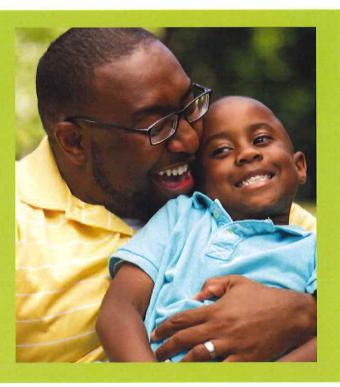


TRAUMA-INFORMED CARE FOR AT-RISK PRESCHOOLERS

What leads to a healthy sense of wellbeing in young children? Important factors include safety, predictability and having a caring adult in their lives. When those factors are missing or there's trauma, adverse events or a high level of stress over time, it can lead to negative effects on brain growth, developmental skills, academic performance and even increased health problems later in life.

The Trauma-Informed Care System
With At-Risk Preschool Children Program
provides children the opportunity to thrive
in spite of trauma and other challenges.



Goals:

- Support caregivers who are parenting children with a history of trauma.
- Intervene to identify and help address areas of concern in the child's skill development, relationships, and behaviors both in and out of the home.
- Encourage increased resiliency in both child and caregiver.

Did you know?

The return on investment in early childhood programs, like this one, ranges from \$4 to \$9 per dollar invested.*

Services:

- **In-home assessment** of the child's skills including how they function socially and emotionally and their communication skills within the family.
- Development of an **intervention plan** with the family and social worker to identify areas of concern and then set goals and strategies.
- Caregiver education about the effect of high stress and trauma on typical development and adaptive strategies that can create an enriching environment.
- Caregiver support to manage emotions, teaching the importance of self-care.

- **Home visits** twice a month to observe the child's overall behavior and participation in family routines. Coaching to problem solve for individualized solutions.
- **Consultations** with other caregivers or service providers: childcare providers, schools, counselors, home visitors, etc.

Early Intervention Helps Improve Local Communities

Research* shows effective early childhood education programs provide long-term community benefits. They are credited with reducing crime, welfare, and educational remediation as well as increasing tax revenues because participating children have higher incomes as adults.





Who Can Enroll?

If you have questions or to learn eligibility requirements for your county or to enroll, contact us at 262-548-7333.

About LSS:

Lutheran Social Services is a nonprofit agency that has been dedicated to transforming the lives of children and families for more than 100 years through a variety of programs and services: developmental evaluation services, early intervention, parenting support, coaching and counseling. We're here to help. 262-548-7333



^{* &}quot;A Science-Based Framework for Early Childhood Policy" and Working Papers from the National Forum on Early Childhood Policy and Programs. www.developingchild.harvard.edu/library/