



## Arts & Crafts Corner

Source: [www.crafts.kaboose.com](http://www.crafts.kaboose.com)

### Thumbprint Ladybugs

#### Materials:

- 1 sheet green construction paper
- 1 sheet light blue construction paper
- 2-3 cotton balls
- Acrylic paint: light blue, red, orange, light green, pink, black and white
- Toothpick
- Glue stick
- Scissors

#### Directions:

1. Place the light blue construction paper on the work surface. With glue, cover the bottom third of the paper where the "grass" will be. Place the green paper on top of the glued area and press down to seal.
2. Turn paper over and trim off all but 1 inch of the green paper.
3. Apply glue stick to that remaining 1 inch of green paper, and then fold it up onto the blue paper and press to seal to make a clean bottom edge.
4. Turn paper back over. Use the glue stick to "draw" on some clouds in the sky. Pull apart cotton balls and attach to the glue to create the clouds.
5. Dip child's thumb into colored paint and press thumb onto green area of the paper. Repeat in different colors and press onto different areas of the green paper. Let the colored paint dry.
6. Dip only the tip of the child's thumb in black paint and press onto the front of each of the colored thumbprints to create the ladybug heads.
7. Use a toothpick dipped in black paint to add the ladybug spots.
8. Wipe the black paint off of the toothpick. Turn toothpick around and dip the clean end into white paint to dot on the eyes. Let dry.
9. When white paint is dry, use toothpick dipped in black paint to add the pupils.

#### Tips:

1. Instead of creating the eyes with paint and a toothpick, you can glue on tiny wiggle eyes.
2. Because thumbprints are definitely keepsakes, be sure to write the child's name and date on the back.
3. For added color, allow children to create flowers with their fingertips along the grass horizon line.

### Egg Carton Buggy Mobile

#### Materials:

- 18 place cardboard egg carton
- Scraps of colorful patterned papers (wallpaper samples, old greeting cards) or construction paper
- Acrylic paints: red, orange, brown, light blue, green, purple, yellow, white and pink
- Scissors
- 2 black skinny chenille stems
- 9 flat-backed heavy pebbles, marbles, or other object
- White yarn
- 2 heavy twigs or craft dowels
- 9 medium black pom poms
- 18 small wiggle eyes
- White craft glue
- Acrylic sealer spray
- Paintbrush
- Hot glue gun



#### Directions:

1. Remove the lid of the cardboard egg carton and save for another project. Place bottom of egg carton upside down and paint two sections with each color noted above (i.e. 2 red, 2 orange, 2 brown, etc). Repeat for a second coat and let dry. Spray all painted cups with acrylic sealer spray.
2. Cut the egg carton sections apart. Trim around the sections so that all you have left are colored cups.
3. If using patterned paper, most likely the backside of the paper is blank. If this is the case, fold the patterned paper in half, pattern on the outside. Put a layer of glue in between and stick together. This will create a piece of patterned paper that is patterned on both sides. If using construction paper this step is not necessary.
4. Cut leaf-shaped wings from the paper.
5. Separate the colored egg cups so that you have two groups of nine cups, one of each color.
6. Turn one group of colored cups over, set the other group aside.
7. Squeeze some white glue into each of the cups that are turned upward. Place a flat-backed marble into each cup and allow time for the glue to dry. This will give each bug enough weight that they will hang nicely on your mobile and will cut down on the lines tangling together. It will also help the bugs to "look" downward so that they are seen from the ground.
8. Cut 9 pieces of yarn about 18" long each.
9. Onto each of the egg cup halves with the marble in them, glue a black pom pom to the closed (bottom) end. Now pair up your colored egg cups.
10. To assemble each bug body you will need a pair of the same colored egg cups, a set of paper wings, an 18" piece of yarn and your hot glue gun. Pipe a layer of hot glue onto the outer open edge of the egg cup with the marble in it, place the wings onto the glue, the yarn in the middle of the open cup at the top, and then the other egg cup goes on last. Repeat these steps for each bug.
11. Now that the bodies are assembled you can glue the wiggle eyes onto the black pom poms.
12. Cut the black chenille stems into 2" pieces. Bend the ends or twist them around a thin handled paintbrush. Put a dot of hot glue on the straight end and push into the top of the pom pom. Repeat for the other antenna.
13. Cut another piece of yarn about 12" in length. Crisscross the two dowels and wrap with yarn to secure, add a dot of glue to reinforce. Be sure there is enough yarn left over to tie a loop at the top to hang your mobile from.
14. Tie each bug onto the dowels, two on each 'arm' and one in the middle. Stagger the lengths and tie in place. When you have them where you want them, trim the excess.

