

**AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY
ADVISORY BOARD
Meeting Minutes**

Meeting Date/Time: May 3, 2018 9:30 a.m.

Location: Human Services Center

514 Riverview Ave, Room 271

Waukesha WI 53188

Committee Members:

X Berthelsen, Judie
X Carriveau, Pat
X Cizel, Maria
A Franklin, Robert E.
X Friedrich, Carla
X Heberling, Sandie
X Howard, Christine

X LaMountain, Paulette
A Ludka, Elaine
A Sonia Miranda
X Schweda, Susan

X = Present A = Absent

Additional Attendees:

A Smith, Mary
X Bittman, Lisa
X DuPont, Sally

Call to Order

The meeting was called to order at 9:35 a.m. by Chairman C. Howard.

Public Comments

- Board Members M. Smith, R. E. Franklin, E. Ludka, and S. Miranda were absent.
- S. Schweda spoke about the memory café at the Elmgrove Public Library and how well run it was and she encouraged everyone to go.

Approval of April 5, 2018 Meeting Minutes

Chairman Howard called for approval of the meeting minutes of April 5, 2018. S. Schweda moved to approve the minutes; J. Berthelsen seconded the motion. All in attendance approved. Motion carried.

Aging Unit Plan 2019-2021 – Lisa Bittman

- This is a 3 year plan.
- This plan is focused on people aged 60 and older.
- It requires us to look at 5 specific areas and 1 local priority.
- The 5 specific areas are:
 - Advocacy
 - Elder Nutrition Programs
 - Services in Support of Caregivers
 - Dementia Services
 - Healthy Aging
- To get data for the Plan:
 - We conducted our Unmet Needs presentation.
 - We sent out a survey.
 - We will hold 8 listening sessions in the community including this board meeting today.
 - Once the input gathering sessions are complete we will develop a draft plan.
 - On July 20, 2018 the draft gets submitted to GWAAR for review.
 - November 2, 2018 the final draft is due to GWAAR.

Handouts

County Plan on Aging 2019-2021; ADRC Advisory Board Involvement
2019-2021 Aging Unit Plan – Input – Guided Conversations

- Biggest Needs the Board Members see:
 - Nursing homes problems
 - Lack of response
 - Ombudsman has no power
 - Permanent Employees vs temporary agency staff
 - Transportation
 - In particular to doctor's appointments
- Advocacy
 - Chart of needs after discharge and who to contact for advocacy if needed.
 - Getting the word out to the community about the ADRC and the services we offer.
 - Lobbying the state to advocate for policy changes.
 - Write letters/contact your Congressman.
- Elder Nutrition Programs
 - HDM should have a hotline for people to call with complaints/suggestions.
 - Include a contact card in with the HDM meals.
 - Put contact information on the placemats at the congregate meals.
 - More customer input on the food.
 - Offer activities after the congregate meals.

Aging Unit Plan 2019-2021 – Lisa Bittman (Cont'd)

- Services in Support of Caregivers
 - Notification of respite opportunities and a list of respite resources.
 - More education for the caregivers so they can be more knowledgeable of physical care/equipment use.
 - A support line for caregivers.
 - Hospice information.

- Dementia Services
 - Educating the families/public on dementia.
 - Medication education.
 - More dementia friendly neighborhoods.
 - Intermission program for dementia caregivers and patients.
 - Respite for caregivers of dementia patients.
 - More family restrooms in public places.
 - Dementia Friendly window clings.
 - Randy Kohl, ADRC Dementia Specialist, to speak at one our board meetings to educate the ADRC Board on dementia.

- Healthy Aging Needs
 - Coordinating with CHIPP.
 - More community outreach.
 - More facilities offering physical fitness activities.
 - Classes on wellness and nutrition.

ADRC Manager Report – Lisa Bittman

- 12 new staff will be hired to replace those affected by the termination of the LSS contract.
- Nicole Kelly, our new Marketing Coordinator, has started and Tiffany Blackmon is a new ADRC Specialist with the County.
- We are beginning to prepare for the 2019 county budget.
- The Aging Empowerment Conference is in June 2018 at Wisconsin Dells and Lisa stated if the board members were interested in going, to let her know.

ADRC Coordinator Report –Lisa Bittman

Lisa has been working on the Aging Unit Plan.

ADRC Consumer Concerns – Lisa Bittman

None

Health and Human Services Committee Report - Christine Howard

- C. Howard stated they did not have a Health and Human Services Committee report from last month.
- C. Howard stated the Health and Human Services Committee did meet with the County Executive and provided him information on the unmet needs for Health and Human Services.
- May 10, 2018 will be the Health and Human Services Committee's next meeting.

Other Business/Updates - All

None

Adjournment

Chairman Howard called for a motion to adjourn the meeting at 11:00 a.m. J. Berthelsen moved to adjourn; P. Carriveau seconded the motion. All in attendance approved. Motion carried.

Next Meeting: June 7, 2018

Health & Human Services Center, Board Room 271

514 Riverview Avenue

Waukesha WI 53188

Approved Patricia Carriveau Date 6/7/18

Submitted by Sally DuPont, ADRC Support Staff Supervisor