

Aging & Disability Resource Center

Nutrition Fund

Fund Purpose/Summary

Fund Purpose

The Aging and Disability Resource Center's Senior Dining and Home Delivered Meals programs function under the provisions of the Title III-C-1 and C-2 Older Americans Act, as amended. The programs provide low cost nutritious meals meeting one third of the recommended dietary allowance to persons age 60 or older with emphasis placed on outreaching the targeted frail, isolated, homebound and disadvantaged older population.

The Senior Dining and Home Delivered Meals Programs provide nutrition services that assist older individuals to live independently, by promoting better health through improved nutrition and reduced isolation through programs coordinated with supportive services. The nutrition programs contribute significantly to helping older people remain healthy, active and independent in their homes and communities.

Financial Summary	2007	2008	2008	2009	Change From 2008	
	Actual	Adopted Budget	Estimate (a)	Budget	\$	%
Revenues						
General Government	\$619,367	\$621,422	\$622,920	\$620,033	(\$1,389)	-0.2%
Fine/Licenses	\$0	\$0	\$0	\$0	\$0	N/A
Charges for Services	\$0	\$0	\$0	\$0	\$0	N/A
Interdepartmental	\$81,524	\$51,031	\$51,031	\$7,811	(\$43,220)	-84.7%
Other Revenue	\$302,523	\$314,053	\$331,461	\$404,808	\$90,755	28.9%
Appr. Fund Balance (b)	\$2,800	\$6,856	\$6,856	\$24,800	\$17,944	261.7%
County Tax Levy	\$212,950	\$212,390	\$212,390	\$247,368	\$34,978	16.5%
Total Revenue Sources	\$1,219,164	\$1,205,752	\$1,224,658	\$1,304,820	\$99,068	8.2%
Expenditures						
Personnel Costs	\$453,721	\$476,011	\$473,394	\$486,581	\$10,570	2.2%
Operating Expenses (a)	\$682,193	\$698,003	\$745,246	\$788,468	\$90,465	13.0%
Interdept. Charges	\$30,461	\$31,738	\$31,050	\$29,771	(\$1,967)	-6.2%
Fixed Assets	\$0	\$0	\$0	\$0	\$0	N/A
Total Expenditures	\$1,166,375	\$1,205,752	\$1,249,690	\$1,304,820	\$99,068	8.2%
Rev. Over (Under) Exp.	\$52,789	-	(\$25,032)	-	-	N/A

Position Summary (FTE)

Regular Positions	7.61	7.56	7.56	7.51	(0.05)
Extra Help	2.70	2.66	2.66	2.70	0.04
Overtime	0.01	0.00	0.00	0.00	0.00
Total	10.32	10.22	10.22	10.21	(0.01)

(a) 2008 operating expenses are estimated to be over the 2008 Adopted budget due to higher food service costs, an intra-departmental fund transfer may be requested if the estimate materializes.

(b) Includes Nutrition Fund Balance appropriations for one-time expenditure items.

Major Departmental Strategic Outcomes and Objectives for 2009

County-Wide Key Strategic Outcome: A county that assists at-risk citizens

Objective 1: Provide services that improve health and wellness of high risk home delivered meal recipients. (Home Delivered Meals)

Key Outcome Indicator: Annual percent reduction in average nutrition risk score. High nutrition risk impacts health and independence. Reduction of 20% for high-risk meal recipients shows substantial improvement in health and wellness and is an indication of assisting at-risk citizens.

Performance Measure:	2006 Actual	2007 Actual	2008 Target	2008 Estimate	2009 Target
Percent reduction in nutrition risk score of high-risk recipients.	17.2%	16.8%	20.0%	20.0%	20.0%

County-Wide Key Strategic Outcome: A county that provides customers with quality programs and services

Objective 2: Provide socialization opportunities to reduce and prevent isolation and improve quality of life. (Senior Dining)

Key Outcome Indicator: Percent of positive responses to customer survey. Positive feedback on meeting customer socialization needs is an indication of quality service. Based on program history, a Department standard of 85% positive response is an indicator of success.