## Nutritious Nibbles: Spring Snacks



Sources: [www.perpetualpreschool.com](http://www.perpetualpreschool.com)

**Ants on a Log:** Cut up celery, put peanut butter on the inside of the celery stalk and top with raisins to serve as ants.

**Butterfly:** Cut up celery, put cream cheese on the inside the celery stalk, insert a pretzel knot on each side to serve as wings and add two small pieces of celery for antennae.



#### What's Inside This Issue:

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## LENDING LIBRARY - FREE

**Attention Certified Family Child Care Providers...** Are you aware that there is a lending library for you to use that has books, toys and equipment that you can borrow to use in your child care programs? Cost to you is FREE. Currently the library has car seats, double strollers, port a cribs and port a crib sheets, safety gates, baby monitors, children's books and baby activity gyms. We are in the process of expanding this library by purchasing more items. To sign equipment in and out, contact Karen Narlow at 970-4795 or [knarlow@waukeshacounty.gov](mailto:knarlow@waukeshacounty.gov) and arrange for a time to come in **OR** contact Karen and she can deliver an item to you.



## CERTIFIER'S CORNER New Standards For Cribs Used Within Child Care Programs

### New Standards For Cribs Used Within Child Care Programs:

This is just an update to alert all regulated child care providers that the Consumer Products Safety Commission has approved new standards for cribs. These new standards have not yet been published, but they will affect all child care providers who currently have drop-side cribs in use in their child care programs. The new standards will require that all child care programs (licensed and certified) will no longer be able to have drop-side cribs in use by children in the program. These standards will take effect for child care centers 24 months (2 years) after the date the new standards are published. **Drop-side crib (full-size or small) will need to be replaced.** The Department of Children & Families plans to update this new requirement during this current rule revision. I will pass along further information on this new crib rule once it becomes available. Listed below is an attached press release article from the Consumer Products Safety Commission.

### U. S. Consumer Product Safety Commission (CPSC) Approves Strong New Crib Safety Standards To Ensure a Safe Sleep for Babies and Toddlers

WASHINGTON, D.C. – The U.S. Consumer Product Safety Commission (CPSC) voted unanimously to approve new mandatory standards for full-size and non-full-size baby cribs as mandated by the Consumer Product Safety Improvement Act of 2008 (CPSIA). The federal crib standards had not been updated in nearly 30 years and these new rules are expected to usher in a safer generation of cribs.

Once they become effective, the mandatory crib standards will: (1) stop the manufacture and sale of dangerous, traditional drop-side cribs; (2) make mattress supports stronger; (3) make crib hardware more durable; and (4) make safety testing more rigorous.

CPSC has recalled more than 11 million dangerous cribs since 2007. Detaching drop-side rails were associated with at least 32 infant suffocation and strangulation deaths since 2000. Additional deaths have occurred due to faulty or defective hardware. These new standards aim to prevent these tragedies and keep children safe in their cribs.

**Effective June 2011, cribs manufactured, sold, or leased in the United States must comply with the new federal standards. Effective 24 months after the rule is published, child care facilities, such as family child care homes and infant Head Start centers, and places of public accommodation, such as hotels and motels, must have compliant cribs in their facilities.**

The full-size and non-full-size crib standards adopted the current ASTM International voluntary standards with additional technical modifications. For more information on crib safety and safe sleep environments for baby, visit CPSC's crib information center at: [www.cpsc.gov/info/cribs/index.html](http://www.cpsc.gov/info/cribs/index.html)

Look for additional details regarding this topic in future newsletters...



## PROVIDER APPRECIATION DAY

May 6, 2011

"The Friday before Mother's Day, May 6, 2011, is Provider Appreciation Day, a special day to recognize child care providers, teachers, school-age program staff, child care center directors and staff, and all those who work with children and are responsible for their education and care. It is estimated that there are nearly 2.8 million child care providers in the United States and that more than 11 million children under age 5 are in their care..."

