



2010 Caregiver Intermission Program

The *Caregiver Intermission Program* is a collaborative, intergenerational program developed by the Aging and Disability Resource Center of Waukesha County, the Elmbrook Church Senior Adult Ministries and the Beyond Books Home School Program. This is an intergenerational program of art, music and conversation, gives the family caregiver and their care receiver an opportunity to share a meaningful and memorable event together. Each will reap the benefits of love, laughter and supportive activities.

**The 2010 Caregiver Intermission Program will be held on:
The 4th Thursday of the month
July 22, August 26, September 23 and October 28
11:00 am - 2:00 pm
Elmbrook Church
777 S. Barker Road in Brookfield
Room B-200 Quad
Rear entrance by the outdoor playground**

There will be 3 activity periods, which will allow seniors and their caregivers to interact in a meaningful way together with volunteer adults and children.

- 11:00 – 11:30 AM** Gathering/Ice-breaker activity
11:30 – 12:15 PM - Memory Craft/Reminiscing/Sing Along
Care Receivers will have a gently guided, interactive craft or activity by loving volunteers
Caregivers will have a discussion topic and sharing time
12:15 – 1:00 PM Reunite for congregate lunch. Lunch discussion.
Topic will be centered on activity of the day. Ex(Photographs and Memories)
1:00 – 1:30 PM TimeSlips Storytelling
1:30 – 2:00 PM Drumming/Rhythm Circle

Come with an Open Heart and be filled with lots of smiles and love.

Suggested Donation: \$5 per couple, to offset the cost of supplies

Pre-registration is required. You may register by calling the Aging and Disability Resource Center of Waukesha County (Aimee Henry) at (262)-548-7835.

**This program will be funded through:
Elmbrook Church Senior Adult Ministries,
The Aging and Disability Resource Center of Waukesha County and
The National Family Caregiver Support Program Grant**