staff on July 1. Her focus is to teach Spanish-speaking parents and youth.

4-H Offers Two Drone Discover Workshops in Honor of 4-H National Youth Science Day

Drone Discovery introduces youth to the world of drones in a hands-on, interactive challenge for ages 8-14. Drone Discovery is a free event, thanks to a grant from U.S. Cellular. Youth can attend on either October 1st or the 15th. Registration is required at: <http://bit.ly/Drones4H>.



Urban Forestry Health Workshop to be Held on October 5 in Waukesha County

Pollinators are a critical part of our food system and our environment. This Urban Forestry Health Workshop will help green industry professionals better identify and manage tree pests while helping to protect our pollinators. Through a partnership between UW-Extension and the Wisconsin Department of Natural Resources, this day long workshop will be held at six locations around the state including Waukesha. Arborist and NALP continuing education credits are available for attendees.



For details or to download a brochure, go to <http://bit.ly/UFW2016>.

Be Strong Stay Strong Strength Training Expands to Two Locations

Seniors and other adults are invited to enroll in the *Be Strong Stay Strong* classes at either the Waukesha or Menomonee Falls location. Both classes begin in September and registration is required, [click here for more information](#).



Be Strong Stay Strong is a proven way increase bone density and muscle strength based on the StrongWomen™ program out of Tufts University.

UW-Extension Engages County Fairgoers with Learning Opportunities

UW-Extension staff and volunteers were daily at the Waukesha County Fair in July providing resources, fun educational activities and information. The UW-Extension table in the Forum Building also offered fairgoers access to brochures and information on obtaining research based publications online — <http://learningstore.uwex.edu/>.

Each day of the Fair, a different STEM* activity was available for youth to experiment with, thanks to a generous grant from U.S. Cellular.



*Science, Technology, Engineering and Math

UW-Extension trained Master Gardener volunteers answered questions and engaged youth in educational activities in the Forum Building.



On the Action Stage in the Expo Building, Jerry Braatz, Waukesha County UW-Extension Department Head, presented the history of UW-Extension and current educational outreach in Waukesha County.

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