

**AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY  
SENIOR DINING AND HOME DELIVERED MENU NOVEMBER 2014**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Hamburger on a bun w/ mustard and ketchup Baby Red Potatoes/Butter Coleslaw Brownie <b>Alt. Diet Cookie</b>	<b>ELECTION DAY</b> BBQ Chicken Potato Salad Broccoli Bread/Butter Coconut Cream Pie <b>Alt. Diet Pudding</b>	Italian Meatloaf Baked Sweet Potato W /Butter Marinated Vegetable Salad Bread/Butter Peanut Butter Bar <b>Alt. Vanilla Wafers</b>	Swedish Meatballs in Gravy Egg Noodles w/ gravy Green Peas & Carrots Italian Bread/Butter Frosted Spice Cake <b>Alt. Plain Cake</b>	Baked Cod Tartar Sauce Au gratin Potatoes Creamy Cucumbers Rye Bread/butter Lemon Pudding <b>Alt. Diet Pudding</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Swiss Steak w/ diced tomato sauce Egg Noodles California Blend Vegetables Bread/butter Lime Seafoam Gelatin <b>Alt. Diet Gelatin</b>	<b>VETERANS DAY</b> Roast Beef and gravy Baked potato w/ butter and sour cream Broccoli salad Fresh fruit  Brownie	Pork Cutlet Brown Rice w/ sauce Cooked Spinach Dinner Roll w/ butter Apple, Cranberry, Orange Compote	Vegetable Lasagna Tossed Salad Italian Dressing Italian Bread/Butter Fresh Pear Frosted Spice Cake <b>Alt. Plain Cake</b>	BBQ Pork on Bun Hashbrown Casserole Creamy Coleslaw Cantaloupe Ice Cream <b>Alt. Diet Pudding</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Navy Bean Soup Saltine Crackers <b>HDM: Three Bean Salad</b> Ham and cheese on Kaiser Roll Mustard/Mayo packet Potato Salad Cookie <b>Alt. Diet Cookie</b>	Italian Sausage w/Marinara Sauce Bow Tie Pasta Vegetable Blend Apple/Caramel Dessert Bar Peaches <b>Alt. Lorna Doone</b>	<b>GIVING THANKS</b> Roast Turkey / Gravy Sage Dressing / Gravy Cranberry Sauce Green Bean Casserole Dinner Roll/Butter Pumpkin Pie / Whipped Topping	Beef Macaroni Casserole Green Peas Seven Grain Bread Butter Fruit Cocktail Lime Gelatin With Pears <b>Alt. Diet Gelatin</b>	Pork Roast w/ gravy Baby Red Potatoes with Butter Cucumber Salad Rye Bread/ Butter Frosted Lemon Cake <b>Alt. Diet Cake</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Sweet & Sour Chicken Brown Rice Green Peppers, Onion and Pineapple Chunks in Sweet & Sour Sauce Apricots Dinner Roll w/ Butter Fortune Cookie	Turkey Ala King over Biscuit/Butter Broccoli Spiced Apple Rings Frosted Chocolate Cake <b>Alt. Plain Angel Food</b>	Baked Ham Scalloped Potatoes Green Peas Bread/Butter Cranberry Oatmeal Bar <b>Alt. Fresh Fruit</b>	<b>THANKSGIVING HOLIDAY</b> <b>NO MEALS SERVED</b> 	<b>CLOSED</b> <b>NO MEALS SERVED</b> 
				

**SENIOR DINING AND HOME DELIVERED MEAL MENU DECEMBER, 2014**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Meatballs in Marinara Sauce Whole Wheat Penne Pasta Italian Bread/Butter Romaine Lettuce Salad/Dressing Tropical Fruit	Polish Sausage Ketchup/Mustard Parsley Potatoes Sauerkraut Bread/Butter Brownie <b>Alt. Fresh Fruit</b>	Chicken Rice Au gratin Casserole California Blend Dinner Roll/Butter Pears Pie <b>Alt. Vanilla Wafers</b>	<b>National Cookie Day</b> Chili w/ crackers Tossed Salad Ranch Dressing Biscuit/Butter Mandarin Oranges Cookie <b>Alt. Plain Cookie</b>	Tuna Casserole Carrot Coins Blueberry Muffin w/Butter Pineapple Sherbet Cup <b>Alt. Diet Gelatin</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Swiss Steak w/Gravy Egg Noodles Broccoli & Cauliflower Italian Bread w/Butter Pear Half Oatmeal Raisin Cookie <b>Alt. Plain Cookie</b>	Baked Chicken Quarters Sweet Potatoes w/Butter Romaine Salad w/Dressing Fresh Banana Dinner Roll w/ butter	Scalloped Potatoes w/Ham Peas and carrots Dinner Roll w/Butter Apricots Frosted Chocolate Cake <b>Alt. Plain cake</b>	Chicken Parmesan Mostaccioli w/Marinara Vegetable Blend Spinach Salad w/Dressing Italian Bread w/Butter Sliced Peaches	Baked Cod / tartar sauce Hash Brown Casserole Creamy Coleslaw Bread /Butter Kiwi Dessert Bar <b>Alt. Banana</b>
<b>PLEASE NOTE: MENU MAY BE SUBJECT TO CHANGE WITOUT NOTICE; 1% MILK INCLUDED; ALT= LOW SUGAR ALTERNATIVE</b>				