Provider Appreciation Day was started in 1996 by a group of volunteers in New Jersey who saw the need to recognize the tireless efforts of providers who care for children and working parents. Momentum and support for this event has grown each year and recognition presently includes individuals and government organizations throughout North America, Europe, and Asia. To learn more about Provider Appreciation Day or for ideas on how you can thank your child care provider, visit [www.providerappreciationday.org](http://www.providerappreciationday.org). --Taken from Press Release by National Association of Child Care Resource and Referral Agencies ([www.naccrra.org](http://www.naccrra.org))



### Thank you to all of our providers:

"Care in Daycare"  
"Healthy Living Child Care"  
"Small Wonders"  
"Shooting Starz Care Center"  
"Teachable Moments"  
"Ages & Stages"  
Doyle, Dawn  
"Hugs & Kisses"  
"Jan Ehli's Day Care"  
"Miss Julie's House"  
"M. Poppins Family Day Care"  
"My Angels Child Care"  
"Faith, Trust and Pixie Dust"  
"Tiny Treasures"  
"Melissa's Family Day Care"  
"Miss Nikki's Day Care"  
"Nurturing Minds"  
"Hello Friends Family Daycare"  
"Marie's Day Care"  
"Tasha's Tender Touch"  
"Manley's Extended Home Care"  
"Christine's Daycare"  
Otterbacher, Danielle  
"Lasting Impressions"  
Stanley, Marissa  
Steiner, Heather  
"Rose's Day Care"  
"Chosen Childcare Family Preschool"  
"Sharon's Playhouse"  
"Mother's Love Daycare"  
"Auntie E's Child Care"  
"Tadpoles To Frogs Family Daycare"

## LET'S CELEBRATE

May Anniversaries of Waukesha County Certified Child Care Providers

Congratulations to Rhonda Edgerson and Julie Emery. Thank you for the outstanding care you provide to the children of Waukesha County.

Rhonda Edgerson: Initial County Certification  
Date May 21, 2001-10 years  
Julie Emery: Initial Certification Date May 1, 2000  
- 11 years



[www.cnn.com](http://www.cnn.com)

AAP: Toddlers in rear-facing seat until 2 years old

"(Parenting.com) -- In a new policy statement published in the April 2011 issue of [Pediatrics](#), the American Academy of Pediatrics now advises parents to keep toddlers in rear-facing car seats until age 2, or until they exceed the height or weight limit for the car seat, which can be found on the back of the seat.

Previously, the AAP advised parents to keep kids rear-facing as long as possible, up to the maximum limit of the car seat, and this has not changed.

But it also cited one year and 20 pounds as the minimum for flipping the seat, which many parents and pediatricians interpreted as conventional wisdom on the best time to make the switch.

The new policy clarifies the AAP's recommendation, making age 2 the new guideline -- a real game-changer for parents of toddlers.

A 2007 study in the journal [Injury Prevention](#) found that children under age 2 are 75 percent less likely to die or to be severely injured in a crash if they are rear-facing. Another study found riding rear-facing to be five times safer than forward-facing.

"A rear-facing child safety seat does a better job of supporting the head, neck and spine of infants and toddlers in a crash, because it distributes the force of the collision over the entire body," said Dennis Durbin, M.D., F.A.A.P., a pediatric emergency physician and co-scientific director of the Center for Injury Research and Prevention at The Children's Hospital of Philadelphia and lead author of the policy statement and accompanying technical report.

Parenting talked to Ben Hoffman, M.D., associate professor of pediatrics at the University of New Mexico in Albuquerque and a child passenger safety technician, to get answers to parents' most pressing questions about the new policy.

Although the new baseline is now age 2, the AAP has advised parents since 2002 to keep kids rear-facing until they reach the height or weight limit of their car seat. Why are parents so eager to turn their car seats?

"Parents are interested in milestones, and the minimum of one year and 20 pounds has been interpreted as gold standard instead of the minimum," says Hoffman. "Parents are always looking for the next stage of development because in every other scenario, that's a good thing. With car safety seats, however, that's often not the case."

But isn't forward-facing easier for everyone?

Yes, it's easier to interact with your child when she is facing forward, and less awkward to get her into the seat. But safety should be the main concern. "I would ask parents to consider the protection of the child in addition to comfort," says Hoffman. "It's minimally acceptable to change to forward-facing at a year, but parents can do better than that."

What about squished legs?

Kids who have been only rear-faced will most likely not be bothered, since they don't know anything else. And it's completely fine for their feet to touch the seat back, or for their legs to bend. "Once you make the switch, it's hard to go back, so try not to ever switch them before they are ready," says Hoffman.

Why are so few parents aware of even the older guidelines that say kids should stay rear-facing as long as possible?

There may have been some confusion with the message, with many parents mistaking the minimum for the ideal age to make the switch. The AAP hopes that by making age 2 the new guideline, the message will be less confusing for parents and for pediatricians.

If my child turns 2 before he reaches the height or weight limit for the seat, should I keep him rear-facing?

Yes. The safest decision is to keep him rear-facing until he reaches the height or weight limit for the seat.

If my child reaches the height or weight limit for my seat before age 2, what should I do?

