



**Fund Purpose**

The Aging and Disability Resource Center's Senior Dining and Home Delivered Meals programs function under the provisions of the Title III-C-1 and C-2 Older Americans Act, as amended. The programs provide low cost nutritious meals meeting one third of the recommended dietary allowance to persons age 60 or older with emphasis placed on outreaching the targeted frail, isolated, homebound and disadvantaged older population.

The Senior Dining and Home Delivered Meals programs provide nutrition services that assist older individuals to live independently, by promoting better health through improved nutrition and reduced isolation through programs coordinated with supportive services. The nutrition programs contribute significantly to helping older people remain healthy, active and independent in their homes and communities.

<b>Financial Summary</b>	2008	2009	2009	2010	Change From 2009	
	Actual	Adopted Budget	Estimate (a)	Budget	Adopted Budget \$	%
<b>Revenues</b>						
General Government	\$624,868	\$620,033	\$650,381	\$650,381	\$30,348	4.9%
Fine/Licenses	\$0	\$0	\$0	\$0	\$0	N/A
Charges for Services	\$0	\$0	\$0	\$0	\$0	N/A
Interdepartmental	\$63,743	\$7,811	\$0	\$0	(\$7,811)	-100.0%
Other Revenue	\$347,401	\$404,808	\$438,554	\$476,354	\$71,546	17.7%
Appr. Fund Balance (b)	\$32,711	\$24,800	\$24,800	\$5,290	(\$19,510)	-78.7%
<b>County Tax Levy</b>	<b>\$212,390</b>	<b>\$247,368</b>	<b>\$247,368</b>	<b>\$204,320</b>	<b>(\$43,048)</b>	<b>-17.4%</b>
<b>Total Revenue Sources</b>	<b>\$1,281,113</b>	<b>\$1,304,820</b>	<b>\$1,361,103</b>	<b>\$1,336,345</b>	<b>\$31,525</b>	<b>2.4%</b>
<b>Expenditures</b>						
Personnel Costs (a)	\$479,461	\$486,581	\$490,517	\$488,446	\$1,865	0.4%
Operating Expenses (a)	\$740,747	\$788,468	\$795,265	\$817,432	\$28,964	3.7%
Interdept. Charges	\$31,264	\$29,771	\$28,829	\$30,467	\$696	2.3%
Fixed Assets	\$0	\$0	\$0	\$0	\$0	N/A
<b>Total Expenditures</b>	<b>\$1,251,472</b>	<b>\$1,304,820</b>	<b>\$1,314,611</b>	<b>\$1,336,345</b>	<b>\$31,525</b>	<b>2.4%</b>
Rev. Over (Under) Exp.	\$29,641	-	\$46,492	-	-	N/A

**Position Summary (FTE)**

Regular Positions	7.56	7.51	7.52	7.65	0.14
Extra Help	2.70	2.70	2.70	2.33	(0.37)
Overtime	0.00	0.00	0.00	0.00	0.00
<b>Total</b>	<b>10.26</b>	<b>10.21</b>	<b>10.22</b>	<b>9.98</b>	<b>(0.23)</b>

(a) 2009 operating expenses are estimated to be over the 2009 Adopted Budget due to higher personnel costs, volunteer mileage reimbursement, and higher food service costs resulting from an increase in the number of meals served. An inter-departmental fund transfer may be requested if the estimate materializes.

(b) Includes Nutrition Fund Balance appropriations for one-time expenditure items.

**Major Departmental Strategic Outcomes and Objectives for 2010**

**County-Wide Key Strategic Outcome: A county that assists at-risk citizens**

**Objective 1:** Provide services that improve health and wellness of high risk home delivered meal recipients. (Home Delivered Meals)

**Key Outcome Indicator:** Annual percent reduction in average nutrition risk score. High nutrition risk impacts health and independence. Reduction of 15-20% for high-risk meal recipients shows substantial improvement in health and wellness and is an indication of assisting at-risk citizens.

Performance Measure:	2008 Actual	2009 Target	2009 Estimate	2010 Target
Percent reduction in nutrition risk score of high-risk recipients.	14.3%	20.0%	15.0%	15.0%

**County-Wide Key Strategic Outcome: A county that provides customers with quality programs and services**

**Objective 2:** Provide socialization opportunities to reduce and prevent isolation and improve quality of life. (Senior Dining)

**Key Outcome Indicator:** Percent of positive responses to customer survey. Positive feedback on meeting customer socialization needs is an indication of quality service. Based on program history, a Department standard of 85% positive response is an indicator of success.