Performance Measure:	2006 Actual	2007 Actual	2008 Target	2008 Estimate	2009 Target
Positive responses to customer survey regarding socialization needs being met.	85.2%	84.7%	85.0%	85.0%	85.0%

County-Wide Key Strategic Outcome: Cost effective services delivered with competence and skill

Objective 3: The Departments of Health and Human Service, Aging and Disability Resource Center, and Veteran Services will explore organizational and service efficiencies, enhancements, and alignments that might be achieved as a result of their co-location in the Human Services Center. The departments will report their recommendations and findings to the County Executive in the second quarter of 2009, for consideration in developing the 2010 budget.

Aging & Disability Resource Center

Nutrition Fund

Program

Home-Delivered Meals

County-Wide Key Strategic Outcome: A county that assists at-risk citizens

Program Description

Provides meals and support to homebound people age 60 or older who have been assessed and meet eligibility requirements. Further assistance is provided to high-risk recipients through nutrition education, nutrition counseling, home visits, and supportive service intervention.

	2007 Actual	2008 Budget	2008 Estimate (a)	2009 Budget	Budget Change
Staffing (FTE)	5.34	5.26	5.26	5.23	(0.03)
General Government	\$234,874	\$227,018	\$232,399	\$224,518	(\$2,500)
Interdepartmental	\$81,524	\$51,031	\$51,031	\$7,811	(\$43,220)
Other Revenue	\$172,620	\$174,340	\$194,319	\$261,216	\$86,876
Appr. Fund Balance	\$200	\$825	\$825	\$9,350	\$8,525
County Tax Levy	\$212,950	\$212,390	\$212,390	\$247,368	\$34,978
Total Revenues	\$702,168	\$665,604	\$690,964	\$750,263	\$84,659
Personnel Costs	\$237,407	\$248,838	\$247,479	\$252,007	\$3,169
Operating Expenses (a)	\$423,681	\$403,100	\$455,320	\$485,809	\$82,709
Interdept. Charges	\$12,785	\$13,666	\$13,197	\$12,447	(\$1,219)
Fixed Assets	\$0	\$0	\$0	\$0	\$0
Total Expenditures	\$673,873	\$665,604	\$715,996	\$750,263	\$84,659

Rev. Over (Under) Exp.	\$28,295	-	(\$25,032)	-	-
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(a) 2008 operating expenses are estimated to be over the 2008 Adopted budget due to higher food service costs, an intra-departmental fund transfer may be requested if the estimate materializes.



Program Highlights

General Government revenues increase in 2009 due to the Federal Older Americans Act Title IIIC-2 Home Delivered Meals funding allocation of \$2,977 increase from \$173,103 to \$176,080, offset by decreases in the Title IIIC-1 Congregate funding provided to the Home Delivered Meals program of \$5,151 to \$0.00, and in the Nutrition Services Incentive Program (NSIP) meal reimbursement of \$326 from \$44,489 to \$44,163 resulting in the overall General Government revenue decrease of \$2,500. Other revenue increase is due to a projected increase of \$28,122 in general client donations based on a projected 11.6% increase in the number of home delivered meals and an increase of \$0.15 in the average client meal donation from \$1.98 to \$2.13. Other revenue also increases by \$58,754 from \$29,447 to \$88,201 for meals delivered to Managed Care Organization (MCO) clients based on a full year of operation for the MCOs in 2009. Appropriated fund balance increase of \$8,525 from \$825 to \$9,350 will use \$1,300 for one-time small equipment purchases and \$8,050 for continued operational costs on a one-time basis to allow for the exploration of consolidating the city of Waukesha senior dining centers from 3 sites to 1 senior dining site and 1 home delivered meal distribution center during 2009. Interdepartmental revenue decrease of \$43,220 is due to a projected reduction of 6,946 meals, from 7,954 to 1,008, to be delivered to Adult Protective Services/ Community Options Program (COP) clients in 2009 as the COP clients transition to service from MCOs.

