

## How to Access WHARP?

Fill out referral form:  
<https://www.waukeshacounty.gov/HealthAndHumanServices/clinical-services/substance-use/WHARP/>

Call: 262-548-7211

Email:  
[WHARP@waukeshacounty.gov](mailto:WHARP@waukeshacounty.gov)

Walk in:  
Waukesha County Health and  
Human Services Center

Business Hours:  
Monday-Friday  
8:00 AM-4:30 PM

### WHARP Located at:

Waukesha County Department of Health and  
Human Services Outpatient Mental Health and  
Substance Use Services Clinic  
514 Riverview Ave  
Waukesha, WI 53188

Email: [WHARP@waukeshacounty.gov](mailto:WHARP@waukeshacounty.gov)

WHARP Phone # 262-548-7211

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## Women's Health and Recovery Project (WHARP)

[WHARP@waukeshacounty.gov](mailto:WHARP@waukeshacounty.gov)

## What is WHARP?

The *Women's Health and Recovery Project (WHARP)* is for women with substance use disorders and complex needs. A Navigator and a Peer Specialist work one-on-one with women to provide support, meet family needs, and overcome obstacles that would typically be a barrier to women in their recovery journey.

There is no cost to participate, and women do not need to be involved in any Waukesha County care or services.

WHARP is based on a collaborative process with a county-level agency facilitating care coordination, peer support, and collaborative referral to community services.

### Care Coordination

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- Help with basic needs
- Access and connection to community agencies providing assistance to services including but not limited to:
  - Pre-employment preparation
  - Housing
  - Childcare
  - Transportation
  - Medical/dental
  - Behavioral health
  - Education
- Utilizing trauma, gender, and cultural responsiveness
- Explore wellness activities
- Ongoing strength-based care navigation
- Offered in community and office based setting
- Help to overcome unexpected life events in the woman's recovery journey

### Peer Support Services

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- One-on-one sessions with someone who has lived experience
- Strength-based support in areas chosen by the woman
- Provide information on community and recovery oriented resources
- Offering effective recovery-based services
- Support multiple paths to recovery
- Help to build social skills in the community
- Lending unique insight into recovery and what makes recovery possible

**Eligibility:** Women with substance use disorders and complex needs, who reside in Waukesha County. *Women do not need to be involved in any treatment or Waukesha County services.*