Performance Measure:	2008 Actual	2009 Target	2009 Estimate	2010 Target
Positive responses to customer survey regarding socialization needs being met.	97.3%	85.0%	95.0%	95.0%

**Home-Delivered Meals**

**County-Wide Key Strategic Outcome: A county that assists at-risk citizens**

**Program Description**

Provides meals and support to homebound people age 60 or older who have been assessed and meet eligibility requirements. Further assistance is provided to high-risk recipients through nutrition education, nutrition counseling, home visits, and supportive service intervention.

	2008 Actual	2009 Budget	2009 Estimate (a)	2010 Budget	Budget Change
<b>Staffing (FTE)</b>	<b>5.28</b>	<b>5.23</b>	<b>5.24</b>	<b>5.25</b>	<b>0.02</b>
General Government	\$230,533	\$224,518	\$248,286	\$297,016	\$72,498
Interdepartmental	\$63,743	\$7,811	\$0	\$0	(\$7,811)
Other Revenue	\$212,585	\$261,216	\$301,808	\$310,613	\$49,397
Appr. Fund Balance	\$26,680	\$9,350	\$9,350	\$2,500	(\$6,850)
<b>County Tax Levy</b>	<b>\$212,390</b>	<b>\$247,368</b>	<b>\$247,368</b>	<b>\$204,320</b>	<b>(\$43,048)</b>
<b>Total Revenues</b>	<b>\$745,931</b>	<b>\$750,263</b>	<b>\$806,812</b>	<b>\$814,449</b>	<b>\$64,186</b>
Personnel Costs (a)	\$250,228	\$252,007	\$254,101	\$258,731	\$6,724
Operating Expenses (a)	\$474,631	\$485,809	\$521,143	\$542,772	\$56,963
Interdept. Charges	\$13,286	\$12,447	\$12,391	\$12,946	\$499
Fixed Assets	\$0	\$0	\$0	\$0	\$0
<b>Total Expenditures</b>	<b>\$738,145</b>	<b>\$750,263</b>	<b>\$787,635</b>	<b>\$814,449</b>	<b>\$64,186</b>

Rev. Over (Under) Exp.	\$7,786	-	\$19,177	-	-
------------------------	---------	---	----------	---	---

(a) 2009 operating expenses are estimated to be over the 2009 Adopted Budget due to higher personnel costs, volunteer mileage reimbursement, and food service costs resulting from an increase in the number of meals served. An inter-departmental fund transfer may be requested if the estimate materializes.



**Program Highlights**

General Government revenues overall are budgeted to increase \$72,498 primarily due to Federal Older Americans Act Title IIIC-1 Congregate funding provided to the Home Delivered Meals program, which is budgeted to increase \$48,730 from \$0 in the 2009 Budget; Title IIIC-2 Home Delivered Meals funding allocation, which is budgeted to increase \$15,998 from \$176,080 to \$192,078; and Nutrition Services Incentive Program (NSIP) meal reimbursement, which is budgeted to increase \$7,770 from \$44,163 to \$51,933. Other revenue is budgeted to increase due to a projected increase of \$17,600 in general client donations based on a projected 10.0% increase in the number of home delivered meals served and a budgeted increase of \$0.04 in the average client meal donation from \$2.13 to \$2.17. Other revenue is also budgeted to increase due to \$31,797 increase from \$88,201 to \$119,998 for meals delivered to Managed Care Organization (MCO) clients. With the completion of the transition of clients from Long Term Care to service from MCOs, interdepartmental revenue for meals delivered to Adult Protective Services' (APS) clients decrease by \$7,811 to \$0 in 2010. Appropriated Nutrition Fund Balance of \$2,500 for one-time purchase of program equipment is reduced by \$6,850. Property Tax Levy in this program is reduced by \$43,048 due to additional general government and other revenue.