Personnel costs increase due to normal step and merit increases for the 5.23 FTEs allocated to this program. Operating expenses increase primarily due to an anticipated increase in food service costs of \$74,143 from \$344,043 to \$418,186 based on the projected 11.6% increase in meals and a projected 5.0% food vendor price increase. Volunteer mileage reimbursement for meal delivery increases \$7,704 from \$55,583 to \$63,287. This increase takes into consideration a 2009 savings of \$2,954 resulting from reducing home delivered meal routes 2 days per week from the Mukwonago Senior Dining Center and beginning delivery of hot and frozen meals in August of 2008. Other operating expenses increased by \$862. Decrease of \$1,219 in Interdepartmental charges decrease of \$1,219 resulted primarily from a reduction of \$741 in End User Technology Computer Maintenance charges assigned to the department, a reduction of \$187 in Workers Compensation charges, and a reduction of \$291 in other Interdepartmental charges.

Aging & Disability Resource Center

Nutrition Fund

Program



Activity

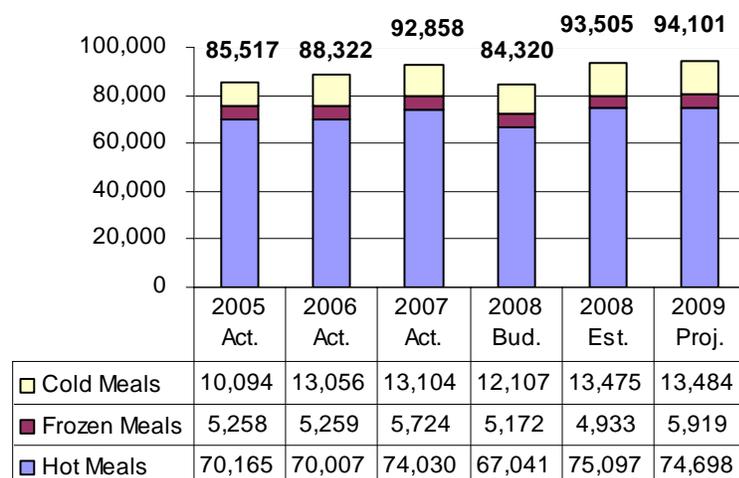
The Administration on Aging established core nutrition risk definitions that are incorporated into the Nutrition Screen to identify nutrition problems that could impact future health and independence. A "Very High" risk score indicates a need for focused nutrition intervention. A Department strategic objective addresses the need to reduce high and very high risk scores. Risk is assessed annually or more frequently if warranted.

NUTRITION SCREEN

<u>Risk</u>	<u>Score</u>
Low	0 – 5
High	6 – 15
Very High	16 or more

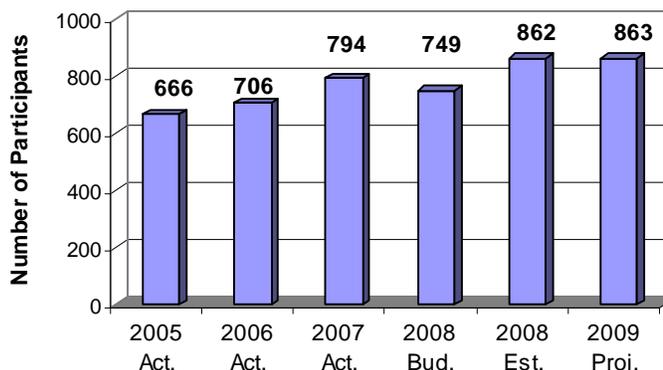
Cost Per Meal Summary					
	2006 Act.	2007 Act.	2008 Bud.	2008 Est.	2009 Proj.
Gross Cost Per Meal	\$7.12	\$7.26	\$7.89	\$7.66	\$7.97
Average Client Donation Per Meal	\$1.98	\$2.06	\$1.98	\$2.01	\$2.13
Net cost Per Meal	\$5.14	\$5.20	\$5.91	\$5.65	\$5.84

Total Home Delivered Meals Served



Projected number of home delivered meals for 2009 anticipates an increase of 9,781 meals from the 2008 budgeted number of meals to be served and increases 596 from the 2008 estimate. This increase in number of meals is based on actual experience during 2007 and the first half of 2008.

