Substance Use Trends and the County's Response

John Kettler, MS, CSAC, LPC, ICS

Integrated Mental Health/Substance Use Services Supervisor
Waukesha County Dept. of Health and Human Services
Clinical Services Division

From my vantage point...

- Objectives
- · Discuss local trends in substance use
- Discuss Waukesha County programming
- Include all substance use prevention and treatment initiatives in the county

Local substance use trends

- 2017 WI Youth Risk Behavior Survey
 - Measures include tobacco, mental health, sex
 - Alcohol use in the past 30 days has decreased steadily among adolescents 30.4%
 - 2017 was the first time asked about prescription painkillers 11.2% unauthorized use
 - Decreasing use of cocaine (4.4%), inhalants (5.8%), and over the counter (6.1%)
 - Cigarettes down, vaping up



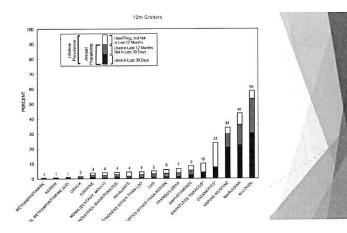
YRBS data cont.

- Marijuana
 - · 16% actively use it
- 30.2% have ever used it
- · Note changing landscape edibles, wax
- Fewer students (18.4%) have been offered drugs in school
- Downward trend in drug and alcohol use holds for both males and females as well as all racial and ethnic groups

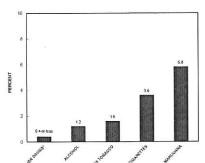


Monitoring the Future Survey

- National survey of over 40,000 students in grades 8, 10 and 12
- 1975-2018
- · Public and private schools
- 610 page report
- Data generally corresponds to YRBS









Adults

- Cocaine production in Columbia has doubled over the last ten years
- Perception of harm in marijuana decreased
- Opiates have increased to epidemic levels
 - Fentanyl making this more deadly
- Northern WI counties have meth epidemic
 - Upsurge in admissions here in 2019



2009 - 2018 Deaths by Type of Substances Identified

		Total Heroin- related (alone or in combination)	Opioid Medications (alone or in combination)	Non- prescription synthetic Opioids alone	Fentanyl and its Analogs (no Heroin present)	Other Drugs or Medications
2009	29	3	20	anni de la conse		6
2010	42	5	33			4
2011	47	6	35			6
2012	59	21	27/1*			10
2013	39	11	23**			5
2014	50	15	29			6
2015	49	20	23**			6
2016	62	24	28**/1*	1 (U47700)		8
2017	75	37 (15 w/Fentanyl)	20/1**		6	11
2018 (to date)	40	13 (5 w/Fentanyl) *	8/1**	1.81	11	7

One cleath in 2012 and one death in 2016 involved Injury sustained while under the influence of prescription opiste medication. **One death in 2013, two in 2015, one in 2017 and one in 2018 had morphine identified but it was undetermined whether source was a prescription or heroin metabolism. Several deaths in 2016 had morphine and/or Fentanyl Identified but toxicology did not determine whether origin was prescription or illicit. *Two deaths in 2018 involved a combination of heroin and an external event.

So what are we doing about it?

- HHS Advisory Committees
- Coalitions
- Prevention work
- Treatment
- Grant funded projects
- Problem solving courts

HHS Advisory Committees

- Like CAFSAC and ADRCAC
 - Public meetings
 - Stakeholders from numerous areas
- Substance Use Advisory Committee
 - Sub use, prevention, Tx, harm reduction
- Mental Health Advisory Committee
 - · Suicide, CCS, CST, Peer Specialists



Coalitions

- Heroin Task Force
 - 6 pillars, collective impact model
- · Drug Free Communities Coalition
 - P2P, Parents Who Host, Video Contest
- Truancy
- Human Trafficking
- Common Ground
- Housing Action Coalition



Prevention Work

- WCDHHS uses 20%+ of SABG for prevention
 - Information dissemination, community based process, and education
 - Programs include Stop and Think, Resist the Influence, community presentations, hotline, social media outreach, others
- Urban Youth Substance Use Prevention Grant
 - Too Good for Drugs curriculum
- Know Meth campaign
- Your Choice to Live and Addiction Resource Council
- School district-centered services

Treatment

- County clinic offers ASAM levels 0.5 2.1
- Contracts for residential treatment to complete full continuum of services
- · Contracts for alcohol detox for uninsured
- Medication Assisted Treatment options
- Integrated mental health/co-occurring
- Comprehensive Community Services
- Coordination with other providers

Grant funded projects

- STR/SOR expansion of MAT services
 - · Covers cost for uninsured/underinsured
- WHARP meta-model for integration of services
- · For women with SUD and their affected families
- · Urban Black and Hispanic grant
 - · Outreach and treatment services



Grant funded projects cont.

- PDO project opiate overdose prevention
 - · Environmental scanning
 - 283 people received direct outreach
 - 1,800+ people received education
 - 3,200+ people trained on Naloxone (Narcan)
 - 90+ opiate overdoses reversed



Problem Solving Courts

- Based on national model from Miami 1985
- Drug Treatment Court (DTC)
- Pre-adjudication
- Case management, court appearances, random UA, treatment, support groups
- OWI Treatment Court (OWITC)
 - Formerly Alcohol Treatment Court
 - Same model as DTC but post-adjudication



Questions????

Contact info: jkettler@waukeshacounty.gov