Personnel Costs are budgeted to increase in 2010 by \$6,724. A consolidated Home Delivered Meals (HDM) Distribution Center will begin operation at the Waukesha Expo Center in 2010, replacing three combined Senior Dining Center - HDM distribution sites existing in the City of Waukesha prior to 2010, bringing the total number of HDM distribution sites in the county to 10 from 12 prior to 2010. The budgeted increase in personnel costs for 2010 reflects the assignment of 100% of the costs at the consolidated distribution center to the Home Delivered Meals program, as well as increases due to salaries and benefits continuation costs for the 5.25 FTEs allocated to this program.

Operating expenses overall reflect a net increase of \$56,963 primarily due to an anticipated increase in food service costs of \$49,954 from \$418,186 to \$468,140 based on the projected 10.0% increase in the number of meals and a projected 3.0% food vendor price increase. Volunteer mileage reimbursement for meal delivery increases \$5,898 from \$63,287 to \$69,185. Office supplies increase by \$1,300 from \$500 to \$1,800 for a revised volunteer driver routing system for the HDM distribution sites. Other operating expenses experience a net decrease of \$189. Interdepartmental charges overall reflect a net increase of \$499 primarily due to an increase of \$956 in End User Technology computer maintenance and support charges assigned to the ADRC, offset by a net decrease of \$457 in other interdepartmental charges.

Home-Delivered Meals (cont.)



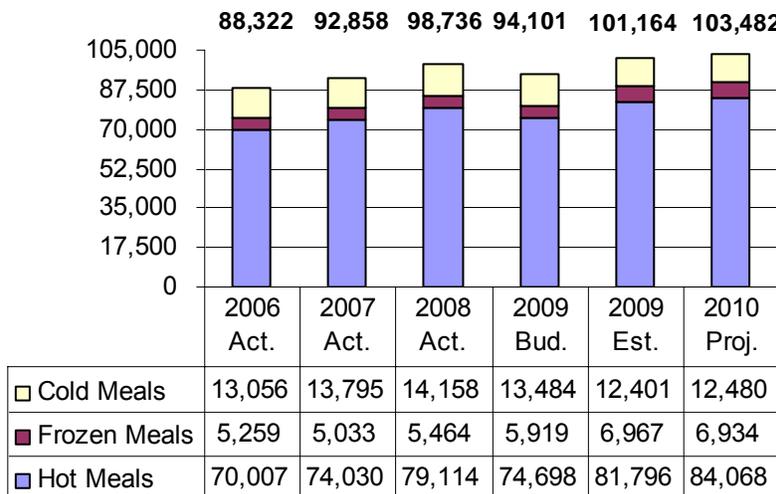
Activity

The Nutrition Screen includes Administration on Aging core nutrition risk definitions that identify nutrition problems that could impact future health and independence. A "Very High" risk score indicates a need for focused nutrition intervention. An ADRC strategic objective addresses the need to reduce high and very high risk scores. Risk is assessed annually or more frequently if warranted.

<b><u>NUTRITION SCREEN</u></b>	
<b><u>Risk</u></b>	<b><u>Score</u></b>
Low	0 – 5
High	6 – 15
Very High	16 or more

<b>Cost Per Meal Summary</b>					
	<b>2007 Act.</b>	<b>2008 Act.</b>	<b>2009 Bud.</b>	<b>2009 Est.</b>	<b>2010 Proj.</b>
Gross Cost Per Meal	\$7.26	\$7.48	\$7.97	\$7.79	\$7.88
Average Client Donation Per Meal	\$2.06	\$2.04	\$2.13	\$2.17	\$2.17
Net cost Per Meal	\$5.20	\$5.44	\$5.84	\$5.62	\$5.71

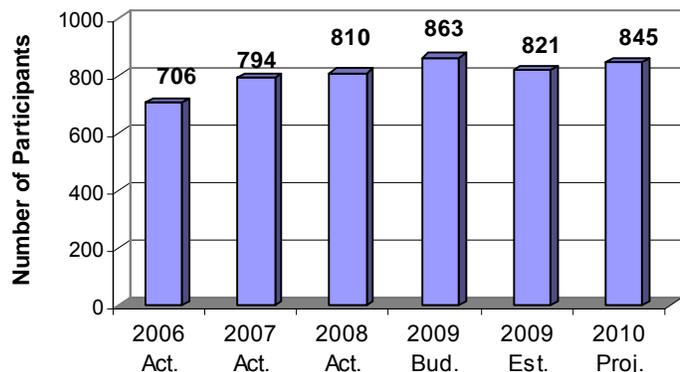
**Total Home Delivered Meals Served**



Projected number of home delivered meals for 2010 anticipates an increase of 9,381 meals from the 2009 budgeted number of meals to be served and increases 2,318 from the 2009 estimate. This increase in number of meals is based on actual experience during 2008 and the first half of 2009.