Number of Registered Home Delivered Meal Program Participants



Based on actual experience in 2007 and during the first half of 2008, the number of projected home delivered meal recipients in 2009 is expected to be at 863, an increase of 69 recipients from 2007 actuals, and an increase of 114 from 2008 Budget.

Aging & Disability Resource Center

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Program

Senior Dining

County-Wide Key Strategic Outcome: A county that provides customers with quality programs and services

Program Description

Provides a nutritious meal with socialization, education, and health/wellness programs at community Senior Dining Centers for people age 60 or older who are eligible under the Older Americans Act and Wisconsin Senior Dining.

	2007 Actual	2008 Budget	2008 Estimate (a)	2009 Budget	Budget Change
Staffing (FTE)	4.98	4.96	4.96	4.98	0.02
General Government	\$384,493	\$394,404	\$390,521	\$395,515	\$1,111
Interdepartmental	\$0	\$0	\$0	\$0	\$0
Other Revenue	\$129,903	\$139,713	\$137,142	\$143,592	\$3,879
Appr. Fund Balance	\$2,600	\$6,031	\$6,031	\$15,450	\$9,419
County Tax Levy	\$0	\$0	\$0	\$0	\$0
Total Revenues	\$516,996	\$540,148	\$533,694	\$554,557	\$14,409
Personnel Costs	\$216,314	\$227,173	\$225,915	\$234,574	\$7,401
Operating Expenses	\$258,512	\$294,903	\$289,926	\$302,659	\$7,756
Interdept. Charges	\$17,676	\$18,072	\$17,853	\$17,324	(\$748)
Fixed Assets	\$0	\$0	\$0	\$0	\$0
Total Expenditures	\$492,502	\$540,148	\$533,694	\$554,557	\$14,409

Rev. Over (Under) Exp.	\$24,494	-	\$0	-	-
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Program Highlights

General Government revenue increases are due to an increase of \$5,789 in the amount of the Federal Title III C-1 grant allocation to be used in the Senior Dining program from \$350,528 to \$356,317, partially offset by a reduction of \$4,678 in the Nutrition Services Incentive Program (NSIP) meal reimbursements from \$39,601 to \$34,923.

Other revenue increases are due to a projected increase of \$3,879 in general client donations based on an anticipated increase of \$0.15 in the average client meal donation from \$2.17 to \$2.32. Appropriated fund balance, which increases by \$9,419 from \$6,031 to \$15,450 will use \$2,010 for one-time purchase of program equipment and \$13,440 for continued operational costs on a one-time basis to allow for the exploration of the consolidation of city of Waukesha senior dining centers from 3 sites to 1 senior dining site and 1 home delivered meal distribution center during 2009. No county tax levy is allocated to this program area.

Personnel costs increase due to normal step and merit increases for the 4.98 FTEs allocated to this program.

Operating expenses increase due to an increase of \$13,784 in food service costs based on an anticipated 5.0% food vendor price increase; offset by decreases of \$1,570 in miscellaneous dining center operating expenses from \$8,570 to \$7,000; a reduction of \$2,050 in small equipment purchases from \$2,800 to \$750; a reduction of \$1,205 in office supplies from \$2,305 to \$1,100; a reduction of \$825 in dining center building rent from \$3,101 to \$2,276; and a net decrease of \$378 in other operating expenses.