Once your child exceeds the height and weight limit of his infant car seat, purchase a convertible car seat with a higher height or weight limit (most go to 35 pounds rear-facing) and continue to use it rear-facing until age two, or until your child hits the height or weight limit for rear-facing use. At that point you can make the switch to forward-facing-- or you can purchase a convertible car seat with a higher weight limit for rear-facing (some go up to 45 pounds).

"That's a very personal decision for the parent," says Hoffman, one that may also be influenced by the size of your car, the arrival of a younger sibling, or your budget.

What should I do if I've already switched my under-2 child for forward-facing? The best advice is for parents to consider switching their child back to rear-facing. But the next best thing is to, at a minimum, make sure you correctly use the seat you have: Make sure the seat is harnessed tightly to the vehicle, that the harness is snug over the child and the chest clip is in the correct position, and that the seatbelt or LATCH system are installed correctly."

## Professional Development, Networking & Training Corner:

**Conference Scholarship Opportunity:** Would you like to attend the Wisconsin Early Childhood Conference in October in Appleton? The Certification Staff will award several scholarships for our certified providers to attend this upcoming conference. Waukesha County would cover the conference fee cost so providers would have to cover the hotel cost. Watch for further scholarship details on how to qualify in upcoming newsletters. The Wisconsin Early Childhood Conference is October 20-22.

### Waukesha County Health & Human Services Child Care Trainings:

- Monday, May 16<sup>th</sup> from 6 p.m. to 9 p.m. in the Board Room  
**Suspected Child Abuse & Neglect Mandated Reporter (SCAN-MRT) Training**

### Waukesha County Family Day Care Association:

- Tuesday, May 17<sup>th</sup> at 7:00 p.m.** Waukesha County Administration Ctr. 1320 Pewaukee Road, Waukesha, WI

### 4C for Children:

320 W. Vine Street Milwaukee Call 414-562-2650 to register or register online at [www.4c-milwaukee.org](http://www.4c-milwaukee.org):

- CPR Training** (\$60) 5/14/11 at 10:00 AM and 5/23/11 at 6:30 PM
- Shaken Baby Syndrome** (\$17) 5/6/11 at 10:00 AM & 5/16/11 at 6:30 PM
- Sudden Infant Death Syndrome** (\$17) 5/9/11 at 1:00 PM
- Suspected Child Abuse and Neglect Mandated Reporter Training** (\$17) 5/13/11 at 12:30 PM

### Wisconsin Early Childhood Association: [www.wecanaeyc.org](http://www.wecanaeyc.org)

**Parents Place:** 1570 E. Moreland Blvd Call 262-549-5987 to register

- Love and Logic-** Mondays May 2-23 at 5:30 p.m.
- Co-Creative Discipline Teaching Children to Cooperate -** Tuesdays May 3 & 10 at 5:30 p.m.
- Teen Managing Anger-** Mondays May 9 & 16 at 5:30 p.m.
- Secrets to Good Communication-** Tuesdays May 17 & 24 at 5:30 p.m.
- New Ideas for Parenting Children and Adolescents with ADD & ADHD -** Wednesday, May 18 & 25 at 5:30 p.m.

**DCF/MECA Special Needs Child Care Program:** Call 414-289-6558 to register

Coggs Center- 1220 W. Vliet Street, Milwaukee, Room 104 (\$10 per class)

- How to Handle Bullies-** Wednesday, May 4<sup>th</sup> at 5:45 p.m.
- Understanding ADHD and Co-Existing Disorders-** Saturday, May 14<sup>th</sup> at 9:30 a.m.

### Save The Date...Tuesday 10/4/11

Waukesha County Child Care Provider Recognition Celebration

### Free Seminar on ADD/ADHD

#### ADD/ADHD NUTRITION AND NEUROSCIENCE

Presented by Dr. Mark Davis

If you are wondering, what else you can do to help children perform to their potential...Dr. Mark Davis will discuss a nutritional approach and alternatives to helping children/students succeed with focus and attention. With summer just around the corner, it is a perfect time to explore options for your child. As a child who was once medicated for ADHD, Dr. Davis will discuss his journey and knowledge of brain function related to nutrition and education. Anyone is welcome to attend.

**Tuesday May 10<sup>th</sup> 6:30 PM at St. Johns Lutheran Church**

410 Highway NN West, Mukwonago, WI 53149

(Across from Mukwonago High School)

For more info, please call 262-210-1876

Sponsored by the following: Mukwonago Chamber of Commerce Businesses...Sound Learning – Jennifer Trewyn M.S. OHC...Chiropractic FIRST – Dr. Mark Davis