**Number of Registered Home Delivered Meal Program Participants**

Based on actual experience in 2008 and during the first half of 2009, the number of projected home delivered meal recipients in 2010 is expected to be at 845 an increase of 35 recipients from 2008 actuals, and a decrease of 18 from 2009 Budgeted level.



**Senior Dining**

**County-Wide Key Strategic Outcome: A county that provides customers with quality programs and services**

**Program Description**

Provides a nutritious meal with socialization, education, and health/wellness programs at community Senior Dining Centers for people age 60 or older who are eligible under the Older Americans Act and Wisconsin Senior Dining.

	2008 Actual	2009 Budget	2009 Estimate	2010 Budget	Budget Change
<b>Staffing (FTE)</b>	<b>4.98</b>	<b>4.98</b>	<b>4.98</b>	<b>4.73</b>	<b>(0.25)</b>
General Government	\$394,335	\$395,515	\$402,095	\$353,365	(\$42,150)
Interdepartmental	\$0	\$0	\$0	\$0	\$0
Other Revenue	\$134,816	\$143,592	\$136,746	\$165,741	\$22,149
Appr. Fund Balance	\$6,031	\$15,450	\$15,450	\$2,790	(\$12,660)
<b>County Tax Levy</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>
<b>Total Revenues</b>	<b>\$535,182</b>	<b>\$554,557</b>	<b>\$554,291</b>	<b>\$521,896</b>	<b>(\$32,661)</b>
Personnel Costs	\$229,233	\$234,574	\$236,416	\$229,715	(\$4,859)
Operating Expenses	\$266,116	\$302,659	\$274,122	\$274,660	(\$27,999)
Interdept. Charges	\$17,978	\$17,324	\$16,438	\$17,521	\$197
Fixed Assets	\$0	\$0	\$0	\$0	\$0
<b>Total Expenditures</b>	<b>\$513,327</b>	<b>\$554,557</b>	<b>\$526,976</b>	<b>\$521,896</b>	<b>(\$32,661)</b>
Rev. Over (Under) Exp.	\$21,855	-	\$27,315	-	-



**Program Highlights**

General Government revenues overall are budgeted to decrease \$42,150 due to a budgeted decrease of \$48,031 in the Federal Older Americans Act Title IIIC-1 grant allocation to be used in the Senior Dining program from \$356,317 to \$308,286, resulting from shifting a portion of this grant to the Home Delivered Meals program. This revenue reduction is partially offset by a budgeted increase of \$5,881 in the Nutrition Services Incentive Program (NSIP) meal reimbursements from \$34,923 to \$40,804. The overall Nutrition program grant is budgeted to increase only \$699. Other Revenue is budgeted to increase \$22,149 primarily related to prior year revenue. Appropriated Nutrition Fund Balance, which is budgeted to decrease by \$12,660 from \$15,450 to \$2,790, will be used for one time purchase of program equipment. No county tax levy is allocated to this program area.

Personnel costs are budgeted to decrease by \$4,859. Three city of Waukesha senior dining centers will be consolidated into one site in 2010, bringing the total number of senior dining centers in the county to 10 from 12 prior to 2010. The senior dining center in the City of Waukesha will serve only senior dining congregate meals, with a separate consolidated Home Delivered Meals (HDM) Distribution Center; the remaining 9 senior dining centers in the county will serve both senior dining meals and home delivered meals. The reduction of personnel costs in the Senior Dining program reflects a 0.25 reduction in FTEs resulting from the consolidation of the three centers in the City of Waukesha, partially offset by normal salaries and benefits continuation costs for the 4.73 FTEs allocated to Senior Dining program for 2010.