Interdepartmental charges decrease is due primarily to a decrease of \$984 in End User Technology Computer Maintenance charges assigned to the department, offset by an increase of \$598 in fixed telephone charges, and a net decrease of \$362 in other interdepartmental charges.

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Nutrition Fund

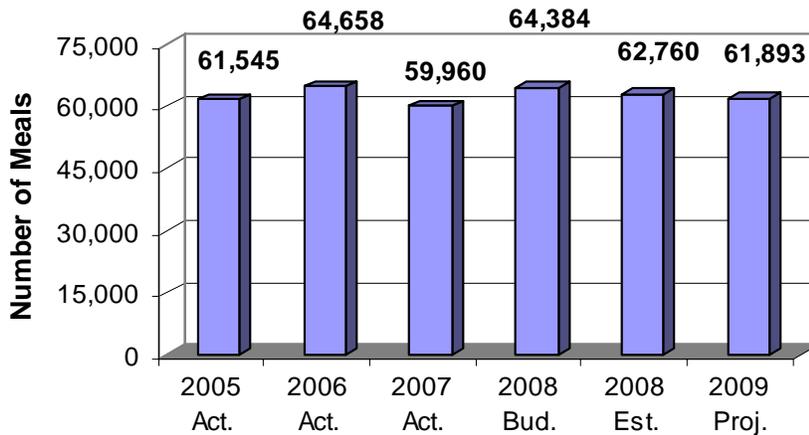
Program



Activity

Cost Per Meal Summary					
	2006 Act.	2007 Act.	2008 Bud.	2008 Est.	2009 Proj.
Gross Cost Per Meal	\$7.67	\$8.22	\$8.39	\$8.52	\$8.96
Average Donation Per Meal	\$2.17	\$2.16	\$2.17	\$2.20	\$2.32
Net Cost Per Meal	\$5.50	\$6.06	\$6.22	\$6.32	\$6.64

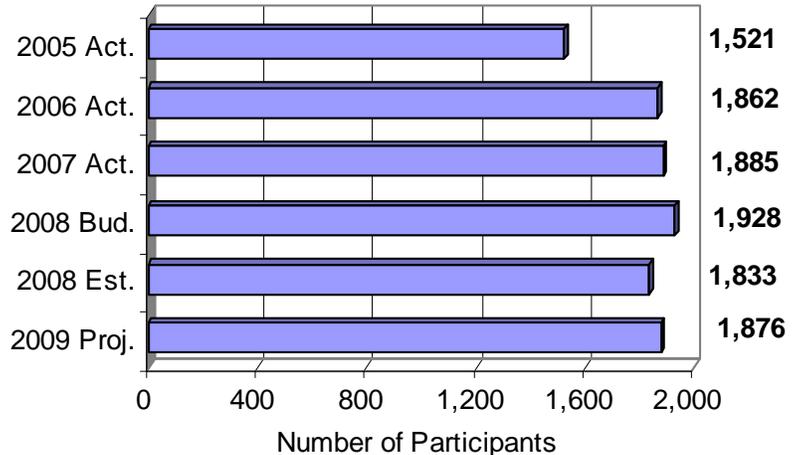
Number of Senior Dining Meals Served



The 2009 Senior Dining program is expected to increase by 1,933 meals from the 2007 actual level; decrease by 2,491 meals from the 2008 budget; and decrease by 867 from the 2008 estimate of meals to be served.

Senior Dining Registered Participants

Based on actual experience during 2007 and during the first half of 2008, the number of Senior Dining participants, projected at 1,876 in 2009, is expected to decrease by 9 from 2007 level. This number is a 52 participant decrease from the 2008 budgeted number, and an increase of 43 from the 2008 Estimate.



Number of Nutrition/Health Educational Sessions at Senior Dining Centers

<u>2005 Actual</u>	<u>2006 Actual</u>	<u>2007 Actual</u>	<u>2008 Estimate</u>	<u>2009 Projection</u>
568	460	460	528	516