Operating expenses overall are budgeted to decrease \$27,999 primarily due to a food service cost decrease of \$25,538 from \$277,157 to \$251,619, which results from an 11.2% decrease in the estimated number of meals (6,937) from the 2009 Budget due to the declining trend of meals served, partially offset by an anticipated 3.0% food vendor price increase. With the closure of two senior dining centers, mileage reimbursement costs are estimated to decrease \$1,254 from \$8,000 to \$6,746. Other operating expenses are estimated at a net decrease of \$1,207.

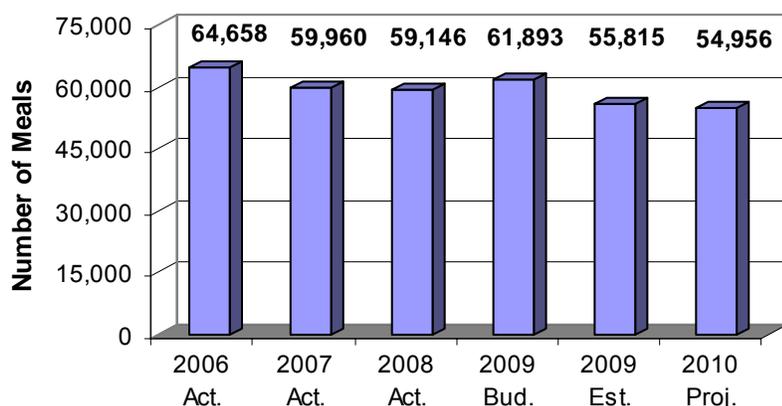
Senior Dining (cont.)



Activity

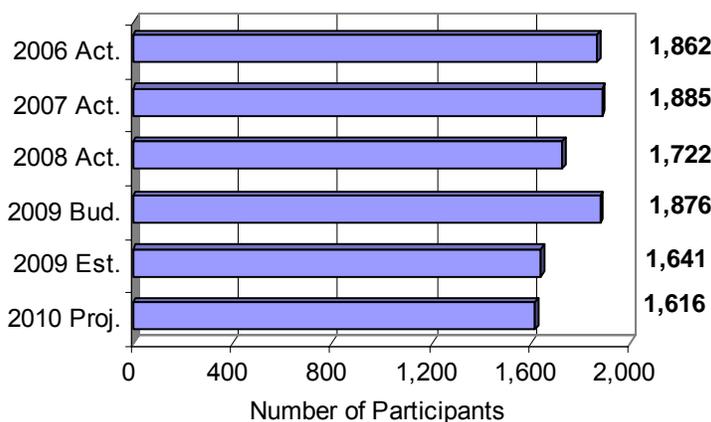
Cost Per Meal Summary					
	2007 Act.	2008 Act.	2009 Bud.	2009 Est.	2010 Proj.
Gross Cost Per Meal	\$8.22	\$8.68	\$8.96	\$9.44	\$9.50
Average Donation Per Meal	\$2.16	\$2.28	\$2.32	\$2.45	\$2.47
Net Cost Per Meal	\$6.06	\$6.40	\$6.64	\$6.99	\$7.03

Number of Senior Dining Meals Served



The 2010 Senior Dining program is expected to decrease by 4,190 meals from the 2008 actual level; decrease by 6,937 meals from the 2009 budget; and decrease by 859 from the 2009 estimate of meals to be served. Increasing suggested donation rates in 2009 and a decrease in the number of senior dining centers from 12 to 10 in 2010 are contributing factors to the decrease. There is no increase in the suggested donation for 2010.

Senior Dining Registered Participants



Based on actual experience during 2008 and during the first half of 2009, the number of Senior Dining participants, projected at 1,616 in 2010, is expected to decrease by 106 from 2008 actual level. This number is a 260 participant decrease from the 2009 budgeted number, and a decrease of 25 from the 2009 Estimate.

Number of Nutrition/Health Educational Sessions at Senior Dining Centers

	2006 Act.	2007 Act.	2008 Act.	2009 Est.	2010 Proj.
ADRC Sessions	460	460	482	300	250
Required	48	48	48	48	40
Difference	412	412	434	252	210

The ADRC schedules at least one nutrition educational session at each senior dining center monthly, more than the state requirement of at least one session quarterly. A decrease in sessions is estimated for 2009 and 2010. The increase in Home Delivered Meals served reduced the time available for senior dining center managers to coordinate educational sessions.